



SOCIETY FOR THE SABAH HEART FUND
(PERSATUAN TABUNG PESAKIT JANTUNG SABAH)
沙 巴 心 臟 基 金 協 會



Anniversary Celebrations

"Use  To Care"



Guest Of Honour:

His Excellency

TYT Tun Datuk Seri Panglima (Dr) Hj Juhar Bin Datuk Hj Mahiruddin

Tuan Yang Terutama Yang Dipertua Negeri Sabah

18TH DECEMBER 2021 | 8PM

f LIVE Society For The Sabah Heart Fund

Donate to Society For The Sabah Heart Fund

Maybank Maybank Account No. 510143112262

ORGANIZING COMMITTEE OF THE 40TH ANNIVERSARY CELEBRATIONS CUM CHARITY FUND RAISING



FRONT :- Pn. Melinda Lo (Hon. Secretary), Datuk Eva Susau (President), Tn. Hj. Abdul Ghani Hj. Fadzil (Vice President), and Pn. Dorin Thomas Stuel (Hon. Treasurer)

STANDING FROM LEFT (COMM. MEMBERS) :- Pn. Angela Kok (Hon. Asst. Secretary), Pn. Saroja Palaniappan, Pn. Penny Paul, Pn. Annie Mok, and Mr. Benedict Majin

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PATRON OF S.O.S HEART FUND



**Tuan Yang Terutama
Tun Datuk Seri Panglima (Dr) Haji Juhar Bin Datuk Haji Mahiruddin
Yang Di-Pertua Negeri Sabah
S.M.N., S.P.D.K., P.G.D.K., P.J.N., A.S.D.K., J.P., Hon. Ph.D (UoW) UK**



**Yang Amat Berbahagia
Toh Puan Datuk Seri Panglima
(Dr) Hajah Norlidah Binti Tan Sri Datuk R. M. Jasni
S.P.D.K, A.D.K, Hon. Ph.D (NBUC)**



The Chief Minister of Sabah
Y.A.B Datuk Seri Panglima Haji Hajiji Bin Haji Mohd Noor
S.P.D.K., P.G.D.K., K.M.N., M.L.A.

Message from the Minister of Community Development and People's Wellbeing **YB Datuk Haji Ir. Shahelmey Bin Yahya**



Assalamualaikum Warahmatullahi Wabarakatuh,

Congratulations to the Society for the Sabah Heart Fund for your success over the past 40 years, today marks 4 decades of life saving achievement, which I believe has not come easy but with much sacrifice, love, passion, perseverance and commitment which has been put into over the past 40 years of hard work of which 700 children has been benefited! Syabas! And I wish you all an even better and successful years ahead!

As your Minister, I am proud to know that the Society For The Sabah Heart Fund has been partnering with the state government in providing service to the children with Congenital Heart Disease from poor and marginalised families. Your work and effort is certainly being felt and we appreciate truly. I am also very proud and honoured to know that 40 years ago, the SOSHF was birthed out from my Ministry under the name of the Ministry of Social Welfare.

Over the years, the Society has indeed help cleared over hundreds of children in the waiting list and the list are long as recorded by the Paediatrics Department and I am proud to say your presence and contribution to the community is indeed commendable. I am also very proud of your smart and very successful partnership with the Korea KFHI and Seong-An Heart Foundation for sending over 158 patients for corrective heart surgeries from 2007 to 2019. Hence, as you mark your 4 decades of caring contribution, your passion, hard work and commitment has been proven and is undeniable, for numbers speak volumes.

Today as you celebrate your 40th anniversary, I as the Minister wish to assure you, my Ministry will continue provide you with the full support you need to build a Half Way Home in the city for your children and escorts while seeking medical treatment in Kota Kinabalu or on transit from Kuala Lumpur or Korea. During my tenure as your Minister, I also wish to assure you that my Ministry will continue its support to the SOSHF towards your noble cause in your endeavor to bring smile back to the less fortunate children so they can live a normal life and grow up normally like other children.

Tahniah kepada Persatuan Tabung Pesakit Jantung Sabah dan selamat menyambut Ulang Tahun yang ke-40 tahun!

#Use Heart To Care#

YB DATUK HAJI IR. SHAHELMEY BIN YAHYA



Message from the President / Organizing Chairman **YBhg. Datuk Eva Susau**

First and foremost, I wish to give God the Glory for His faithfulness and goodness to the Society for the Sabah Heart Fund as we celebrate our 40th anniversary cum fund raising FB virtual live streaming.

We are proud to announce that since its formation in 1981, 705 patients from poor and marginalised families have benefited from the Society assistance, and as we celebrate our 40th anniversary tonight, we wish to thank our stakeholder, the state government of Sabah and to all donors for making it possible for us and especially to our dear Patron, TYT Tun Datuk Seri Panglima (Dr) Hj Juhar Bin Datuk Hj Mahiruddin who has been very supportive to the Society all these years!

Over the years, the Society has also expanded its role to promote awareness talks in caring for our heart. We have amongst others organized the Kota Kinabalu Heart Week campaign, support group for our ex-patients; anti-smoking campaign; CPR training; Go Red For Women campaign which advocates for women heart health and Rheumatic Heart Disease (RHD) would be in our future program.

Being patients centric and staying on focus to the Society's objective, it is the Society's hope and the people of Sabah to see the realization of Children Heart Centre in Kota Kinabalu so children with Congenital Heart Disease (CHD) and RHD can be operated and treated locally.

It is also the Society's heart desire for a "Half Way Home" or "Rumah Transit" in Kota Kinabalu, a place called home where our patients can stay and recuperate fully, from their surgery either done in Korea, Kuala Lumpur or in Kota kinabalu where they could obtain the much needed health review and medical assistance in Kota Kinabalu before they proceed to go back to their home, way back in the rural areas. This vision of Half Way Home or 'Rumah Transit' was mooted 10 years ago at the Society's 30th anniversary and the need is much felt as population increases, patients too increase.

This 40th Anniversary gives a sense of pride and achievement for us in the SOS Heart Fund. We are proud to be part of the contributors to the State's efforts towards a more caring society. We are also blessed with the satisfaction that through our work within the SOS Heart Fund, many heart patients especially children are now living a normal life and on this 40th years anniversary we also wish to thank everyone who has help the SOSHF in many ways or another, for your kind and generous support and we hope you will continue to have the SOSHF in your thoughts and in your future charitable giving's.

In closing, the Society looks forward to better years ahead in fulfilling the objective in saving more lives and with the hope that Kota Kinabalu will be able to operate its own heart children locally in Sabah.

Congratulations and Happy 40th Anniversary Society for the Sabah Heart Fund!

#USE HEART TO CARE!#

A handwritten signature in black ink, appearing to read 'Eva Susau', written in a cursive style.

DATUK EVA SUSAU

Message from the Founder President
& Former President (1981-1986)
**YBhg. Toh Puan Datuk Seri
Panglima Hajah Rahimah Stephens**



Warmest greetings.

I feel very proud to be given the opportunity to say a few words in this souvenir book in conjunction with the Society For The Sabah Heart Fund's 40th Anniversary Celebration. Indeed, this is a privilege and an honour for me as the founding president of this society, a society that brings back many sweet and meaningful memories for me. Although I have long since left the society, I have noted its development with pride – that since its establishment in 1981, it has continued to achieve its objectives well and has successfully helped so many heart patients in Sabah, especially children from disadvantaged families.

I would like to congratulate the current President, Datuk Eva Susau, all Executive Committee Members, consulting doctors to the society, all volunteers who have worked with unwavering commitment, the generous donors and also the Sabah State Government for the kind support that enables the society to continue to be relevant in saving the lives of heart patients and enabling them to lead normal lives.

Happy 40th Anniversary Celebration. May you continue to serve the community well. I wish you every success as you continue onto your next 40 years!

Best wishes always.

Rahimah Stephens

TOH PUAN HAJJAH RAHIMAH STEPHENS



Message from the Former President (1995-1999) Datuk (Dr) Mechiel K. C. Chan

My warmest greetings and heartfelt congratulations on S.O.S Heart Fund on your 40th Anniversary celebration. This is not only a historical milestone for S.O.S Heart Fund but also a very proud day for me as a former President of S.O.S Heart Fund and I wish to thank the able President, YBhg. Datuk

Eva Susau for inviting me to pen a message in this auspicious souvenir magazine.

Having been part of S.O.S Heart Fund sustainable good leadership and management team for so many years, I know that achieving this milestone has not been easy. It definitely has not been achieved without tremendous sacrifice, hardship and most importantly perseverance. Well done indeed and I wish S.O.S Heart Fund many more years of continuous success in its cause of serving the underprivileged and less fortunate.

Due to the dedication of S.O.S Heart Fund in giving its support and time since its inception, to date more than 700 underprivileged Sabahan children have been given opportunity of a full, active, healthy and productive life. Keep it up S.O.S Heart Fund!

I take this opportunity to also support S.O.S Heart Fund on its relentless campaign and plea for a fully functional and well-equipped heart centre to be set-up in Sabah with sufficient number of paediatrics cardiologists being stationed in Sabah. I sincerely hope that this will materialize very soon.

I also applaud S.O.S Heart Fund's vision to have a strategically located halfway home for recuperating patients and their carers. What a wonderful idea it is! May it become a reality very soon.

Again congratulations and well done S.O.S Heart fund. Happy 40th Birthday.

"Caring With A Heart"

A handwritten signature in black ink, appearing to read 'hchan'.

DATUK (DR) MECHIEL K. C. CHAN

Message from the Former President (2003-2019) Datuk Christine Vanhouten



I am honored to be invited to share some words on the Occasion of the Commemoration of the 40th Anniversary of the Society for the Sabah Heart Fund.

In conjunction with the Commemorative Occasion, I would like to take this opportunity to congratulate the present line up of Executive Committee Members and the Organizing Committee of this memorable Event for making this possible.

The Society for the Sabah Heart Fund has been an integral part of the Community and Charitable efforts coming together to be of service to those less fortunate among us who are having heart defects. The Society for the Sabah Heart Fund was established in 1981 to cater for the financial and medical needs of Children with heart defects. We have however, along the way also assisted Adults on many occasions. Most importantly, our highest gratitude for the support from the Public, Corporate Organizations, Private individuals and the State Government who have been instrumental in enabling The Society for the Sabah Heart Fund to deliver its objectives successfully, proven by the 700 over heart patients that the Society have catered for since its formation in 1981.

I believe, that it has also been the devotion, commitment and dedication of the Members of The Society for the Sabah Heart Fund that has brought us through to a proud and meaningful existence for the last 40 years. Therefore, as the Asst. Founder Secretary and later served as President for 16 years, I can confidently state that, The Society for the Sabah Heart Fund has been outstanding in its performance due to its Executive Committee Members hard work and cooperation amongst each other. I am blessed, and proud to be a part of The Society for the Sabah Heart Fund for the last 40 years.

In conclusion I am certain, that with a good teamwork and with the blessing of God, The Society for the Sabah Heart Fund, which have been established since 1981, will continue to be of service to the less fortunate members of the community in the years to come.

Let's celebrate this great milestone and joyful occasion together. Let's be proud to continue to uphold this work of love, synonymous with our motto "*Caring With A Heart*".

Congratulations and Best Wishes Always.

A handwritten signature in black ink that reads "Christine Vanhouten". The signature is written in a cursive, flowing style.

DATUK CHRISTINE VANHOUTEN

Executive Committee Members Year 2021 - 2023



PRESIDENT
Datuk Eva Susau



HON. TREASURER
Ms. Dorin Thomas Stuel



VICE PRESIDENT
Tn. Haji Abd Ghani



HON. SECRETARY
Ms. Melinda Lo



HON. ASST SECRETARY
Ms. Angela Kok



COMMITTEE MEMBER
Mr. Benedict Majin



COMMITTEE MEMBER
Ms. Penny Paul



COMMITTEE MEMBER
Ms. Annie Mok



COMMITTEE MEMBER
Ms. Saroja Palaniappan



COMMITTEE MEMBER
Mr. Soimon Sinit



**CONSULTANT
CARDIOLOGIST**
Dr. Liew Houg Bang



**CONSULTANT PAEDIATRICIAN
CARDIOLOGIST**
Dr. Siva Rao



LEGAL ADVISOR
Ms. Serena Liew Chun Yean



EX-OFFICIO
Sabah Social Welfare Department



EX-OFFICIO
Sabah State Health Department

LAUNCHING OF SOCIETY FOR THE SABAH HEART FUND 40TH ANNIVERSARY CELEBRATION ON 6TH DECEMBER 2021 AT THE ISTANA NEGERI SABAH

Our Patron Tuan Yang Terutama Yang Di-Pertua Negeri Sabah Tun Datuk Seri Panglima (Dr) Hj Juhar Bin Datuk Hj Mahiruddin & Toh Puan DSP (Dr) Hjh Norlidah Tan Sri Datuk R.M. Jasni with the Exco Committee seated from left the President Datuk Eva Susau and Vice President Tn. Hj. Abdul Ghani. Standing from left Dr. Siva Rao, Pn. Annie, Pn. Saroja, Pn. Dorin, Pn. Angela, Pn. Penny, Pn. Melinda & Pn. Fainis.



40th Anniversary Cake Cutting ceremony at Istana Negeri Sabah

Launching of the 'Go Red For Women 2021' by Toh Puan DSP (Dr) Hjh Norlidah Tan Sri Datuk R.M. Jasni together with our Patron Tuan Yang Terutama Yang Di-Pertua Negeri Sabah Tun Datuk Seri Panglima (Dr) Hj Juhar Bin Datuk Hj Mahiruddin



SOSHF 40th Virtual Anniversary Celebration 2021

SOCIETY OF THE SABAH HEART FUND

(PERSATUAN TABUNG PESAKIT JANTUNG SABAH)

沙巴心脏基金学会



Organizing Committee from left;- Pn. Penny, En. Benedict, Pn. Melinda, Tn. Hj. Abdul Ghani, Datuk Eva Susau, Pn. Dorin, Pn. Saroja, Pn. Angela & Pn. Annie



Herlena / 8 years old



Mohd Hisyam / 10 months old



Faizal / 13 years old

'Save My Heart' Campaign
(RM123,776.80 was raised in sending 3 additional patients)

Past Presidents



Toh Puan Datuk Seri Panglima
Hajah Rahimah Stephens
(1981-1986)



Puan Sri Datin Seri Panglima Genevieve Kitingan
(1986-1995)



Datuk (Dr) Mechiel K. C. Chan
(1995-1999)



The Late Datuk Seri Panglima Frederick Jinu
(1999-2003)



Datuk Christine Vanhouten
(2003-2019)



The Late Datuk William J. Chai
(2019-2021)

The Past 40 Years (Office Bearers)

| Year | President | Vice President | Hon. Secretary | Hon. Asst. Secretary | Hon. Treasurer | Committee Members | Consultants | Legal Advisor |
|-------------|----------------------------------|----------------------------------|----------------------------------|----------------------------|------------------------|---|--|---------------------------|
| 1981 & 1982 | Toh Puan Hajjah Rahimah Stephens | Pn. Norsuadah Haji Basah | Mr. John Chin Ghin Foh | Mr. Richard Chang Kon Sung | Mr. William J. Chai | 1. Yee Fong Chun 2. Dr. Mechiel K. C. Chan 3. Mr. Simon E. Punai 4. Mr. Felix Poh Thian Hui 5. Mr. David Wang Chang Vun | Dr. Ghandi Das | |
| 1983 | Toh Puan Hajjah Rahimah Stephens | Dr. Mechiel K. C. Chan | Mr. John Chin Ghin Foh | Mr. Richard Chang Kon Sung | Mr. William J. Chai | 1. Yee Fong Chun 2. Mr. Felix Poh Thian Hui 3. Mr. Kamarudin Lingam | Dr. Ghandi Das | Mr. Valentine Willie |
| 1984 & 1985 | Toh Puan Hajjah Rahimah Stephens | Dr. Mechiel K. C. Chan | Mr. Richard Chang Kon Sung | Puan Christine Vanhouten | Mr. William J. Chai | 1. Mrs. Adeline Leong 2. Mr. Felix Poh Thian Hui 3. Mr. Stanislaus Yee Fung Chin | Dr. Syama Prasad Menon | Mr. Valentine Willie |
| 1986 | Datin Genevieve kitingan | Datuk (Dr) Mechiel K. C. Chan | Puan Christine Vanhouten | Puan Juliana Gakoi | Mr. William J. Chai | 1. Toh Puan Datuk Rahimah Stephens 2. Mr. Felix Poh 3. Ms. Doreen Edward | Dr. Tseu Fui Loong | Mr. Valentine Willie |
| 1987 & 1988 | Datin Genevieve kitingan | Datuk (Dr) Mechiel K. C. Chan | Puan Christine Vanhouten | Puan Juliana Gakoi | Mr. William J. Chai | 1. Mr. Rupert Augustine 2. Encik Abdul Ghani Fadzil | Dr. Tseu Fui Loong | Mr. Valentine Willie |
| 1989 & 1990 | Datin Genevieve kitingan | Datuk (Dr) Mechiel K. C. Chan | Puan Christine Vanhouten | Puan Juliana Dalansing | Mr. William J. Chai | 1. Mr. Rupert Augustine 2. Encik Abdul Ghani Fadzil | Dr. Tseu Fui Loong | Mr. Valentine Willie |
| 1991 & 1992 | Datin Genevieve kitingan | Datuk (Dr) Mechiel K. C. Chan | Puan Christine Vanhouten | Puan Juliana Dalansing | Mr. William J. Chai | 1. Ms. Eva Susau 2. Dr. Tseu Fui Loong 3. Mr. Jimmy C. K. Teo 4. Encik Rupert Augustine 4. Encik Ghani Fadzil | Dr. Edward Sia | Mr. James Tsai |
| 1993 & 1994 | Datin Genevieve kitingan | Datuk (Dr) Mechiel K. C. Chan | Puan Christine Vanhouten | Ms. Shirley J. Chai | Mr. William J. Chai | 1. Datuk Fred Jinu 2. Ms. Eva Susau 3. Dr. Tseu Fui Loong 4. Encik Rupert Augustine 5. Mr. Chok Chin Tian | Dr. Ronald Jalleh | Mr. James Tsai |
| 1995 & 1996 | Datuk (Dr) Mechiel K. C. Chan | Datuk Fred Jinu | Puan Christine Vanhouten | Ms. Shirley J. Chai | Mr. William J. Chai | 1. Dr. Tseu Fui Loong 2. Mr. Alfred Ma 3. Mr. Leonard Chau 4. Ms. Alice Kunjan 5. Mr. Abdul Ghani Fadzil | 1. Dr. Jayaram Menon 2. Dr. Soo Thian Lian | Mr. Thomas Thong |
| 1997 & 1998 | Datuk (Dr) Mechiel K. C. Chan | Datuk Fred Jinu | Datuk Christine Vanhouten | Ms. Shirley J. Chai | Mr. William J. Chai | 1. Dr. Tseu Fui Loong 2. Mr. Alfred Ma 3. Mr. Leonard Chau 4. Ms. Alice Kunjan 5. Mr. Abdul Ghani Fadzil | 1. Dr. Jayaram Menon 2. Dr. Soo Thian Lian | Mr. Thomas Thong |
| 1999 - 2001 | Datuk Seri Panglima Fred Jinu | Datuk (Dr) Mechiel K. C. Chan | Datuk Christine Tibok-Vanhouten | Ms. Shirley J. Chai | Mr. William J. Chai | 1. Mr. Abdul Ghani Fadzil 2. Dr. Mahadasa Phanindranath 3. Datuk L. H. Mobijohn 4. Mr. Francis Yong 5. Ms. Eva Susau | 1. Dr. Jayaram Menon 2. Dr. Soo Thian Lian | Mr. James Tsai |
| 2001 - 2003 | Datuk Seri Panglima Fred Jinu | Datuk Christine Tibok-Vanhouten | Ms. Eva Susau | Ms. Shirley J. Chai | Mr. William J. Chai | 1. Mr. Abdul Ghani Fadzil 1. Dr. Mahadasa Phanindranath 2. Mr. David Yong 3. Mr. Francis Yong 4. Ms. Ursula Leo | 1. Dr. Jayaram Menon 2. Dr. Soo Thian Lian | Mr. James Tsai |
| 2003 - 2005 | Datuk Christine Tibok-Vanhouten | Mr. William J. Chai | Ms. Eva Susau | Ms. Lily Ajis | Pn. Dorin Thomas Stuel | 1. Mr. Abdul Ghani Hj. Fadzil 2. Mr. Francis Yong 3. Ms. Shirley Chai 4. Ms. Ursula Leo 5. Ms. Penny Paul Gilong | 1. Dr. Jayaram Menon 2. Dr. Soo Thian Lian 3. Dr. Mahadasa Phanindranath | Mr. James Tsai |
| 2005 - 2007 | Datuk Christine Tibok-Vanhouten | Datuk William J. Chai | Ms. Eva Susau | Ms. Ursula Leo | Pn. Dorin Thomas Stuel | 1. Mr. Abdul Ghani Hj. Fadzil 2. Mr. Francis Yong 3. Mr. Basar Lemanda 4. Ms. Shirley Chai 5. Ms. Penny Paul Gilong | 1. Dr. Jayaram Menon 2. Dr. Soo Thian Lian 3. Dr. Mahadasa Phanindranath | Mr. James Tsai |
| 2007 - 2009 | Datuk Christine Tibok-Vanhouten | Datuk William J. Chai | Ms. Eva Susau | Ms. Ursula Leo | Pn. Dorin Thomas Stuel | 1. Mr. Abdul Ghani Hj. Fadzil 2. Ms. Shirley Chai 3. Ms. Penny Paul Gilong 4. Mr. Collin Chai Tet Leong 5. Pn. Rosliah @ Lea Ajis | 1. Dr. Jayaram Menon 2. Dr. Soo Thian Lian 3. Dr. Mahadasa Phanindranath | Mr. James Tsai |
| 2009 - 2011 | Datuk Christine Tibok-Vanhouten | Datuk William J. Chai | Ms. Eva Susau | Pn. Rosliah @ Lea Ajis | Pn. Dorin Thomas Stuel | 1. Ms. Penny Paul Gilong 2. Ms. Ursula leo 3. Ms. Shirley Chai 4. Ms. Angela Kok Sin Ching 5. Mr. Chai Yee Siang | 1. Dr. Soo Thian Lian 2. Dr. Mahadasa Phanindranath 3. Dr. Liew Houng Bang | Mr. James Tsai |
| 2011 - 2013 | Datuk Christine Vanhouten | Datuk William J. Chai | Ms. Eva Susau | Ms. Shirley Chai | Pn. Dorin Thomas Stuel | 1. Mr. Abdul Ghani Hj. Fadzil 2. Ms. Penny Paul Gilong 3. Ms. Rosliah @ Lea Ajis 4. Ms. Angela Kok Sin Ching 5. Mr. Chai Yee Siang | 1. Datuk Dr. Soo Thian Lian 2. Dr. Mahadasa Phanindranath 3. Dr. Liew Houng Bang | Mr. James Tsai |
| 2013 - 2015 | Datuk Christine Vanhouten | Datuk William J. Chai | Ms. Eva Susau | - | Pn. Dorin Thomas Stuel | 1. Mr. Abdul Ghani Hj. Fadzil 2. Ms. Penny Paul Gilong 3. Ms. Melinda Lo Phit Len 4. Ms. Angela Kok Sin Ching 5. Ms. Annie Mok Chai Har | 1. Datuk Dr. Soo Thian Lian 2. Dr. Mahadasa Phanindranath 3. Dr. Liew Houng Bang | Mr. Batholomew Jingulam |
| 2015 - 2017 | Datuk Christine Vanhouten | Datuk William J. Chai | Ms. Eva Susau | Ms. Ursula Leo | Pn. Dorin Thomas Stuel | 1. Mr. Abdul Ghani Hj. Fadzil 2. Ms. Penny Paul Gilong 3. Ms. Melinda Lo Phit Len 4. Ms. Angela Kok Sin Ching 5. Ms. Annie Mok Chai Har | 1. Datuk Dr. Soo Thian Lian 2. Dr. Mahadasa Phanindranath 3. Dr. Liew Houng Bang | Mr. Batholomew Jingulam |
| 2017 - 2019 | Datuk Christine Vanhouten | Datuk William J. Chai | Datuk Eva Susau | Ms. Ursula Leo | Pn. Dorin Thomas Stuel | 1. Mr. Abdul Ghani Hj. Fadzil 2. Ms. Penny Paul Gilong 3. Ms. Melinda Lo Phit Len 4. Ms. Angela Kok Sin Ching 5. Ms. Annie Mok Chai Har | 1. Dr. Liew Houng Bang 2. Dr. Siva Rao 3. Dr. Fong Siew Moy | Mr. Batholomew Jingulam |
| 2019 - 2021 | Datuk William J. Chai | Datuk Eva Susau | Mr. Abdul Ghani Datuk Hj. Fadzil | Ms. Melinda Lo Phit Len | Pn. Dorin Thomas Stuel | 1. Ms. Penny Paul Gilong 2. Ms. Angela Kok Sin Ching 3. Ms. Annie Mok Chai Har 4. Mr. Benedict Majin | 1. Dr. Liew Houng Bang 2. Dr. Siva Rao | Ms. Saroja Palaniappan |
| 2021 - 2023 | Datuk Eva Susau | Mr. Abdul Ghani Datuk Hj. Fadzil | Ms. Melinda Lo Phit Len | Ms. Angela Kok Sin Ching | Pn. Dorin Thomas Stuel | 1. Ms. Penny Paul Gilong 2. Ms. Annie Mok Chai Har 3. Mr. Benedict Majin 4. Mr. Soimon Sinit 5. Ms. Saroja Palaniappan | 1. Dr. Liew Houng Bang 2. Dr. Siva Rao | Ms. Serena Liew Chun Yean |

SEJARAH

Persatuan Tabung Pesakit Jantung Sabah telah ditubuhkan pada tahun 1981 oleh Menteri Pembangunan Masyarakat Sabah pada masa itu, iaitu Toh Puan Hajjah Rahimah Stephens yang juga sebagai pengasas Presidennya.

Persatuan ini secara rasminya telah didaftarkan dan dilancarkan oleh Yang Dipertua Negeri Sabah pada masa itu, iaitu Tun Adnan Robert pada bulan Ogos 1981.

OBJEKTIF

Objektif Persatuan Tabung Pesakit Jantung Sabah adalah membantu pesakit jantung kanak-kanak yang tidak berkemampuan untuk menjalani rawatan/pembedahan di Kuala Lumpur. Kos rawatan untuk seorang pesakit dianggarkan dalam lingkungan RM38,000.00-RM45,000.00.

Memandangkan senarai pesakit yang memerlukan rawatan/pembedahan yang semakin bertambah, maka persatuan hanya dapat berharap agar lebih banyak sumbangan atau derma diterima untuk memastikan golongan yang kurang berkemampuan ini mendapat peluang kedua bagi menjalani kehidupan yang lebih baik lagi. Persatuan hanya bergantung kepada bantuan masyarakat dan kerajaan bagi meneruskan objektif dan tujuannya.

Sehingga kini, Persatuan Tabung Pesakit Jantung Sabah telah membiayai seramai 700 pesakit jantung semenjak penubuhannya pada tahun 1981. Sejak beberapa tahun yang lalu, kebanyakan pesakit telah dihantar ke Institut Jantung Negara, Gleneagles Kuala Lumpur dan juga ke Korea hasil kerjasama dengan sukarelawan Korea serta Korea Food For The Hungry International.

Persatuan ini akan meneruskan kutipan derma atau sumbangan agar lebih ramai lagi pesakit jantung yang tidak berkemampuan dapat dibantu bagi mendapatkan rawatan/pembedahan agar mereka mendapat peluang kedua untuk menjalani kehidupan yang lebih baik.

PROSEDUR YANG DIRUJUK UNTUK PEMBIAYAAN

a) Pemeriksaan Rawatan

Seseorang pesakit akan dirujuk kepada konsultan/doktor persatuan di Hospital Wanita dan Kanak-kanak, Likas Kota Kinabalu. Doktor berkenaan akan memeriksa pesakit dan pada masa yang sama akan memutuskan samada rawatan selanjutnya atau pembedahan diperlukan.

b) Penaksiran Kewangan

Semasa perakuan atau rekomen untuk pembedahan, kes itu akan dirujuk untuk penaksiran kewangan oleh pegawai unit sosial di Unit Kebajikan Hospital Likas, Kota Kinabalu.

c) Pertimbangan untuk permohonan

Laporan yang mengandungi maklumat penuh peribadi pesakit, penaksiran kewangan dan keadaan rawatan akan dimajukan kepada ahli jawatankuasa persatuan untuk pertimbangan.

d) Pemindahan/penyerahan kes yang telah diluluskan

Kes-kes yang telah diluluskan untuk pembiayaan akan dihantar ke hospital tertentu untuk pembedahan. Urusan perjalanan akan dibuat oleh petugas sosial.

e) Elaun untuk pengiring pesakit

Pengiring pesakit (kebanyakan untuk kanak-kanak di bawah umur 12 tahun) sekiranya perlu, kemungkinan akan dipertimbangkan untuk tempat tinggal dan elaun makan.

f) Elaun perjalanan untuk pesakit jantung

Persatuan juga akan mempertimbangkan permohonan untuk elaun perjalanan pesakit jantung.



About Heart Disease in Women

The more a woman knows about heart disease, the better chance she has of beating it. The first facts you need to know are very serious: Heart disease and stroke cause 1 in 3 deaths among women each year - more than all cancers combined according to the American Heart Association. Fortunately, we can change that because 80 percent of cardiac and stroke events may be prevented with education and action. Go Red For Women inspires women to make lifestyle changes, mobilize communities and shape policies to save lives.

Heart Disease In Women Can Be Different Than Men's

Heart attack symptoms in women can be different than what men experience. Chest pain is often not a symptom for women, but jaw pain can be.

Therefore, take action today about your risk for heart disease and stroke.

*** Treat obesity as a disease, not just a “lifestyle issue”**

Obesity should be managed and treated like a disease, according to a new cardiovascular prevention guideline.

*** Eat fewer calories, exercise more, change unhealthy behaviors**

A three-pronged approach: Eat fewer calories than your body needs, exercise more and change unhealthy behaviors.

Weight-loss helps reduce health risks more than previously thought.

New Diet, Exercise Guideline for Heart Health

*** Exercise 40 minutes three to four times a week**

Just 40 minutes of moderate to vigorous aerobic exercise three to four times a week was also found to be sufficient for most people. Even brisk walking will do. The new recommendations are re designed for people who need to lower cholesterol and blood pressure.

*** More leisure-time exercise, less blood pressure risk**

People who exercised more than four hours per week in their leisure time had a 19 percent lower risk of high blood pressure than those who exercised less than one hour per week. People who had one to three hours per week of leisure exercise had an 11 percent lower risk than those with under an hour of activity.

“To try to lower your risk of high blood pressure, you should exercise more in your leisure time.”



PERSATUAN TABUNG PESAKIT JANTUNG SABAH (SOCIETY FOR THE SABAH HEART FUND)

LIST OF PATIENTS SPONSORED BY THE SOCIETY FOR THE SABAH HEART FUND (SENARAI NAMA PESAKIT-PESAKIT JANTUNG YANG DITAJA OLEH PERSATUAN TABUNG PESAKIT JANTUNG SABAH (SOSHF) UNTUK KOS RAWATAN, PEMBEDAHAN, TAMBANG PERJALANAN DAN ELAUN)

| <u>Nama</u> | <u>Umur (Age)</u> | <u>Umur (Age)</u> |
|--------------------------------|-------------------|----------------------------------|
| <u>Tahun 1981</u> | | |
| 1. Goh En. Ken | 5 | 9. Asrin Bin Singkan 5 |
| 2. Sekia Indan | 24 | 10. Thien Tse Seng 9 bln |
| 3. James B. Gobongo | 1 | 11. Raymond Jimlee Andrias 13 |
| 4. Willim Apin | 18 | 12. Gush Brunai @ Gush Unang 15 |
| 5. Ezikol Kumbang | 13 | 13. Ali Hj. Labis Lee 5 |
| 6. Ling Chung Ching | 4 | 14. Aidah Bte Baddiri 17 |
| 7. Kuing Rostina Bte Apok | 16 | 15. Mulia Bte Ikim 13 |
| 8. Julita Antim | 13 | |
| <u>Tahun 1982</u> | | |
| 1. Saumin Lomuh | 3 | 13. Fong Ngen Lee 32 |
| 2. Lo Yaw Foh | 15 | 14. Kong Kit Siong 16 |
| 3. Sabinah Bte Rajak | 17 | 15. Matilda Joannes 12 |
| 4. Johnny Jaila | 18 | 16. Simon Suling 18 |
| 5. Yap Tak Loi | 2 | 17. Dora Bte Indip 18 |
| 6. Chong Say Kew | 28 | 18. Paula Ombongod 21 |
| 7. Saini Bte Awang | 24 | 19. Norharizah Ismail 10 |
| 8. Wit Bin Kudin | 12 | 20. Ho Fui Hah 21 |
| 9. Lawrence Robert | 28 | 21. Milly Kulih 18 |
| 10. Laisah Bte Salim | 13 | 22. Siew Wing Len 21 |
| 11. Fung Pit Chiang | 9 | 23. Sarmini Sarjono 20 |
| 12. Amit Bin Aliasmat | 38 | |
| <u>Tahun 1983</u> | | |
| 1. Lizuning Sukkin | 24 | 13. Voo Su Chiang 35 |
| 2. Ting Chu Sing | 13 | 14. Conrad Flovian 14 |
| 3. Lee Yun Fong | 19 | 15. Masra Bte Saip 13 |
| 4. Wong Moi Yin | 23 | 16. Thersa Bte Tongkud 33 |
| 5. Chan Yun Pin | 20 | 17. Chong Lee Kuen 12 |
| 6. Fazillah Bte Pg. Shahbuddin | 12 | 18. Lily Thomas 16 |
| 7. Rupako Majunkit | 30 | 19. Justina Bte Jinon 18 |
| 8. Gauden Dobe | 15 | 20. Norah Bte Abih 8 |
| 9. Ng Kui Fui | 24 | 21. Tsen Yit Fan 34 |
| 10. Freedy Sipaun | 2 | 22. Mohd. Saffie Abdullah Suin 4 |
| 11. Maslynah Maksin | 3 | 23. Tong Yun Tai 28 |
| 12. Fong En Ching | 30 | 24. Tan Boon Kun 4 |
| <u>Tahun 1984</u> | | |
| 1. Martin Lee | 16 | 5. Wah Ah Sing 22 |
| 2. Jilis Mogigul | 17 | 6. Anik Bin Otut 29 |
| 3. Mohd. Taha Bi Mahmud | 7 | 7. Chee Swee Chan 42 |
| 4. Maksor Bin Sabtar | 17 | |



PERSATUAN TABUNG PESAKIT JANTUNG SABAH (SOCIETY FOR THE SABAH HEART FUND)

| <u>Nama</u> | <u>Umur (Age)</u> | <u>Umur (Age)</u> | <u>Umur (Age)</u> |
|----------------------------|-------------------|-----------------------------|-------------------|
| <u>Tahun 1985</u> | | | |
| 1. Vu Nam Fah | 2 | 7. Mah Soon Khun | 6 bln |
| 2. Ezikiol Bin Kumbang | 13 | 8. Tang Mui Fui | 4 |
| 3. Melisa E. Wong | 5 | 9. Yong Teck Fook | 2 |
| 4. Lasimin Tangod | 17 | 10. Soinik M. Masiah | 17 |
| 5. Rubina Bte Domikus | 15 | 11. Liew Ket Kong | 30 |
| 6. Ling Chung Ching | 5 | 12. Lee Keng Li | 3½ |
| <u>Tahun 1986</u> | | | |
| 1. Ta Moi Siang | 13 | 8. Rayner Joannes | 9 bln |
| 2. Rospinah Radin | 14 | 9. Yong Nyuk Fung | 5 |
| 3. Yu Mui Kong | 22 | 10. Lee Siew Fung | 2 |
| 4. Eva Mui Kong | 3 | 11. Patimah Lumoh | 29 |
| 5. Sarawati Bte Alidin | 12 | 12. Saumin Lumoh | 3 |
| 6. Lin Win Yen | 6 | 13. Molina Tay | 5 |
| 7. Roslin Bte Ansut | 23 | 14. Halina Gadipun | 2 |
| <u>Tahun 1987</u> | | | |
| 1. Staun Salan | 36 | 11. Iboh Milidin | 44 |
| 2. Harus Jaluhun | 22 | 12. Yong Nyuk Yin | 45 |
| 3. Pilin Soligun | 23 | 13. Roselind Peter | 14 |
| 4. Ho Sun Siong | 36 | 14. Wong Choon Moi | 36 |
| 5. Masirin Mileh | 26 | 15. Andrias Ikim | 22 |
| 6. Masni Hj. Nayar | 40 | 16. Rosinah Lahim | 8 |
| 7. Susila Davanagam | 4 | 17. Lim Vui Kong | 5 |
| 8. Lahanas Degu | 20 | 18. Bakar Bidin | 2 |
| 9. Chang Kin Yin | 43 | 19. Sara Rachel Mojikon | 5 |
| 10. Lim Sin Hong | 20 | 20. Shu Yun Moi | 26 |
| <u>Tahun 1988</u> | | | |
| 1. Mohd Arnizam Hamza | 13 | 13. Lim Pang Kong | 19 |
| 2. Timeh Sapili | 5 | 14. Julita Julin | 26 |
| 3. Tan Moi Fong | 26 | 15. Mohd. Yusof Bin SM Sudi | 46 |
| 4. Andrew Chain Hon Khiong | 46 | 16. Rosli Abd. Mois | 24 |
| 5. Wong Choon Yin | 55 | 17. Mosla Sabah | 17 |
| 6. Ronald James Stephen | 14 | 18. Asmeh Marie | 20 |
| 7. Fatimah Ali | 50 | 19. Sharifah Dani @Napsiah | 21 |
| 8. Johnny Andau | 20 | 20. Murphy Jilik | 18 |
| 9. Biana Katak | 16 | 21. Hasnah Hassan | 25 (D) |
| 10. Wong Chen Siong | 21 | 22. Musa Samodin | 31 (D) |
| 11. Helen Malanjun | 25 | 23. Celine Marcus | 4 (D) |
| 12. Sotoh Julian | | | 16 |
| <u>Tahun 1989</u> | | | |
| 1. Kifli Haji Hamdan | 16 | 6. Cheng Sui Fong | 21 |
| 2. Mohd Rafli Razaliegh | 5 | 7. Justina Amuk | 44 |
| 3. Nelly Markus | 12 | 8. Chan Wah Rong | 2 |
| 4. Debra Richard | 5 | 9. Susie Petrus | 11 |
| 5. Lo Chan Vui | 8 | | |



PERSATUAN TABUNG PESAKIT JANTUNG SABAH (SOCIETY FOR THE SABAH HEART FUND)

| <u>Nama</u> | <u>Umur (Age)</u> | <u>Umur (Age)</u> | <u>Umur (Age)</u> |
|---------------------------------|-------------------|-----------------------------------|-------------------|
| <u>Tahun 1990</u> | | | |
| 1. Mohd Mauli Yayah | 14 (D) | 7. Yong Su Sin | 20 |
| 2. Sotium Gantagon | 36 | 8. Chong Yin On | 55 |
| 3. Roslina Rustin | 21 | 9. Lee Ken Lee | 10 |
| 4. Mah Soon Khyun | 5 | 10. Liaw Wee Ni | 1 |
| 5. Noreen Makiong | 2 | 11. Biana Katak | 18 |
| 6. Ku Nyuk Jin | 58 | 12. Jollin Butang | 17 |
| <u>Tahun 1991</u> | | | |
| 1. Dangkaron Kiah | 49 | 5. Salviane Joanis | 1 |
| 2. Roselin Ramut | 22 | 6. Fizuan Nawawi | 7 bln |
| 3. Faizullah Ayah | 9 | 7. Nur Darul Saadah Nasib | 2 |
| 4. Maini Turison | 22 | 8. Chan Wah Rong | 4 |
| <u>Tahun 1992</u> | | | |
| 1. Chua Choon Siang | 51 | 7. Kong Shu Vun | 7 bln |
| 2. Fidzuan Hazes Zaizairie | | 8. Azroy Bin. Ag. Hussien | 1 |
| 3. Andrian Tan | 17 | 9. Ricky Boss Dumin | 6 bln |
| 4. Jeremiah Isaac Alex Among | 9 bln | 10. Noor Ellyzah Azali | 11 bln |
| 5. Md. Shahirulnizam Bin Saban | 6 bln | 11. Chong Yee Seak | 12 |
| 6. Susi Mandasan | 57 | | |
| <u>Tahun 1993</u> | | | |
| 1. Ricky Boss Dumin | 7 bln (D) | 7. Maidi Likun | 11 |
| 2. Kasiran Bin Sanip | 21 | 8. Ryan Jason Muyau | 4 |
| 3. Jad Lee Joanis | 1 (D) | 9. Vincent Au | 1 bln (D) |
| 4. Chan Wah Rong | 5 | 10. Sairah Ajis | 12 |
| 5. Sharde Madusin | 13 | 11. Deran Bin Intang | 7 |
| 6. Sussana Bibi Yanti Sunarto | 4 | | |
| <u>Tahun 1994</u> | | | |
| 1. Mohd Hazrulrazman Bin Ramsah | 5 | 10. Chong Siew Phin | 10 |
| 2. Erviana Dabbie Lee | 2 | 11. Rahimi Dullah | 3 |
| 3. Dg. Maznah Bte Shariff Nawī | 2 | 12. Soinih Masiah | 25 |
| 4. Azilah Ayoh | 4 | 13. Norezwaniza Abdul Lajung | 5 bln |
| 5. Andrew Rabain | 7 bln | 14. Rusima Lapas | 20 |
| 6. Voo Su Ching | 47 | 15. Lee Tsin Leong | 15 |
| 7. Rusminih Bte Ismail | 26 | 16. Norizan Lamdin | 2 |
| 8. Sufian Azmier | 5 | 17. Halimahtun Hana Jahumin | 10 bln |
| 9. Chin Tze Wei | 3 | 18. Noor Fazire Mohammad | 9 bln |
| <u>Tahun 1995</u> | | | |
| 1. Elinah Perian | 3 bln | 10. Hashim Bin Tarip | 22 |
| 2. Jahara Mulaha | 23 | 11. Reyan | 1 bln (D) |
| 3. Rahimi Dullah | 4 | 12. Anik Otut | 40 |
| 4. Amirul Selih | 8 bln | 13. Yap Siew Yin @ Annie | 20 |
| 5. Tabita Purait | 35 | 14. Awgku Mohd Fazel Pgn. Ibrahim | 9 bln |
| 6. Ivy Kok | 3 | 15. Andrew Rabain | 2 |
| 7. Yong Teck Vui | 4 | 16. Vun Mei Kian | 1 (D) |
| 8. Jackwill Dousip | 5 | 17. Laimjin Daikin | 8 |
| 9. Fauzi Nin Mat | 26 | | |



PERSATUAN TABUNG PESAKIT JANTUNG SABAH (SOCIETY FOR THE SABAH HEART FUND)

| <u>Nama</u> | <u>Umur (Age)</u> | <u>Umur (Age)</u> | |
|---------------------------------|-------------------|----------------------------------|-------|
| <u>Tahun 1996</u> | | | |
| 1. Amril Ruhimin | 3 | 7. Masturah Bte Sinting | 4 |
| 2. Hajili Ansoi | 6 | 8. Hamly Bin Jusilih | 3 bln |
| 3. Edna Justin | 1 | 9. Syahella Bte. Sungit | 1 |
| 4. Norhidayu Saitim | 8 bln | 10. Junaineh Bte Ambangau | 4 |
| 5. Vivi Fannezza Mohd Taha | 1 | 11. Kelvin Theng Yun Ue | 1 |
| 6. Christina Bte Isang | 13 | | |
| <u>Tahun 1997</u> | | | |
| 1. Sutinah Gemuk | 1 | 9. Marcelinus Sadol | 2 |
| 2. Jelvin Jainggan | 7 bln | 10. Smikles Primus | 1 |
| 3. Diana Diera Cladius | 5 bln | 11. Chin Lee Shiang | 13 |
| 4. Sausing Rabuyut | 18 | 12. Wajihuddin Zainurain | 7 bln |
| 5. Valerie May Rayner | 11 bln | 13. Md. Zulazrin Jupilep | 1 bln |
| 6. Karen Kwan Nyuk King | 3 bln | 14. Yee Chu Siang | 1 bln |
| 7. Ahmad Fauzi Bin Gawi | 17 | 15. Steven Tham | 1 |
| 8. Quennesttie Moiden | 1 | 16. Dafith Chong Jia Luen | 2 |
| <u>Tahun 1998</u> | | | |
| 1. Masianah Bte Amping | 6 | 14. George Tangkui | 65 |
| 2. Kandung Morusin | 24 | 15. Adilanti Minkid | 1 |
| 3. Mohd. Nasri Nasip | 3 bln | 16. Jamri Kiran | 34 |
| 4. Elsafika Bte. Elik | 18 | 17. Chong Fui Lam | 61 |
| 5. Chen Tek Ling | 16 | 18. Irma Romana Laidis | 2 |
| 6. Ervinna Dabbie Dee Felix | 7 | 19. Md. Irwan Idres | 19 |
| 7. Ronaldo Bin Johnny | | 20. Bennyzele Selau | 4 |
| 8. Siti Nyrhaslijah Abdul Muluk | 7 bln | 21. Zunaidah Hassan | 27 |
| 9. Jamal Bin Jais | 10 bln | 22. Munsih Barangang | 61 |
| 10. Mohd. Syaiful Keslihati | 8 | 23. Mugarang Baning | 41 |
| 11. Muslyadi Bin Metol | | 24. Aziz Muadia | 23 |
| 12. Esther Gadun | 13 | 25. Marmi Djalil | 31 |
| 13. Scyrecka Bt. Silibin | 5 | 26. Jaminah Bogong | 38 |
| <u>Tahun 1999</u> | | | |
| 1. Esther Gadun | 13 | 22. Idus Modili | 19 |
| 2. Shanon Mae Ronald | 1 | 23. Rosmitah D. Tumai | |
| 3. Zulkifli Zenih | 7 | 24. Ak. Md. Fazahari Pg. Ibrahim | 4 |
| 4. Elaine Chain Yiningi | 1 | 25. Jaiti Malat | 38 |
| 5. Sellyone Philemon | 1 | 26. Hardjuki Darni | 71 |
| 6. Railin Janing | 3 | 27. Fadley Java | 14 |
| 7. Muhammad Saad Yanga | 3 | 28. Junis Kandud | 14 |
| 8. Md. Norizal Md. Tassim | 3 | 29. Rayner Kapat | 29 |
| 9. Thian Chau Bong | 64 | 30. Richael Richard | 8 bln |
| 10. Filma Zulkifli | 18 | 31. Lim Sheong Vui | 22 |
| 11. Rangkumis Sumindap | 37 | 32. Asmah Sappal | 10 |
| 12. Vincent Nasri | 20 | 33. Sohana Abdullah | 20 |
| 13. Pang Thian Sung | 52 | 34. Petronela Beng | 42 |
| 14. Jeff Doli | 22 | 35. Lo Yau Ram | 66 |
| 15. Linding Sula | 62 | 36. Rampasan Gunting | 71 |
| 16. Sylviana Kellynda | 1 | 37. Fred Larry Jay | 9 |
| 17. Rianah Justin | 1 | 38. Hee Loon Hong | 14 |



PERSATUAN TABUNG PESAKIT JANTUNG SABAH (SOCIETY FOR THE SABAH HEART FUND)

| Nama | Umur (Age) | Umur (Age) |
|------------------------------------|-------------------|--|
| <u>Tahun 1999</u> | | |
| 18. Manjah Malib | 22 | 39. Mary Sain |
| 19. Md. Zain Samsun | 21 | 40. Fu Tek Lok |
| 20. Rosnani Ahurun | 16 | 41. Han Danggot |
| 21. Aziz Basman | 58 | 42. Zulakha Jamirin |
| <u>Tahun 2000</u> | | |
| 1. Zuraina Bte Hassan | 6 bln | 11. Arnah Bte Mohd Noor |
| 2. Jimree Bin Darinsing | 1 | 12. Justin Sandakon |
| 3. Fifianna Justinie | 1 | 13. Rosimah Bte Saiman |
| 4. Marlyena Untong | 4 | 14. Linaub Bte Sungkar |
| 5. Siti Norazlina Bte Ab. Sait | 11 bln | 15. Dairis Suriling |
| 6. Rozalina Ketang | 2 | 16. Ladia Bte Kanggau |
| 7. Zulaikha Bte Jamirin | 17 | 17. Assan Impau |
| 8. Md.Zuhairi Md Nazrie Abdullah | 2 | 18. Lily Fong Choi Len |
| 9. Vincent Nasri | 20 | 19. Devita Marudi |
| 10. Pang Thien Sung | 52 | |
| <u>Tahun 2001</u> | | |
| 1. Wajimin @Majimin Bin Judin | 41 | 6. Nereus Jiliam |
| 2. Jullaika Jahim | 9 bln | 7. Hervinie Danny |
| 3. Nurul Diana Azrul | 9 bln | 8. Abdul Aziz Shah Armstrong |
| 4. Jaineh Uneh | 5 | 9. Eadrey Mike |
| 5. Wajihuddin Zainurain | 4 | |
| <u>Tahun 2002</u> | | |
| 1. Caroline Ivy Chin | 6 bln | 5. Mohd Ajuan Yumat |
| 2. Malben Peter | 1 | 6. Cecelia Liansim |
| 3. Mevlon Jesmin | 1 | 7. Caster Dee Victor |
| 4. Vidarus Markus | 6 | |
| <u>Tahun 2003</u> | | |
| 1. Mohd. Hafis Ahmad | 3 | 5. Albert Pandamin |
| 2. Abilgail Edward | 9 bln | 6. Rojihan Tarah |
| 3. Lee See Che | 2 | 7. Sarah Astasha Thien Tze Ying |
| 4. Ofonie Dason | 7 bln | 8. Abdul Syafiq Bongsu |
| <u>Tahun 2004</u> | | |
| 1. Cynthia Joinus Sampil | 1 | 4. Mohd. Sharul Mizan bin Mohd. Salleh |
| 2. Fong Ka Pang | 4 | 5. Hu Kah Kee |
| 3. Siti Anam Arsat | 10 | |
| <u>Tahun 2005</u> | | |
| 1. Ag. Mohd. Norsahrizad Ag. Masri | 1 | 6. Selostika Ayos |
| 2. Alextwins Asang | 1 | 7. Mohd. Shahneemy Radzi Anuar |
| 3. Juana Arimin | 14 | 8. Feujilin Jusil |
| 4. Mastika Abel | 1 | 9. Azmira Paiman |
| 5. Ferrance Giging | 14 | 10. Jafen Apik |



PERSATUAN TABUNG PESAKIT JANTUNG SABAH (SOCIETY FOR THE SABAH HEART FUND)

| <u>Nama</u> | <u>Umur (Age)</u> | <u>Umur (Age)</u> |
|---|-------------------|--|
| <u>Tahun 2006</u> | | |
| 1. Cheanneylia Intang | 4 bln | 5. Nur Farhana Khairunnisa |
| 2. Siti Nursyanizah binti Mohd. Sani | 7 bln | 6. Jekquelyn Maychelle Jingkan |
| 3. Jerryck Alfarick | 3 | 7. Mary Ann Bianis |
| 4. Noor Nazwan Bin Abdul | 6 | 8. Davelyn Davies |
| <u>Tahun 2007</u> | | |
| 1. Mairon Jabin | 3 | 8. Mohammad Aliff Najmie L. |
| 2. David Aming | 3 | 9. Prisca Azianieta B. Jualin |
| 3. Martini Rumidjang | 16 | 10. Syadillah Abdullah |
| 4. Celera Ave Laura | 9 bln | 11. Syaza Badriah Binti Beleh |
| 5. Eric Firley Patrick | 9 | 12. Masnizah Erald |
| 6. Jefferson Joseph | 5 | 13. Bellina Balandai |
| 7. Nelly Bte Mohd Adley | 1 | 14. Lesli Lee Tshun Hin |
| <u>Pesakit Ke Korea (11/10/07)</u> | | |
| <u>Kumpulan 1</u> | | |
| 1. Sarah Marinie Roger | 2 | 8. Lim Jun Xian |
| 2. Reo Jericho | 1 | 9. Noralya Natasha |
| 3. Recky Recili | 6 | 10. Nurfiezza Dhaniah |
| 4. Relywon Tham Hui Thing | 1 | 11. Mohd Fauzan |
| 5. Emmassharlyney | 2 | 12. Siti Sharufah B. Mahmud |
| 6. Jessica Joanne | 2 | 13. Mahmud Zharif |
| 7. Mikael Socrates Saidi | 1 | 14. Zetty Edrica |
| <u>Tahun 2008</u> | | |
| 1. Nur Elfeeza Binti Rasidi | 4 | 8. R.E.O Devile Dauni |
| 2. Georgina Felix Raphael | 3 bln | 9. Aevianah Aeven |
| 3. Siti Aisyah Bt. Utoh Kalikutan | 1 | 10. Eazzer De Velaquez B. Jefferson Giansing |
| 4. Hapinasih Bt. Paidin | 10 | 11. Aaron Zoey |
| 5. Syazzatul Rose Syaffiqah Ain Bte. Rosman | 8 bln | 12. Olybia Bt. Zinin |
| 6. Syed Faris Dani B. Syed Faizal | 10 bln | 13. Raddy Paris |
| 7. Jatin B. Jasni | 6 bln | |
| <u>Pesakit Ke Korea (23/06/2008)</u> | | |
| <u>Kumpulan 1</u> | | |
| 1. Brandon Lee Bruno | 2 | 9. Nur Syazwanie B. Jalil |
| 2. Earozaina Vivie Elyana Hieronimus | 4 | 10. Frederick Voo Chung Shun |
| 3. Joshua Ivan Justin | 1 | 11. Jaferienttoh Jahanam |
| 4. Arnola Chien Wai Ling | 11 bln | 12. Chlisna Valeris Pirit |
| 5. Nur Amierra Syarlynie B. Jimmy | 2 | 13. Olyana Prescicilla B. Musimat |
| 6. Mohamad Hairil Khan B. Rohan | 2 | 14. Yongchin Duari |
| 7. Siti Nor Shaqirah B. Mohd Indra | 4 | 15. Nurfathin Najwa Nolas |
| 8. Ijaz Ahmad Sher Ali Khan | 10 bln | 16. Darren Ong |
| <u>Pesakit Ke Korea (20/08/2008)</u> | | |
| <u>Kumpulan 2</u> | | |
| 9. Nur Syazwanie B. Jalil | 3 | |
| 10. Frederick Voo Chung Shun | 14 | |
| 11. Jaferienttoh Jahanam | 13 | |
| 12. Chlisna Valeris Pirit | 1 | |
| 13. Olyana Prescicilla B. Musimat | 1 | |
| 14. Yongchin Duari | 9 | |
| 15. Nurfathin Najwa Nolas | 2 | |
| 16. Darren Ong | 1 | |
| <u>Pesakit Ke Korea (09/11/2008)</u> | | |
| <u>Kumpulan 3</u> | | |
| 17. Isma Adhzim | 8 | 21. Mohammad Hekmar Bin Sahari |
| 18. Nickon Lee Zi Quan | 1 | 22. Jeremy Jeffrey |
| 19. Dg. Norshasa Ann B. Datu Daid | 14 | 23. Nurain Jul |
| 20. Leong Chee Wai | 9 | |



PERSATUAN TABUNG PESAKIT JANTUNG SABAH (SOCIETY FOR THE SABAH HEART FUND)

| <u>Nama</u> | <u>Umur (Age)</u> | <u>Umur (Age)</u> |
|--|-------------------|---|
| <u>Tahun 2009</u> | | |
| 1. Amburus Daulis | 7 | 10. Nelson Madili |
| 2. Chairul Idawaty Bt. Hussin | 1 | 11. Izad Izadi Bin Nurdin |
| 3. Leo De Verdedano Bin Edmond | 3 | 12. Rosdin Bin Ojiun |
| 4. Wedster Wylfredly | 5 bln | 13. Lau Hieng Eng |
| 5. Norashikin Shahidin | 3 | 14. Sulainah Binti Mantia |
| 6. Musah Firdaus Bin Sugipli | 2 | 15. Muhammad Alief Aideed |
| 7. Taufik Arasdan Bin Kisah | 2 | 16. Sulfikir Bin Santuo |
| 8. Kelvin Sakius | 1 | 17. Chalse Vionalis Livister |
| 9. Amy Ong Mei Seian | 3 | 18. Olgah Binti Pirit |
| <u>Pesakit Ke Korea (08 - 27/10/2009)</u> | | |
| 1. Nurul Ramadana | 5 | 6. Bradley Adley Denius |
| 2. Lim Min Yen | 13 | 7. Mohamad Zainulakram B. Jamadil |
| 3. Muhammad Al Sahir B. Mohd | 4 | 8. Ethalia Lavandai Sitaun |
| 4. Dennisus Bin Matius | 12 | 9. Mohamad Kushairy Iqbal |
| 5. Nur Hazeerah B. Mohamad | 3 | |
| <u>Tahun 2010</u> | | |
| 1. Nurul Amyra Jamatin (PAH) | 7 | 9. Olybia Zinin |
| 2. Sarintan Mohammad (PAH) | 10 | 10. Nurul Asyiqin Bt. Mad Simrie |
| 3. Janessa Emily Justin | 4bln | 11. Angelo Adwin |
| 4. Rosnani Binti Jonyol (PAH) | 9 | 12. Alicia Wong Yee Shen |
| 5. Elsy Eliviah Jaunah (PAH) | 7 | 13. Jayden Iandee Joel |
| <u>Tahun 2010</u> | | |
| 6. Andreazhi Robson | 1 | 14. Muhamad Khir Aiman Bin Md Kairul |
| 7. Rinijah Bt. Ning (PAH) | 10 | 15. Shean Jacklynce Patrick Bin Abdullah |
| 8. Nur Sufie Shafira (PAH) | 6 | |
| <u>Pesakit Ke Korea (28/03/2010)</u> | | |
| Kumpulan 1 | | |
| 1. Sczehereazadre Alexandra Ayron | 2 | |
| 2. Danalley Dorianus | 14 | |
| 3. Rohaida Binti Jasri | 11 | |
| 4. Sahrul Nizam Bin Jairin | 4 | |
| 5. Nurny Azwen Binti Mosji | 5 | |
| <u>Pesakit Ke Korea (18/11/2010)</u> | | |
| Kumpulan 2 | | |
| | | 6. Alfason Majik |
| | | 7. Abdul Hayyan B. Taslim |
| | | 8. Ling Yi Shun Gabriel |
| | | 9. Aimie Sofiana B. Mohd Sably |
| | | 10. Adrian Reezwan B. Shamsul |
| | | 11. Chriscell Masius |
| | | 12. Norfarah Azlikah B. Karim |
| | | 13. Muhammad Indrawant Perjat |
| | | 14. Aelna Arnicen Nelver |
| | | 15. Mira Sahira B. Mohdudin |
| <u>Tahun 2011</u> | | |
| 1. Mohamad Azli Bin Asna | 2 bln | |
| 2. Fifi Nur Syafiqah Dyana Bte Talip | 4 bln | |
| 3. Muhamad Hamizan Wafiq Bin Joy | 2 | |
| 4. Renoh Bin Rubin | 1 | |
| 5. Azza Liyanah Juhalie | 2 | |
| 6. Evina Japilin | 2 | |
| 7. Christiano Nelcon Bin Jahir | 1 | |
| 8. Aldrio Max Felix | 8 bln | |
| 9. Fraindy Sunyap (PAH) | 4 | |
| 10. Mohammad Wazrey Galong (PAH) | 9 | |



PERSATUAN TABUNG PESAKIT JANTUNG SABAH (SOCIETY FOR THE SABAH HEART FUND)

| <u>Nama</u> | <u>Umur (Age)</u> | <u>Umur (Age)</u> | |
|--|-------------------|---|-------|
| <u>Pesakit Ke Korea (17/03/2011)</u> | | | |
| 1. Izwan Azfar | 1 | 5. Bendra Queen Chong | |
| 2. Siha Asira | 2 | 6. Nur Shazlia Shazreen | |
| 3. Nurul Ashikin | 5 | 7. Mohd Ezam Abd. Rashad | |
| 4. Eric Voo Ming You | 6 | | |
| <u>Tahun 2012</u> | | | |
| 1. Royce Edgar Roger | 1 | 5. Amy Lai Le Siang | |
| 2. Elly Merintin (PAH) | 2 | 6. Steffy Chin Gah Yien | |
| 3. Rizlan Abdul Manan (PAH) | 14 | 7. Charlie Nataniel Saulus | |
| 4. Duncan Perry Bede (PAH) | 3 | 8. Azwa Hairry Bin Hamdan | |
| <u>Pesakit Ke Korea (22/03/2012)</u> | | | |
| 1. Hannah Faith Gissong | 1 | <u>Pesakit Ke Korea (01/04/2012)</u> | |
| 2. Muhammad Nur Adam | 2 | 8. Alisya Sofea Ramadan | 1 |
| 3. Nurul Atikah Bt. Mohd Rizal | 6 | 9. Siti Nurhafiffy Suhaida | 2 |
| 4. Fazleena Elena Masuin | 7 | 10. Merylyn Clarey Toney | 2 |
| 5. Mohd Abdul Nazlan | 10 | 11. Deon Christino Matalis | 3 |
| 6. Mohd Rizwan Justine | 12 | 12. Dennet David Kumpat | 3 |
| 7. Nor Azliana Yana Binti Loso | 16 | | |
| <u>Pesakit Ke Korea (29/04/2012) – Lion KK Host</u> | | | |
| 13. Edwin Fernando | 2 | | |
| 14. Sneijder Henry | 2 | | |
| <u>Pesakit Ke Korea (13/10/2012)</u> | | | |
| 1. Arifah Maisarah Bte Mohamad | 10 bln | 5. Mohammad Hisyam Dzulkiflee | 6 |
| 2. Raudatul Umierah Bte Damsah | 1½ | 6. Nurafirah Bte Thanin | 9 |
| 3. Siti Nur Elzahraa Bte Abdullah | 1½ | 7. Ade Aericsen Masiri | 13 |
| 4. Nurul Syifa Amani Bte Awang | 4 | | |
| <u>Tahun 2013 - GIMC</u> | | | |
| 1. Clarista Avera Zico | 6 bln | 5. Grayson Bong Zhong Ze | 5 bln |
| 2. Magdalena Aerneeya | 3 | 6. Muhd Raiyen Zaqwan Bin Rasid | 8 bln |
| 3. Nur Amizah Qalesya | 1 | 7. Elwenda Moritin | 2 |
| 4. Cendarela Jailin | 2 | 8. Jasintan Asun | 2 |
| <u>Pesakit Ke Korea (17/05/2013)</u> | | | |
| <u>Kumpulan 1</u> | | | |
| 1. Alexander Maxwell Bin Joil | 3 | <u>Pesakit Ke Korea (11/12/2013)</u> | |
| 2. Muhammad Nur Syakil B Jaimeh | 3 | <u>Kumpulan 2</u> | |
| 3. Bradley Charles Watlie | 1 | 1. Nurani Aqilah Bte Mohd Gani | 9 |
| 4. Ryan Bless Sutresno | 1 | 2. Dayang Roziana Awang Rahman | 7 |
| 5. Jeddyelson Jeferman | 7 bln | 3. Joseywinclara Emmanuel | 1 |
| 6. Izzatul Hasanah Binti Richard | 8 bln | 4. Nurul Alieya Chee | 6 |
| 7. Hans Ivanne Jonathan | 3 | 5. Mohd Ezlan Bin Kisun | 14 |
| | | 6. Vyera Oliviera Edwerd | 5 |
| | | 8. Hanson Koh Wei Jun | 4 |



PERSATUAN TABUNG PESAKIT JANTUNG SABAH (SOCIETY FOR THE SABAH HEART FUND)

| <u>Nama</u> | <u>Umur (Age)</u> | <u>Umur (Age)</u> | | |
|---|-------------------|---|---|--------|
| <u>Tahun 2014 - GKL</u> | | | | |
| 1. Yeh Xin Tian | 1 | 6. Muhammad Arash Idzwandy | | |
| 2. Nurfitri Yani Binti Abdullah | 3 | 7. Ruthowen Bin Joanas | | |
| 3. Syazwana Izzmeera Binti Sharil | 3 bln | 8. Hayden Marinus | | |
| 4. Nurhajalah Binti Ramail | 3 | 9. Muhd Shadika Bin Mohd Fauzi | | |
| 5. Beatrice Cyriline Mijasin | 14 | | | |
| <u>Pesakit Ke Korea (15/06/2014)</u> | | | | |
| Kumpulan 1 | | | | |
| 1. Al Sharif Bin Mohd Jamri | 9 | <u>Pesakit Ke Korea (06/10/2014)</u> | | |
| 2. Palvy Marcelle Kokuin | 7 | Kumpulan 2 | | |
| 3. Mohd Farhan Azwan | 1 | 1. Siti Amira Othman | 8 | |
| 4. Dena Adelin Kiki | 10 | 2. Mohd Isran Jamaluddin | 14 | |
| 5. Ricky Kent Bin Ladius | 1 | 3. Shafira Binti Selamat | 3 | |
| 6. Aaron Brayden Gordon | 1 | 4. Vallis Valentino Francis | 7 bln | |
| 7. Mohd Shafiq Khan | 3 | <u>Pesakit Ke Korea (07/04/2014)</u> | | |
| 8. Mohd Shafiq Sahak | 7 | <u>- Lion KK Host</u> | | |
| <u>Tahun 2015 - GKL</u> | | | 1. Muhammad Al Daffi Bin Siri | 3 |
| 1. Ol Verra Santia Roslee | 2 | 2. Muhammad Eiday Bin Henry | 3 | |
| 2. Mohd Nor Hikam Bin Yusup | 16 | <u>Pesakit Ke Korea (22/05/2015)</u> | | |
| 3. Christinovella Christopher | 5 bln | Kumpulan 1 | | |
| 4. Nurul Syuhada Binti Ambotang | 10 | 1. Mazlan Bin Abdul Usri | 11 | |
| 5. Andriantan Jasmee | 4 bln | 2. Muhd Muhd Azhar Bin Hizan | 3 | |
| 6. Tracylla Maxccy Alfred | 1 | 3. Nur Assyifa Umayrah | 2 | |
| 7. Nurisya Binti Nazari | 4 bln | 4. Muhd Husaini Bin Hasim | 3 | |
| <u>Tahun 2016 - GKL</u> | | | 5. Kamirul Bin Abdullah | 4 |
| 1. Vennielson | 5 bln | 6. Fashah Danielah Binti Sumizan | 3 | |
| 2. Muhd Ayyie Ashraff | 2 bln | <u>Tahun 2016 - GKK</u> | | |
| 3. Diyanah Nadiyah Abdullah | 7 bln | 1. Siti Nurnafisyah Bt Jafarlie | 3 | |
| 4. Iphy Umairah Mohd Ivan Nazri | 2 | 2. Lana Kristina Imbrus | 6 bln | |
| 6. Ivy Lynn Ridi | 7 bln | 3. Nuria Fathiyah Iman Bt Farisdini | 4 bln | |
| <u>Pesakit Ke Korea (27/01/2016)</u> | | | 5. Krista Bella Jefren | 10 bln |
| Kumpulan 2 (2015) | | | <u>Pesakit Ke Korea (30/05/2016)</u> | |
| 1. Muhammad Ally Iqbal | 6 | Kumpulan 1 | | |
| 2. Hazline Malit | 17 | 1. Muhd Nazri Bin Tuan Otoh | 3 | |
| 3. Nur Umairah Batrisyia Junedi | 5 | 2. Kuairunnisa Izzati Bt Raman | 6 | |
| 4. Mohd Kayrul Bin Makdam | 6 | 3. Aleeya Aleesya Bt Amir | 2 | |
| 6. Muhd Husaini Bin Hasim | 4 | 5. Elissa Eve Edy Elves | 6 | |
| 8. Clive Lim Jian Xiang | 4 | 7. Mohd Farish Adly | 3 | |
| <u>Pesakit Ke Korea (20/02/2017)</u> | | | <u>Tahun 2017 - GKL</u> | |
| Kumpulan 2 (2016) | | | 1. Aleeya Adriana Bt Hady Fareeck | 7 |
| 1. Sean Jeddian Lin | 3 bln | 2. Chong Wei Jun | 7 | |
| 2. Sherrynnie Allnie Shermom Dauglas | 3 bln | 3. Muhd Nuradib Bin Peter | 5 | |
| 3. Nur Isyqi Mardhiya Abdullah | 6 bln | 4. Adamdylen Jaerry | 5 bln | |



PERSATUAN TABUNG PESAKIT JANTUNG SABAH (SOCIETY FOR THE SABAH HEART FUND)

| <u>Nama</u> | <u>Umur (Age)</u> | <u>Umur (Age)</u> | |
|---|-------------------|---|--------|
| <u>Tahun 2017 - IJN</u> | | <u>Pesakit Ke Korea (10/09/2017)</u> | |
| 1. Etaniel Jacky | 5 bln | <u>Kumpulan 1</u> | |
| 2. Bredlee Eljaian | 1 bln | 1. Eduardo Victor | 2 |
| 3. Jayden Brice Goh | 4 bln | 2. Maxwell Olven Peter | 2 |
| 4. Muhd Syaikhul Islam Adzmain | 6 bln | 3. Muhd Farhan Bin Abdul Usri | 3 |
| 5. Nur Zaleeqah Izzati Bt Asewadi | 2 | 4. Allwinder Jessy | 5 |
| 6. Jason Johnny | 2 bln | 5. Chrishowell Alfredo Christopher | 5 |
| 7. Mohd Hasdin Afendi Mohd Din | 4 bln | 6. Ahmad Aizul Azzem | 9 |
| 8. Kyla Celz Clarence Balandong | 8 bln | 7. Muhd Azim Abdullah | 4 |
| 9. Nurfateha Binti Azmizam | 5 | | |
| <u>Tahun 2018 - GKL</u> | | <u>Pesakit Ke Korea (23/04/2018)</u> | |
| 1. Muhd Syafiq Zaqwan | 3 bln | <u>Kumpulan 1</u> | |
| <u>Tahun 2018 - IJN</u> | | 1. Andrea Chelsie Weltron | 7 |
| 1. Lewybrilliantlee Fatlee | 1 | 2. Sherlyzye Bt Abdullah | 3 |
| 2. Reavea Chyessica Renol Denol | 5 bln | 3. Muhd Adam Akmal Suffian | 9 bln |
| 3. Annastlle Iona Orlee Alixson | 1 bln | 4. Arawanri Jeffri | 6 |
| 4. Adelyne Nikki Jaibah | 4 bln | 5. Ahmad Dani Irfan Bin Awang | 8 |
| <u>Pesakit Ke Korea (09/10/2018)</u> | | 5. Nur Khairani Bt Maswandi | 7 bln |
| <u>Kumpulan 2</u> | | <u>Tahun 2019 - IJN</u> | |
| 1. Irene Foo Yi Ting | 6 | 1. Nurjannah Fatimah Saddam Husin | 1 |
| 2. Nursalwas Binti Ramlee | 5 | 2. Daireld Khalfani Dalglish | 4 bln |
| 3. Dalency Grace Edward | 4 | 3. Adriana Lorenzo Lapayong | 5 bln |
| 4. Jayden Christ | 4 | 4. Christa Ashleigh Cella Jefren | 3 bln |
| <u>Tahun 2019 - GKL</u> | | 5. Audrey Elvera Dunil | 3 |
| 1. Nufa Delisa Binti Benazir | 5 bln | <u>Pesakit Ke Korea (28/04/2019)</u> | |
| 2. Ara Hafsha Binti Nirusaimi | 1 | <u>Kumpulan 1</u> | |
| <u>Pesakit Ke Korea (27/10/2019)</u> | | 1. Lim Yu Xuan | 2 |
| <u>Kumpulan 2</u> | | 2. Mikyad Syahmi Bin Suhaimi | 5 |
| 1. Masitah Binti Sophian | 4 | 3. Yvette Chastity | 6 |
| 2. Mohd Amirul Syaifiezal | 11 | 4. Kyle Liam Maxwell | 3 |
| 3. Adam Firdaus Bin Ahsdi | 5 | <u>Tahun 2020</u> | |
| <u>Tahun 2021</u> | | 1. Irsya Najiah Bt Ag Mohd Najiy | 9 bln |
| 1. Evelyn Christy | 10 | 2. Arion Allyando | 5 bln |
| 2. Mohd Zayan Abdul Hafeez | 4 bln | 3. Muhd Aniff Danish | 5 bln |
| 3. Muhd Zul Aris | 2 bln (D) | 4. Fadhli Arman Bin Iman Hamizan | 5 bln |
| 4. Alvie John | 4 bln | 5. Andreus Steve Hendru | 2 bln |
| 5. Wani Hartinie | 1 | <u>Tahun 2022 (to June)</u> | |
| 6. Holy Clara Hilary | 5 bln | 1. Mohamad Hisyam | 10 bln |
| 7. Khodeejah Femar | 10 bln | 2. Gil Abdiel Jeffery | 10 bln |
| 8. Putri Ain Adzrisya | 5 | 3. Muhammad Shapiq | 12 |
| 9. Daniel Dison (GKL) | 2 (D) | 4. Mas Jurihana | 5 |
| 10. Christel Ettel Christianus | 1 bln | 5. Muhamad Qhalif | 2 |
| 11. Nurmaziyah Jupeter | 1 | | |
| 12. Faizal | 13 | | |
| 13. Herlena Magdalena Hermanus | 8 | | |

Celebrating Life

Some photos of our sponsored patients



Celebrating Life



Celebrating Life



Some Of S.O.S Heart Fund Kids Patients

Mohd Ally Iqbal



Then (6 y/o)



Now (11 y/o)

Sneidjer



Then (2 y/o)



Now (11 y/o)

Lewybrilliantlee



Then (1 y/o)



Now (4 y/o)

Hannah Faith



Then (2 y/o)



Now (11 y/o)

Nur Khairani



Then (7 mth)



Now (4 y/o)

Sherrynnie Allnie



Then (3 mth)



Now (4 y/o)

Diyannah Nadiah



Then (7 mth)



Now (5 y/o)

Krista Bella



Then (10 mth)



Now (5 y/o)

Some Of S.O.S Heart Fund Kids Patients

Mohd Al-Daffi



Then (3 y/o)



Now (10 y/o)

Muhd Nuradib



Then (5 y/o)



Now (9 y/o)

Edwin



Then (2 y/o)



Now (11 y/o)

Mohd Azim



Then (4 y/o)



Now (7 y/o)

Christinovella



Then (5 mth)



Now (6 y/o)

Iphy Umairah



Then (2 y/o)



Now (7 y/o)

Ivy Lynn



Then (7 mth)



Now (5 y/o)

Tracyilla Maxccy



Then (1 y/o)



Now (7 y/o)

Some Of S.O.S Heart Fund Kids Patients

Elissa Eve



Then (6 y/o)

Now (11 y/o)

Vallis Valentino



Then (1 y/o)

Now (8 y/o)

Muhd Ayyie



Then (2 mth)

Now (5 y/o)

Holy Clara



Then (5 mth)

Now (1 y/o)

Arion Allyando



Then (5 mth)

Now (3 y/o)

Christel Ettel



Then (1 mth)

Now (1 y/o)

Irsya Najiah



Then (9 mth)

Now (2 y/o)

Nurjannah



Then (1 y/o)

Now (3 y/o)

3 patients from #SaveMyHeart# Campaign

FAIZAL

My name is Faizal. I was born on the 14th September 2008. I live with my mother in Kg. Gayang Tuaran together with my uncle, aunt and cousins. I am the only child in the family and was fully cared by my mother and she was the main breadwinner, who work in a factory with monthly earning only RM520.

I was diagnosed with Chronic Rheumatic Heart Disease (CRHD) in 2020, where my mother found out that I cannot walk for 2 weeks. Moreover, I also complaint that I have a pain on my chest area and admitted in Tuaran Hospital to be monitored by the doctor. After 5 days in the ward, I was transferred to Likas Hospital for further examination and the doctor diagnosed me with CRHD.

On 8th December 2021, I was finally scheduled to IJN after a long wait, as the doctor informed us that I need to wait for a fund to enable me to undergo heart surgery. But at that moment my mother and family were very worried, looking at my condition where I was very weak, and I cannot do any work but lay down most of the time so to conserve energy.

The journey I took to Kuala Lumpur was indeed very tough to me. I was successfully operated on the 12th December 2021. Today, I was very happy to have a second chance of life and see a bright future for me. We wish to thank Persatuan Tabung Pesakit Jantung Sabah for helping me to pay all the cost of medical treatment, airfare, some allowance and food basket.



Faizal with her mother return home at KKIA



Faizal at IJN after a successful heart surgery



HERLENA MAGDALENA

Herlena, 8 years old girl hailed from Tenom. Herlena was diagnosed with moderate ventricular septal defect which needs a VSD closure. Herlena has a younger sister and the father is the only bread earner with 5 other members to support and all are categorized under B40 group.

Herlena was successfully operated on 2nd January 2022 at IJN, Kuala Lumpur and returned home on 7th January 2022. Herlena is also one of the 3 patients under the #SaveMyHeart# campaign where the Society raise RM150K in conjunction with the S.O.S Heart Fund 40th Anniversary Celebration to sponsor 3 more patients for 2021.

Herlena was accompanied by her mother, Rozlina. She was truly grateful to all donors of the Society who has made it possible for Herlena whose surgery has been delayed due to lack of funds. Rozlina said now she can get to live knowing Herlena has been operated and that she can live a normal life like any other children. She also thanks the Society in providing moral support by calling them and assisting them of the process and also to arrange for the flight and transportation as they were first time flyer. The trip brought anxiety and joy, anxiousness as we don't know what to expect and joy because with the operation we know she will now live a normal life.

The Society also provides them with food basket to bring back to Tenom where Herlena will continue to recuperate and she will continue her followup and review at the local hospital.

MOHAMAD HISYAM

Hisyam was operated at 9 months old. He live in Semporna together with his mother (housewife), grandparents, uncles, aunts and cousin in a small village house, while his father work in a factory in Lahad Datu.

Hisyam has been diagnosed with VSD since he was borne and the doctor informed that he need to have a heart surgery. The mother was very worried about the risk and also the cost. However, SOSHF came to rescued when we see the need and that the baby health was getting weaker and need an urgent operation in order to live normally.

Hisyam was the recipient of the SOS Heart Fund #SaveMyHeart# campaign and he was operated on the 16th January 2022 and today he is living like any other children.





ARION ALLYANDO

Arion Allyando berumur 3 tahun dan berasal dari Kg. Paginatan, Ranau. Pertama kali kami dimaklumkan oleh doktor bahawa Arion menghidap penyakit jantung semasa umur Arion 3 hari. Ketika saya mendapat berita tersebut, saya dan seluruh ahli keluarga sangat sedih dan risau kerana keadaan Arion yang sangat kecil ketika itu, bibir menjadi biru dan kuat berpeluh ketika menyusu, cepat penat dan pernafasannya juga laju.

Antara masalah dan halangan yang kami alami semasa menghantar anak untuk temujanji ke hospital ialah hal kewangan dan kenderaan. Kami terpaksa membayar teksi untuk ulang alik ke hospital dan tambangnya sangat mahal. Apabila mendapat tahu tentang anak perlu dibedah, kami sangat risau dan sedih. Akan tetapi kami beransur lega dan amat bersyukur kerana doktor memberitahu bahawa Persatuan Tabung Pesakit Jantung Sabah akan menaja keseluruhan kos rawatan dan pembedahan Arion di IJN Kuala Lumpur.

Semasa di Kuala Lumpur, kami berasa selesa kerana layanan doktor dan jururawat sangat baik dan sering memberikan penjelasan tentang sebelum dan selepas pembedahan. Ketika anak dibedah, mereka menyediakan tempat tidur khas yang selesa untuk ibu-ibu sementara menunggu anak keluar dari ICU. Selepas pembedahan bibir Arion kembali kemerahan, berat badan juga meningkat, pernafasannya kembali normal dan lebih aktif.

Saya berharap agar Arion sentiasa sihat seperti kanak-kanak lain, dapat bersekolah, dan apabila dewasa nanti dia akan mendapat pekerjaan yang bagus. Kami amat gembira dan menyokong khidmat Persatuan untuk membantu lebih banyak kanak-kanak yang mengalami masalah yang sama, yang memerlukan bantuan. Akhir sekali, terima kasih kami ucapkan kepada semua pihak yang telah berusaha membantu kami.

Terima kasih Persatuan Tabung Pesakit Jantung Sabah!

- Ditulis oleh ibu Arion Allyando (2022)



Gambar semasa di IJN ketika berumur 5 bulan

LEWYBRILLIANTLEE

Lewybrilliantlee Fatlee (Lewy) kini berumur 5 Tahun dan berasal dari Kg. Parapat Darat, Kudat. Lewy adalah anak bongsu daripada dua orang adik-beradik. Doktor mengesahkan bahawa Lewy menghidap penyakit jantung pada 18.12.2017 di Hospital Queen Elizabeth 2, ketika berumur 1 tahun 5 bulan.

Keadaan Lewy pada masa itu ialah susut berat badan dan BMI juga tidak stabil. Halangan dan cabaran untuk rawatan di hospital ialah kos pembedahan, tetapi syukur kepada Tuhan kerana Persatuan Tabung Pesakit Jantung Sabah dan Lions Club datang memberikan bantuan dan menaja kos rawatan dan pembedahan Lewy. Persatuan juga ada memberikan duit poket untuk perbelanjaan semasa di IIN, Kuala Lumpur.

Pada 1.2.2018 Lewy dimasukkan ke Institut Jantung Negara (IJN) bagi menjalani pembedahan. Lewy discharge dari IJN pada 10.02.2018. Selepas pembedahan, Lewy sudah beransur sembuh, berat dan ketinggian badan telah stabil dan hanya 3 kali temujanji di Hospital Queen Elizabeth 2. Pada temujanji yang ketiga kali di HQE2 Dr. Siva Rao telah mengesahkan bahawa Lewy telah sembuh sepenuhnya dan sekarang Lewy tidak perlu hadir temujanji lagi di mana-mana hospital.

Harapan kami sebagai ibubapa agar Lewy sihat selalu disamping keluarga yang menyayanginya dan Lewy dapat berjumpa lagi dengan anda semua di masa akan datang. Terima kasih kepada Persatuan Tabung Pesakit Jantung Sabah, Lions Club, Dr. Siva, jururawat dan semua pihak yang telah membantu Lewy. Bantuan yang telah diberikan amatlah dihargai dan kepada penyumbang-penyumbang di luar sana terima kasih banyak-banyak.

- Ditulis oleh ibu Lewybrilliantlee (2021)



Gambar semasa di IJN ketika berumur 1 tahun



DIYANAH NADIAH

Pada 22 Julai 2015 Diyanah Nadiah dilahirkan secara normal dengan berat 2.45kg dan Diyanah dimasukkan ke NICU kerana premature 36 minggu. Selepas beberapa hari didalam NICU level 1, Diyanah disyaki ada masalah jantung kerana apabila jururawat yang bertugas memberi susu, Diyanah memuntahkan susu keluar berkali-kali. Doktor mengesahkan Diyanah menghidap masalah usus pada mulanya iaitu Duodenal Stenosis with Annular Pancreas. Diyanah melakukan pembedahan pertama pada usia 7 hari dan syukur kerana pembedahan pertama selamat dan berjalan lancar.

Namun begitu, doktor sekali lagi mengesahkan Diyanah menghidap masalah jantung iaitu Double Outlet Right Ventricle with Pulmonary Stenosis. Pakar jantung memberi tarikh pembedahan pada bulan Mei 2016 dan pembedahan harus dilakukan di hospital Gleneagles KL. Dalam masa yang sama hati saya berbau rasa bimbang dengan masalah kewangan dan kesihatan Diyanah. Petang itu saya dihubungi oleh pihak Persatuan Tabung Pesakit Jantung Sabah. Mereka telah menyediakan tiket kapal terbang untuk saya dan Diyanah. Sesungguhnya ketika itu saya dan suami hanya kais pagi makan pagi. Kewangan kami sangat terhad dan saya juga tidak bekerja waktu itu, hanya menumpang di rumah saudara. Pihak SOSHF iaitu Datuk Eva juga datang melawat ke rumah saya dan mereka sendiri menghulurkan duit poket kepada saya. Saya amat berterima kasih dan rasa terhutang budi ketika itu.

Selepas pembedahan jantung, Diyanah semakin sihat dan juga aktif walaupun berat badan kekal sukar untuk naik dan amat mebingungkan kami. Temujanji untuk pemeriksaan jantung hanya 2 kali setahun kerana masalah jantung Diyanah tidak kritikal cuma perlu pantauan dari masa ke semasa sahaja.

Alhamdulillah sebagai ibubapa saya dan suami sangat berbesar hati dengan bantuan kewangan daripada pihak S.O.S Heart Fund terutamanya kerana sering membantu kami. Begitu juga dengan keluarga dan saudara-mara yang sering membantu kami sama ada dari segi kewangan dan sokongan moral. Semoga lebih ramai pihak yang tampil membantu keluarga yang memerlukan seperti kami pada masa akan datang. Tuhan memberkati untuk setiap pihak yang menghulurkan tangan, meringankan beban kami.

- Ditulis oleh ibu Diyanah Nadiah (2020)

IVY LYNN

Ivy Lynn Ridi kini berumur 5 tahun dan berasal dari Kg. Lasau Minunsud, Kota Belud, Sabah. Doktor memaklumkan bahawa anak kami Ivy disahkan menghidap penyakit jantung berlubang semasa umur 4 bulan, dan keadaannya sangat membimbangkan dan merisaukan kami kerana berat badannya menurun dan tidak meningkat. Setiap kali minum susu sama ada menggunakan botol susu atau susu badan dia tetap akan kelihatan penat dan mulut menjadi kebiruan. Selain itu, ketika menangis juga dia tidak mengeluarkan suara, walaupun ada, suaranya sangat perlahan dan hampir tidak kedengaran.



Antara cabaran yang kami hadapi sebagai ibubapa ialah dari segi kewangan dimana kami hanya bergantung sepenuhnya kepada hasil menoreh getah. Selain itu, kami juga menghadapi masalah pengangkutan untuk digunakan ulang alik ke hospital pada waktu itu kerana anak kami diberikan temujanji dan hampir setiap minggu anak kami dimasukkan ke hospital. Dalam masa yang sama, kami juga risau tentang kos rawatan dan pembedahan kerana kami berasal dari keluarga yang kurang berkemampuan dari segi ekonomi.

Atas nasihat doktor pakar, anak kami berjaya menjalani pembedahan di Hospital Gleneagles Kuala Lumpur dan kami berada di sana dari 28/11/2016 sehingga 09/12/2016. Puji Tuhan selepas anak kami menjalani pembedahan, dia lebih aktif dan lebih ceria dan ini adalah kali pertama kami menaiki kapal terbang.

Kami ingin mengucapkan berbilang terima kasih khususnya kepada Persatuan Tabung Pesakit Jantung Sabah yang telah membantu kami menyelesaikan masalah kos perbelanjaan dan pembedahan anak kami, dan semua yang terlibat membantu dari segi kewangan, sokongan moral, semangat dan Doa, kami tidak dapat menyebut satu persatu nama, semoga Tuhan memberkati sumber ekonomi, pekerjaan dan keluarga anda semua. **"TETAP SEMANGAT WALAU APAPUN MASALAH YANG DIHADAPI"**. Dan paling utama jangan lupa bahawa Doa itu besar kuasaNya.

- Ditulis oleh ibu Ivy Lynn Ridi (2021)



ELLY MERINTIN

Elly was born with Congenital Heart Disease with Large ASD in failure and she undergone an open heart surgery when she was only 2 years old. She went to Penang Adventist Hospital accompanied by her mother in 2012. Her mother shared that Elly had been diagnosed with CHD at 6 months of age and at that time Elly's condition was very worrying because she was not sucking well and was underweight for her age. After the operation, Elly live a normal life like any other children.

Today, Elly is 12 years old and the SOSHF is able to visit them during the Covid-19 pandemic to send some food basket to their home in Kota Belud.



The parents thanked the Society For The Sabah Heart Fund as Elly is now living a healthier normal life like any normal children and she is more active in school. Elly ambition is to be a teacher. Her medical cost was co-sponsored by the Penang Adventist Hospital and the Society for the Sabah Heart Fund!



HOLY CLARA

Salam sejahtera, saya Christ Gabriel ibu kepada Holy Clara dan kami berasal dari Keningau. Holy telah disahkan menghidap jantung berlubang pada usia 3 bulan. Ini gambar Holy selepas pembedahan pada 13.06.2021 ketika berusia 5 bulan dan kini dia membesar dengan sihat dan semakin aktif.

Dikesempatan ini saya dan keluarga ingin mengucapkan ribuan terima kasih kepada semua pihak yang telah mendoakan keselamatan dan kesembuhan anak saya Holy, dan kepada Dr. Siva dan jururawat yang telah merawat anak saya selama berada di Institut Jantung Negara. Selain itu, kami juga ingin mengucapkan ribuan terima kasih yang tidak terhingga kepada Persatuan Tabung Pesakit Jantung Sabah yang telah banyak membantu kami dari segi kewangan. Tanpa Persatuan ini mungkin anak saya masih menderita penyakit ini sampai sekarang.

Terima kasih juga kepada Datuk Eva yang sentiasa bertanyakan khabar, mendoakan dan memberikan kata semangat kepada saya dan sanggup menunggu kami sekeluarga tiba di airport Kota Kinabalu pada hari kepulangan kami. Tidak lupa juga kepada Fainis yang sentiasa menghantar mesej untuk bertanya khabar serta perkembangan anak saya, membantu saya dalam berurusan di airport dan IJN. Dengan semua bantuan yang ada, perjalanan kami dipermudahkan untuk kami sekeluarga sehinggalah Holy berjaya menjalani pembedahan. Tidak ada yang mampu kami balas, hanya doa kami mohon kepada Tuhan untuk membalas segala kebaikan mereka. Semoga Tuhan selalu memberi kesihatan yang baik serta memberkati kebaikan mereka.

Terima kasih Persatuan Tabung Pesakit Jantung Sabah.

- Ditulis oleh ibu Holy Clara



Holy ketika berada di IJN



Ketibaan Holy disambut oleh Datuk Eva

JAMES STEPHEN

I was born on the 6th October 1973 in Kota Belud. At the age of 3, when my mother brought me to accompany my brother for medical attention, they also examined me and confirmed that I have 3 holes in my heart as I was not feeling too well.



At the end of 1987, at the age of 14, the Doctor confirmed that I'm also having 'Heart Valve' problem, coupled with '2 big holes and another one small one', it was indeed urgent that I need immediate Corrective Heart Surgery as my breathing was getting difficult. I had short of breath and less energy. My parents were short of funds and we sought the help of SOSHF for sponsorship for the cost of surgery.

In January operation. life like

1988, I was sent to Singapore for operation. It was a successful After the operation, I felt the difference and I lived a normal any teenager of my age.

Today, have 5



I am married with Jacqueline Anthony and together we lovely children. I also practice a healthy diet and taking supplement to maintain health without relying on medicines.

Thank you very much to the Society for the Sabah Heart Fund!

MUHD NURADIB BIN PETER

Saya ibu kepada Muhammad Nuradib Bin Peter yang dilahirkan pada 29 Julai 2012 dan berasal dari Kg. Bahagia Nabawan Pensiangan. Kami ingin mengucapkan ribuan terima kasih kepada semua pihak yang terlibat dalam hal-hal ini. Anak saya Muhammad Nuradib bercita-cita ingin menjadi seorang doktor apabila besar nanti. Dari kecil anak saya disahkan menghidap penyakit jantung berlubang. Selama ini anak saya menjalani rawatan di Hospital Likas oleh Dr. Siva. Dr. Siva telah memberi cadangan kepada kami bahawa anak saya mempunyai peluang untuk menjalani pembedahan di Korea secara percuma pada 13/3/2016. Satu kumpulan doktor dari Korea ke Hospital Likas telah membuat pemeriksaan dan ECHO di Hospital tersebut. Di sana kami telah berjumpa dengan Datuk Eva Susau dari Persatuan Tabung Pesakit Jantung Sabah yang telah memberikan penerangan dan maklumat yang banyak tentang Persatuan ini.

Pada 20/2/17 saya dan anak saya telah pergi ke Korea diketuai oleh Mrs. Lee. Anak saya telah berjaya menjalani pembedahan pada 22/2/17. Di sini saya banyak berterima kasih kepada Mr. Back Jong Gu, Presiden Seong-An Heart Foundation yang telah memberi sumbangan dan membawa makanan yang banyak semasa kami berada di hospital.

Sebenarnya kami tidak mampu menampung kos pembedahan anak kami yang sangat tinggi kerana pendapatan yang tidak mengizinkan.

Oleh itu, saya berharap agar Persatuan ini dapat membantu lagi orang lain. Jika ada tersilap kata dan terkasar bahasa, saya ingin memohon maaf.

- Ditulis oleh ibu Muhammad Nuradib





JASON JOHNY

Jason Johny kini berumur 4 Tahun dan tinggal di Kg. Kipouvo, Penampang. Jason merupakan anak kami yang pertama dan dia mempunyai seorang adik lelaki. Jason disahkan menghidap penyakit jantung pada 20/10/17. Pada ketika itu pernafasannya sangat laju dan sukar untuk bernafas. Selain itu, dia juga tidak mahu menyusu dan mengakibatkan berat badannya menyusut dan sering kali menangis. Kami sebagai ibubapa sangat sedih apabila doktor memberitahu keadaan anak kami yang menghidap penyakit jantung.

Pada 17/12/2017, Jason dijadualkan untuk pergi ke Institut Jantung Negara, Kuala Lumpur untuk menjalani pembedahan jantung. Kami sangat risau ketika itu kerana kami tidak mempunyai wang untuk menampung kos pembedahan, perbelanjaan dan perjalanan ke Kuala Lumpur. Selain itu, ini adalah kali pertama saya dan anak menaiki pesawat ke Kuala Lumpur. Perasaan ketika itu sangat bimbang, namun kami bersyukur kerana ahli keluarga banyak memberikan sokongan dan doa untuk kami. Saya berasa lega selepas ramai pihak yang memberikan kata-kata dorongan dan anak juga membuat saya untuk menguatkan semangat untuk menghadapi saat sukar ini. Selepas pembedahan berjaya, Jason semakin aktif dan ceria. Dia mulai kuat menyusu dan semakin pulih.

Harapan kami sebagai ibubapa adalah agar Jason membesar dengan sihat. Ribuan terima kasih juga kepada pihak Persatuan Tabung Pesakit Jantung Sabah kerana telah menaja kos rawatan dan pembedahan Jason, kepada ahli keluarga, rakan-rakan dan semua pihak yang juga telah banyak membantu kami, terima kasih.

- Ditulis oleh ibu Jason (2021)



SHERRYNNIE ALLNIE



Saya Marnie, ibu kepada Sherrynnie Allnie Shermom dan kami berasal dari Papar Sabah. Sejak Sherrynnie berumur 2 bulan, berat badannya tidak meningkat sehinggalah dia berumur 3 bulan, saya dengan segera membawa dia ke Klinik Kesihatan Penampang untuk berjumpa dengan doktor kerana pada waktu itu dia mengalami selesema dan batuk. Setelah doktor memeriksanya, doktor memberitahu bahawa terdapat bunyi yang berbeza pada jantungnya. Doktor kemudian memeriksa peratus oksigen dalam darahnya di mana bacaan oksigen kurang daripada 96% iaitu 92% dan ke bawah.

Pada hari itu juga (8.3.2017), anak saya telah dihantar ke Hospital Likas dan doktor memeriksa jantung anak saya di mana dia mendapati bahawa jantung anak saya berlubang. Selepas itu, anak saya dipindahkan ke Hospital Queen Elizabeth II pada 10.3.2017 untuk berjumpa dengan pakar jantung dan beliau memberitahu bahawa Sherrynnie harus dibedah.

Pada 27.3.2017 anak saya dihantar ke Hospital Gleneagles Kuala Lumpur, di mana dia berjaya mendapat tajaan penuh daripada pihak Persatuan Tabung Pesakit Jantung Sabah. Sherrynnie telah berjaya menjalani pembedahan jantung pada 28.3.2017 dan dipindahkan ke wad kanak-kanak selepas 4 hari berada di Unit Rawatan Rapi.

Di kesempatan ini, kami ingin mengucapkan terima kasih yang tidak terhingga kepada Persatuan Tabung Pesakit Jantung Sabah yang telah banyak membantu kami dari segi kewangan, tanpa Persatuan ini mungkin anak kami masih menderita penyakit jantung berlubang.

- Marnie Dungkis (2021)



Semasa berada di Hospital Queen Elizabeth II ketika berumur 3 bulan

IRENE FOO YI TING

Irene kini berumur 8 tahun dan berasal dari Tawau. Sebelum saya dan anak saya Irene ke Korea, 2 bulan sebelumnya kami dimaklumkan bahawa kami akan bertolak ke Korea pada bulan October. Sebagai seorang ibu, selepas diberitahu tentang perkara itu, hati saya tidak tenang dan sentiasa dalam kerisauan. Risau tentang pembedahan, keadaan di sana nanti, makan dan minum, tempat tinggal dan banyak perkara lagi yang membuatkan saya risau. Dua minggu sebelum kami bertolak, anak saya Irene jatuh sakit, dia mengalami batuk dan demam. Perasaan saya ketika itu seperti tidak ingin meneruskan rancangan ke Korea. Tetapi Puji Tuhan, selepas saya menghantar Irene ke klinik, mengambil ubat yang telah diberikan oleh doktor, Irene terus sembuh.



Ketika dalam perjalanan ke Korea, saya sentiasa berdoa supaya pembedahannya berjaya, berjalan lancar dan cepat kembali ke tanah air. Setibanya kami di Korea, segala kerisauan beransur hilang kerana kami melihat layanan doktor, jururawat dan petugas di Sejong General Hospital, Korea sungguh baik. Dan ramai Pastor datang melawat dan mendoakan kanak-kanak.

Selepas pembedahan, hati saya berasa cukup lega. Saya melihat semua kanak-kanak dari Malaysia selamat dibedah dan proses penyembuhan juga cepat, Puji Tuhan. Saya juga amat bersyukur kerana dapat bersama-sama dalam kumpulan ini. Setiap ibu-ibu dapat bekerjasama dan tolong-menolong. Kami seperti sebuah keluarga walaupun ada yang berlainan agama.



Ketika berada di Korea pada umur 6 tahun - 2018

Saya juga bersyukur kerana anak saya Irene mendapat sumbangan dan bantuan ini sehingga berjaya dibedah. Ribuan terima kasih kepada Persatuan Tabung Pesakit Jantung Sabah, KFHI dan semua yang terlibat, hanya Tuhan yang dapat membalas segala jasa baik yang telah diberikan. Tidak lupa juga penghargaan saya berikan kepada Mrs. Lee yang setia menjaga dan membantu kami ketika berada di Korea. Tuhan memberkatilah anda semua.

- Ditulis oleh Ibu Irene Foo (2020)

GEORGINA FELIX RAPHAEL



4 Months Old

Georgina dilahirkan pada 12 September 2007 di Hospital Likas. Pada awalnya, Georgina hanya menghidapi Jaundice yang sememangnya biasa dihidapi oleh bayi-bayi yang baru lahir. Namun selepas lebih seminggu berlalu, penyakit Jaundice Georgina tidak bertambah baik malahan doktor mendapati ada kelainan pada Georgina di mana dia sering kelihatan lemah dan tidak bermaya. Oleh itu, doktor memutuskan untuk membuat pemeriksaan lebih teliti lagi terhadap Georgina dan disahkan bahawa dia menghidapi penyakit jantung berlubang.

Sememangnya kami sangat sedih dan susah hati mendengar berita tersebut. Kami tidak dapat bayangkan apa yang harus kami lakukan agar Georgina sembuh kerana dia masih lagi bayi dan bagaimana dia harus dibedah. Kami sangat risau akan keadaannya dan doa yang tidak putus-putus sentiasa bersama kami. Kami berdoa Tuhan memberi dia peluang untuk melihat dunia, kami tidak berhenti-henti mengharap pertolongan dari Tuhan.

Dan syukur doa kami didengar, doktor yang merawat Georgina memberitahu kami bahawa SOS Heart Fund telah memilih Georgina untuk menjalankan pembedahan di Hospital Gleneagles, Kuala Lumpur. Perbelanjaan pembedahan tersebut ditanggung sepenuhnya oleh SOS Heart Fund. Georgina berumur 4 bulan semasa menjalani pembedahan tersebut. Dengan bantuan SOS Heart Fund, Georgina dapat sembuh dan kini perkembangan kesihatannya semakin baik. Bantuan daripada SOS Heart Fund merupakan berkat yang amat besar kepada kami. Kami sekeluarga amat bersyukur dan berterima kasih kepada SOS Heart Fund atas bantuan yang amat bermakna kepada kami.

- Ditulis oleh ibu Georgina



4 Years Old



11 years old (2018)



MOHD ZUHAIRI

Mohd Zuhairi merupakan anak bongsu daripada 2 orang adik-beradik. Kami mendapat tahu bahawa Zuhairi menghidap penyakit jantung berlubang sejak dilahirkan pada tahun 1998. Keadaannya ketika itu ialah tidak berapa menyusu, jika dia jatuh dia akan pengsan sekejap, bibir kebiruan, mudah demam, amat sensitif dan mudah mendapat jangkitan kuman di paru-paru terutama jika batuk dan selalu dimasukkan ke hospital.

Zuhairi berjaya menjalani pembedahan jantung di Gleneagles Intan Medical Centre atas tajaan Persatuan Tabung Pesakit Jantung Sabah, ketika berumur 2 tahun, dan memang pertama kali menaiki kapal terbang. Walau bagaimanapun, kami tetap mendapat sokongan daripada ahli keluarga. Selepas pembedahan, Zuhairi lebih ceria tetapi masih perlu mendapatkan rawatan susulan di hospital.

Kini Zuhairi sudah berumur 22 tahun dan masih lagi mendapat rawatan hospital, di mana dia dijangka akan membuat 1 lagi pembedahan injap pada 23hb April 2020 tetapi pihak hospital mahu mempercepatkan pembedahan itu kerana jantungnya membengkak dan kemungkinan jika ada kekosongan dia akan dihantar ke IJN tahun ni juga. Disebabkan perlu membuat pembedahan, Zuhairi merasa sangat sedih, tetapi keluarga dan rakan-rakan sering memberi semangat, kekuatan dan keyakinan kepadanya.

Harapan kami ialah agar Zuhairi akan terus sihat dan menjalani kehidupan seperti normal dengan gembira. Kami juga berharap agar mereka yang berkemampuan dapat menyalurkan bantuan kepada Persatuan Tabung Pesakit Jantung Sabah agar mereka dapat membantu lebih ramai lagi kanak-kanak yang amat memerlukan bantuan dan terima kasih tidak terhingga kami ucapkan kepada Persatuan kerana telah membantu Zuhairi dengan menaja kos pembedahan jantung di Kuala Lumpur. Terima kasih.

- Ditulis oleh Pn. Asmah (2020)



6 Years Old



8 Years Old



At the studio (2021)



NURJANNAH FATIMAH

Nurjannah atau lebih mesra dipanggil Jannah, bukanlah anak yang sebertuah anak orang lain. Dia dilahirkan dalam keadaan yang serba kekurangan dari segala segi. Kini dia telah berumur 3 tahun dan membesar di daerah Semporna.

Pada 12 April 2019, kami ke lapangan terbang untuk pergi ke Institut Jantung Negara (IJN) di Kuala Lumpur untuk menjalani pembedahan jantung. Semasa menaiki kapal terbang, saya tidak mengetahui selok-belok kerana ini adalah kali pertama kami menaiki pesawat. Demi anak, saya hilangkan perasaan malu dan takut. Syukur kerana Tuhan memudahkan urusan, kami dipertemukan dengan penumpang-penumpang yang baik hati di dalam kapal terbang.

Jannah ialah pesakit yang bertuah kerana mendapat layanan daripada doktor pakar pediatrik jantung. Doktor memberitahu bahawa 13.4.2019 Jannah harus dibedah kerana adalah lebih baik pembedahan diawalkan. Jika lebih lama tinggal di sini, Jannah berkemungkinan akan dijangkiti demam dan lain-lain. Jika dia demam, pembedahan terpaksa ditunda sehingga demam sembuh. Setelah pembedahan, Jannah semakin sihat dan membesar dengan cerdas dan pintar.

Di sini mama Jannah ingin mengucapkan berbanyak terima kasih kepada Persatuan Tabung Pesakit Jantung Sabah dan pihak hospital kerana telah membantu Jannah. Kami tidak dapat membalasnya walau dengan nyawa sekali pun kerana bantuan mereka terlalu besar dan amat bermakna buat kami, hanya Tuhan yang dapat membalas jasa baik mereka.

- Ditulis oleh ibu Jannah (2021)

NURUL ALIEYA CHEE

This is the story about a little girl name Nurul Alieya from Kg. Langkon Baru, Kota Marudu with her 5 other siblings (age ranging from 2 years old to 12 years old). She was sent to Korea to undergo corrective heart surgery in 2013 accompanied by her father, at the age of 6 years old (Her mother stayed to look after her siblings). Today, Alieya is 14 years old.

Nurul has a sad story, her mother passed away in 2018. They are under the category of B40. Her father has been diagnosed with chronic lung disease where he told us that 60% of his lungs were affected. With no mother, Nurul is looking after her younger siblings, doing house chores, teaching and educating her siblings as the eldest daughter in the family. Whilst her father plants some banana etc. for the family and they have no other income.

The father felt overwhelmed with tears during Datuk Eva visitation at their home. He was very touched by the food baskets, stationeries and some cash he received from the SOSHF. Thank you again to the friends of the SOSHF.



Alieya with her father at the age of 6 year old



Alieya on her pink t-shirt

HANNAH FAITH

Nama saya Hannah Faith Gissong, berasal dari daerah Tambunan. Saya dilahirkan secara normal pada 28 Februari 2010 di Hospital Daerah Kudat. Saya membesar dengan sihat sehinggalah umur saya mencecah 4 bulan. Perkembangan saya agak lambat dan yang lebih merisaukan keluarga saya ialah keadaan bibir, lidah, kuku dan di sekeliling mata saya yang kelihatan biru kehitaman. Keadaan ini lebih ketara semasa saya menyusu, menangis, ketawa dan mandi. Saya juga cepat letih jika terlalu banyak bergerak seperti meniarap dan merangkak atau bermain dengan kakak saya.

Ibu saya membawa saya berjumpa dengan doktor di Hospital Daerah Kudat yang kemudiannya menetapkan temujanji dengan doktor pakar di Hospital Wanita dan Kanak-kanak (HWKKS) Likas untuk pemeriksaan lanjut dan pada umur 8 bulan saya disahkan menghidap jantung berlubang TOF (Tetralogy Of Fallot).

Menurut ibu saya, saya sepatutnya hanya akan menjalani pembedahan ketika berusia 5 hingga 7 tahun mengikut giliran menunggu yang ramai di Insitut Jantung Negara (IJN). "Rencana Tuhan itu sentiasa indah pada waktunya" kata ibu saya. Kami ditawarkan untuk mengikut program tajaan Persatuan Tabung Pesakit Jantung Sabah (SOSHF) bersama badan NGO Korean Food For The Hungry International (KFHI) Sabah ke Korea untuk menjalani pembedahan jantung.

Saya bersama-sama dengan beberapa pesakit lain ditemani oleh penjaga masing-masing dan Mrs. Lee sebagai pengiring kami telah berlepas ke Korea pada hujung bulan Mac 2012. Saya selamat menjalani pembedahan pada 28 Mac, 2012 iaitu tepat sebulan selepas harijadi saya yang ke 2 tahun di Hospital Sejong, Korea. Saya masih ada beberapa ingatan tentang apa yang berlaku semasa di Korea terutama ketakutan saya apabila melihat jururawat yang datang setiap pagi untuk membersihkan luka pembedahan saya.

Kami sekeluarga sangat bersyukur kepada Tuhan dan terhutang budi serta berterima kasih kepada Persatuan Tabung Pesakit Jantung Sabah (SOSHF), Datuk Eva Susau dan staff SOSHF, badan NGO Korean Food For The Hungry International (KFHI) Sabah, Mr. & Mrs. Lee, semua doktor dan jururawat di HWKKS Likas dan Hospital Sejong, Korea yang telah membenarkan Tuhan menggunakan mereka sebagai saluran berkat untuk menyembuhkan saya.



Hannah with her mother at the age of 2 year old



11 Years old

Kini saya membesar dengan sihat dan cerdas dalam pelajaran serta aktif dalam kokurikulum di sekolah. Saya juga menyertai seni mempertahankan diri Taekwondo. Marilah kita sama-sama menjalani kehidupan yang sihat dan sayangilah jantung kita kerana kita hanya mempunyai satu jantung dan tidak ada gantinya. Saya sayang jantung saya dan saya berazam apabila besar nanti akan cuba membantu pesakit-pesakit jantung yang lain semampu yang boleh.

Salam Damai & Terima Kasih.

- Ditulis oleh Hannah Faith (2021)

HEART-HEALTH CAMPAIGN IN SOCIAL MEDIA IN CONJUNCTION WITH WORLD HEART DAY 2021



C.A.T.S DRIVE 2021 (Collecting Children's Clothes, Activities Books, Toys & Story Books)



'USE HEART TO SHARE' IN CONJUNCTION WITH 'BULAN KEBAJIKAN' MPMS 2021



'SAVE MY HEART' CAMPAIGN 2021



Launching of the 'Save My Heart' Campaign



Cardiology Department, Sabah Heart Centre (QEHI)



'Christmas Giving - Fund Raising' for SOSHF by Gleneagles Hospital Kota Kinabalu

DRAWING AND ESSAY WRITING PARTICIPATION BY OUR PATIENTS IN CONJUNCTION WITH BULAN KEBAJIKAN 2020.



VISITING PATIENTS AND FAMILIES



Kg. Mongkonihab, Kiulu



Kg. Bongol, Tamparuli



Kg. Bayayat, Kota Belud



Kg. Langkon Baru, Kota Marudu



Kg. Kipouvo, Penampang



Kg. Talantang, Kota Marudu



Kg. Lasau Minunsud, Kota Belud



Kg. Rosok Rantai, Kota Belud

BLOOD DONATION DRIVE IN CONJUNCTION WITH INTERNATIONAL WOMEN'S DAY AND POSTER EXHIBITION AT WISMA WANITA ON 6TH & 7TH MARCH 2020



SOCIETY FOR THE SABAH HEART FUND
Use ❤️ to Fight Covid-19
Media Release
In conjunction with Bulan Kebajikan 2020
"Surviving The Covid-19 Pandemic"
Date : 15th November 2020 - 15th December 2020
USE ❤️ TO FIGHT "surviving the covid-19 pandemic" 2020

SOSHF Raising Awareness through Social Media



At KKIA, sending and receiving patients to and from Kuala Lumpur



WORLD HEART DAY - KK HEART WEEK CAMPAIGN AT SABAH HEART CENTRE ON 14TH OCTOBER 2019



CELEBRATING LIFE (CHD AWARENESS OUTREACH PROGRAM) AT SABAH WOMEN & CHILDREN HOSPITAL ON 20TH AUGUST 2019



SOSHF OPEN DAY 2019



World Heart Day Celebration in conjunction with Sabah Welfare Festival 2018



S.O.S Heart Fund 36th Anniversary Celebration on 15th July 2017



Kota Kinabalu Heart Week in conjunction with Go Red For Women 2017



SOSHF OPEN DAY 2016



Handing Over Donation Box at Cardiology Department, Queen Elizabeth Hospital II - 2016



Left to right:- Dr. Hj Razak Bin Tambi; Datuk Eva Susau; YB Senator Datuk Prof. Dr. Sim Kui Hian & Dr. Liew Hong Bang



EXHIBITION IN CONJUNCTION WITH WORLD HEART DAY 2016 AT SABAH HEART CENTRE (QEHI)



Talk on Society For The Sabah Heart Fund to Rotary Club of Kota Kinabalu Pearl Sabah on 16th August 2016



EXHIBITION IN CONJUNCTION WITH WORLD HEART DAY 2016 AT SURIA SABAH



KOTA KINABALU HEART WEEK 2015



OPEN DAY 2014



OPEN DAY 2012



KOTA KINABALU HEART WEEK 2013



KOTA KINABALU HEART WEEK 2011



SOSHF 30th Anniversary Celebration on 5th October 2011



Forum in conjunction with World Heart Day 2010
Theme : Workplace Wellness 'Take Responsibility For Your Own Heart Health'



SOSHF Charity Fund Raising Raffle Draw on 20th June 2009 at Karamuning, Kota Kinabalu.



KOTA KINABALU HEART WEEK 2009



Talk on Introduction of CPR and First Aid on 21st July 2007 at University Malaysia Sabah (UMS)



Introduction & Demonstration To CPR on 30th March 2006 at Dewan Bandaraya Kota Kinabalu



SOSHF World Heart Day Celebration, 'Pocho-Pocho For Your Heart' on 27th May 2006



Public Talk on 'How Young is Your Heart' on 1st July 2006



SOSHF 25th Anniversary (Silver Jubilee Dinner) on 5th August 2006



SOSHF world Heart Day Celebration, Walk-A-Mile on 23rd September 2006 at Likas Sport Complex Lake Garden



SOSHF '2nd Jump Rope For Heart' in conjunction with 'World Heart Day' on 26th September 2004



SOSHF exhibition at the launching of the State Level Volunteer Month at Centre Point Minggu Kebajikan at Centre Point, Kota Kinabalu in 2004



Organizing Committee and participants for SOSHF '1st Jump Rope For Heart' in conjunction with 'World Heart Day' at Damai Community Hall on 6th September 2003



Public Talk on 'You & Your Heart' on 13th July 2002



Exhibition at Sutera Harbour Golf & Country Club on 26th May 2002

COURTESY CALLS & VISITS



Courtesy Call to Bri. Jen. Datuk Hj. Abd. Ghani Hj. Abd. Rashid, Mayor of Kota Kinabalu City Hall - 2004



Courtesy Visit to YBhg. Datuk Ilyas Ibrahim, Mayor of Kota Kinabalu City Hall - 2006



Courtesy Call to YB Datuk Seri Panglima Hj. Yahya Bin Husin the Deputy Chief Minister cum Minister of Community Development and Consumer Affairs - 2006



Courtesy Visit to Mr. Stuart JV Park the CEO of Gleneagles Intan Medical Centre, Kuala Lumpur - 2007



Courtesy Call to the then Yang Di-Pertua Negeri Sabah TYT Tun Datuk Seri Panglima Haji Ahmadshah Bin Abdullah - 2009



Courtesy Visit to YB Datuk Edward Khoo Keok Hai, Assistant Minister to the Chief Minister - 2009



Courtesy Call to YB Datuk Hajah Azizah Datuk S. P. Haji Mohd. Dun the Minister of Community Development and Consumer Affairs - 2010



Courtesy Call to the Honourable Mayor of Kota Kinabalu City, Datuk Abidin Madingkir - 2011

COURTESY CALLS & VISITS



Courtesy Call to TYT Tun Datuk Seri Panglima (Dr) Haji Juhar Bin Datuk Haji Mahiruddin - 2011



Visits Gleneagles Kuala Lumpur on 25th February 2012



Courtesy Call to TYT Tun Datuk Seri Panglima (Dr) Haji Juhar Bin Datuk Haji Mahiruddin - 2013



Courtesy call to Assistant Minister to the Chief Minister (JKM) Datuk Edward Yong Oui Fah on 3rd July 2014



Courtesy Call to TYT Tun Datuk Seri Panglima (Dr) Haji Juhar Bin Datuk Haji Mahiruddin on 8th July 2015



Courtesy call to Kota Kinabalu City Hall Mayor Datuk Yeo Boon Hai on the 9th June 2016



Visits Gleneagles Kota Kinabalu in 2016



Courtesy Call to Pengarah of Jabatan Kesihatan Negeri Sabah Datuk Dr. Christina Rundi on 22nd February 2016

COURTESY CALLS & VISITS



IJN team visit Kota Kinabalu on 19th October 2017



Courtesy call to Inland Revenue Board Of Malaysia on 21st December 2017



Courtesy Call to TYT Tun Datuk Seri Panglima (Dr) Haji Juhar Bin Datuk Haji Mahiruddin - 2017



Courtesy Call to TYT Tun Datuk Seri Panglima (Dr) Haji Juhar Bin Datuk Haji Mahiruddin - 2019



Courtesy Call to YB Datuk Frankie Poon Ming Fung (Minister of Health and People's Wellbeing) on 11th July 2019



Courtesy Visit to Datuk Janet Chee (SUT Ministry of Health and People's Wellbeing) on 21st February 2020



Courtesy Visit to Mr. Bernard Liew (Director of Lands and Surveys Department) on 26th February 2020



Courtesy Call to TYT Tun DSP (Dr) Haji Juhar Bin Haji Mahiruddin At Istana Negeri Sabah on 9th March 2020 By SOSHF Exco Committee

FREE MEDICAL COLLABORATIONS WITH SEONG-AN HEART FOUNDATION & KOREAN FOOD FOR THE HUNGRY INTERNATIONAL (M) TO KOREA



SOSHF VARIOUS EXCO & ANNUAL GENERAL MEETING (AGM)



PHOTO CLIPS



PHOTO CLIPS



Long wait list in Malaysia

Why SOS sends patients to S'pore

KOTA KINABALU, Fri. — Heart patients sponsored by the Society of Sabah Heart Fund would have to be sent overseas when their conditions require urgent treatment because of the long waiting list encountered in the country's hospitals.

The SOS Heart Fund committee which said today, explained that except in emergency cases, heart patients had been sent to the Kuala Lumpur Hospital for less costly treatment.

To date, about one-third of the 147 patients sponsored had been treated in the country's hospitals while others were treated in Singapore, Philippines and New Zealand, the committee said.

The committee, including its chairman Datin Genevieve Kitingan was responding to a question as to why patients were being sent overseas when they could be treated in local hospitals which are less costly.

It was recently reported that heart specialists in Peninsular Malaysia were concerned that many heart operations which could have been performed locally were done overseas, particularly those cases sponsored by service clubs or the newspapers.

It was said that heart patients could have saved thousands of dollars if they had cardiac surgery performed in local hospitals rather than in foreign establishments.

The SOS committee said, however, that patients sent to a Singapore private hospital in the last three to four years had been quoted a reasonable package price of \$12,000 to \$13,000, inclusive of medical treatment, medicines, meals and necessary escort services.

Three SOS patients had received treatment from this hospital in the last two months and were said to be recovering speedily.

"We would like to save money too, provided that the patient could afford to wait. We would prefer to send them to KL to take advantage of the low cost," they said.

Kuala Lumpur, General Hospital's Cardiothoracic Unit Department head Dr Yalya Awang told Peninsular reporters recently that heart operations done locally cost about \$4,500 to \$7,000.

But the quotations did not include other necessary expenses which could run high for patients coming from other states, the SOS committee pointed out.

However, the committee had to pay only about \$500 medical fees in the past each patient with special approval from hospital authorities.

More than 90 per cent of heart patients were sent to overseas hospitals so far, and most of them before any heart surgery unit was set up in local hospitals, the committee said.

Queue
They said the Heart unit in the KL general hospital said to be established less than three years ago, could not take a patient immediately because of a long waiting list.

"We had experienced our patients being sent back here after initial examinations and were asked to go back at a later date," they said.

This postponement not only had put the patients in danger but led to additional expenses as well.

Also, according to SOS members, patients sent overseas by package arrangement were given first-class

DAILY EXPRESS 16/02/1989 THURSDAY

Petronas gives SOS \$50,000

KOTA KINABALU, Wed. — Petronas today gave the SOS Heart Fund a boost with a contribution of \$50,000. A cheque for the amount was presented to the society's president Datin Genevieve Kitingan by Petronas general manager Nordin Mohd Noor at the former's residence.

Datin Genevieve, who is wife of the Chief Minister Datuk Joseph Pairin Kitingan, in thanking the national oil company, said the money would help the society in the quest for the purchase of a catheterisation unit costing \$1.7 million which the society aims to install at the Queen Elizabeth Hospital here. The unit will help a great deal in treating heart patients, all of whom now have to be sent overseas for treatment). The Yayasan Sabah started the ball rolling for the purchase of the unit with a \$100,000 launching grant.

Datin Genevieve hoped the society would be able to acquire the unit soon. Meanwhile, Sabah Medical Services Director Datuk Dr. Mechiel Chan clarified that a four-year-old boy, Mohd. Rafezal who was being treated for a heart problem since December last year had to be sent to Kuala Lumpur or here for further investigation and treatment and all costs for the treatment would be borne by either the patient or the society.

He said this following a press report in the Chinese daily that Mohd. Rafezal, Encik Lim Mi Kee, a jobless had appealed for public donations to enable him to send his son for



GIVING, AS MUCH FUN AS RECEIVING as Petronas general manager Nordin Mohd Noor shows yesterday while handing over a \$50,000 to Datin Genevieve Kitingan for the SOS Heart Fund.

Mohd. Raffie is said to have been seen by a doctor at the Queen Elizabeth Hospital in December 1985 and was reviewed in January 1986.

At the time the patient was in a stable condition and was told to come back for further review six months later but the patient defaulted his appointment for three years and came back to the hospital only on Dec. 6 last year, when he was very ill.

A pledge to hear all SOS appeals

KOTA KINABALU, Wed. — Heart patients needing financial help...



SOS Heart Fund chairman Datin Genevieve Kitingan (centre) with donation boxes donated by Sabah Bank.

YEAR 1989

HARIAN EXPRESS 16/02/1989 KHAMIS

Tabung Rawatan sakit jantung perlukan \$700,000

KOTA KINABALU, Rabu — Tabung Rawatan Pesakit Jantung Sabah kekurangan sebanyak \$700,000 untuk membolehkannya mendapatkan unit pemeriksaan jantung berharga \$1.7 juta.

Tabung itu baru dapat mengumpul kira-kira \$1 juta hasil sumbangan orang ramai, persatuan dan syarikat-syarikat, kata Presiden Tabung berkenaan, Datin Seri Genevieve Kitingan hari ini.

Beliau berkata demikian selepas menerima cek bernilai \$5,000 dari Pengurus Besar Petronas Sabah, Encik Nordin Mohamad Nor, bagi pembelian unit berkenaan, di kediamannya di Luyang, di sini.

Beliau berkata unit itu akan ditempatkan di Hospital Queen Elizabeth. Ia boleh digunakan oleh semua pesakit yang

memerlukannya walaupun yang bukan mengidap sakit jantung. Unit seperti itu hanya terdapat di Kuala Lumpur dan Singapura.

Beliau berkata tanpa unit seperti itu di sini, perbelanjaan yang besar perlu dikeluarkan untuk menghantar pesakit jantung keluar Sabah. Selain itu pesakit terpaksa menunggu giliran mendapatkan rawatan tersebut.

Sejak ditubuhkan pada tahun 1981, tabung itu sudah mengeluarkan perbelanjaan kira-kira \$1.25 juta bagi menghantar 139 pesakit jantung ke Singapura, Kuala Lumpur, Filipina dan New Zealand untuk mendapatkan rawatan.

Datin Seri Genevieve juga mengumumkan bahawa syarikat minyak nasional itu dilantik menjadi anggota semur hidup tabung tersebut.

— Bernama

KOTA KINABALU, Tues. — The prospect of cardiac patients making donations to the SOS Heart Fund is slim as it is usually the reverse, but one such donation was made this morning by a little patient.

The parents of five-year-old Mah Soon Khun, Mah Min Kiong and Chai Nasip T. Ka, donated \$10,000 to the Fund just before the child's flight to Singapore for corrective surgery, the second in five years.

Soon Khun, who is accompanied by her mother, is expected to spend between 10 and 14 days at Mount Elizabeth Hospital.

SOS Heart Fund secretary Christine Vanhouten who received the donation said: "This is unusual, and one of the rare cases where the patient's family. It is a sincere gesture on the part of the patient's family."

Of the 154 heart patients sent overseas for medical treatment in the Fund's inception in 1981, fewer than 10 have extended donations. Furthermore, the sums donated were much less.

Puan Vanhouten said Soon Khun is the fifth patient to be sent to Singapore this year. The other were two children and two adults. "There are urgent cases. Selection is based on the seriousness of each case, and the doctor's recommendation," she added.

It costs the Fund \$18,000 to send each patient to Singapore, she added.

Hole-in-heart boy Norea Maklong, 2, from Nabawan was also scheduled to fly to Singapore today. But owing to unforeseen circumstances, MAS could not get a sufficient supply of oxygen from Kuala Lumpur on time for the patient.

It is understood that the Heart Fund notified MAS of the need through a travel agency last Saturday. Meanwhile, the Fund's officials are making arrangements for the child's flight tomorrow if possible.

Puan Vanhouten said the Heart Fund receives two types of allocations from the state government. To date, it has received \$110,000 for patients in need of urgent cases.

The Yayasan Sabah started the ball rolling with a grant of \$500,000 in 1988 shortly after the Heart Fund decided to invest in a catheterisation unit costing \$1.8 million.

Subsequently, the Fund raised \$150,000 from a major fund-raising dinner held the same year. Of the sum, \$100,000 was donated by individuals and companies during the dinner.

Puan Vanhouten said the Heart Fund has so far collected \$1.3 million for the purchase of the unit. Another half a million ringgit is needed to make the investment a reality.

She said the catheterisation unit can be used to investigate various diseases and not only cardiac illnesses. "Once we have acquired the machine, we will be able to save time and expenditure on invasive investigations by at least 50 per cent," Puan Vanhouten explained. "Saving time means saving lives as suffering from heart ailments is a matter of life and death."

As 14 cardiac patients from Sabah have to be sent to Kuala Lumpur or Singapore just for invasive investigations, and therefore have to make a second trip for corrective surgery if necessary.

In addition to the catheterisation unit at the General Hospital in Kuala Lumpur, the federal government has just installed one such unit at the newly-opened heart centre. There are 600 patients on the waiting-list in Kuala Lumpur alone.

The Heart Fund is studying the possibility of calling for tenders for the purchase of the unit, and the two suggested countries for the import are West Germany and Japan. The unit is likely to be installed at the Sabah Medical Centre.

Unusual gift



Little Mah Soon Khun with mum Chari Nasip T. Kia.

SABAH TIMES 14/03/1990 WEDNESDAY

BORNEO MAIL 14/03/1990



ON the way to a new lease of life... Little Soon Khun 'presents' a cheque for \$10,000 here yesterday to SOS secretary Christine Vanhouten as part of payment towards the cost of her corrective heart surgery. Looking on from left are SOS publicity officer Rupert Augustin, and Mr and Mrs...

Unselfish act by heart girl's parents

SABAH TIMES 07/03/1990 WEDNESDAY

SOS Fund: State govt is generous

KOTA KINABALU, Tues. — The state government, through the Social Council of Welfare Services under the Social Services Ministry, has been very generous to the SOS Heart Fund since its inception, the fund clarified in a statement today.

Minister Datuk Arah Tengku Ahmad has also been supportive and very concerned about the society which receives generous yearly allocations from the council, the statement said.

The clarification was made in response to a Sabah Times report published today which mistakenly said that the Heart Fund did not receive any allocation from the state government.

It also said that the fund received \$500,000 from the Sabah Foundation to help purchase a catheterisation unit.

New Sabah Times

HOME

Saturday August 18, 2001 5

Blue baby boy gets another chance

By SHANE SHAH

KOTA KINABALU: Nereus Jiliam was one of those blue babies - babies born with a defective heart, or commonly known as a hole in the heart.

He was not given long to live, unless he went for open heart surgery. His parents from Kampung Kallangan in Penampang, could ill afford treatment, let alone surgery.

But today, thanks to the SOS, Nereus is still alive and healthy.

Yesterday, at the SOS office at Jalan Lintas, a grateful Jiliam Masin, 36, a farmer and his wife Maria Gihol, 30, spoke of their sadness and then joy at knowing that Nereus would now be able to lead a healthy life just like any

Jiliam told *New Sabah Times* he was grateful that SOS sponsored the trip and bore the entire expenses for the operation.

The one-year-old Nereus used to be moody and easily threw tantrums, often refusing to eat his food, causing the couple sleepless nights, "but that's all behind us now," said a delighted Jiliam.

Jiliam who has six children, aged between 1 to 12 years old, said he could not afford to meet the operation expenses for Nereus.

"My wife and I are ever grateful to the SOS for coming to our aid. The pain and ordeal we faced before are over with the operation. We're thankful to SOS and all those who made the trip and operation possible," said Jiliam.

He said Nereus' health condition is now satisfactory though they still have to send him for regular medical check ups at the Queen Elizabeth Hospital.



A CHANCE TO LIVE... Nereus cuddles peacefully in his mother's arms.



ONE FOR THE ALBUM... Jilium (with tie) with Nereus family and SOS members.

SOS appeals for more donations for heart patients

KOTA KINABALU: The Sabah Society for Heart Fund (SOS) is appealing to members of the public, private sector, individuals and non-government organisations (NGOs) to come forward and help overcome its financial problems so that more heart patients could be sponsored for their operation.

Sabah's SOS president Datuk Seri Panglima Fred Jinu made this fresh appeal during an interview with *New Sabah Times* yesterday.

Fred said the society had spent more than RM200,000 in medical expenses to send 12 to 15 patients for operations each since it was formed in 1981.

Fred noted that during the period, the society had sponsored some 349 patients, with operation cost for each patient at

between RM20,000 to RM25,000.

He said the patients are either sent for operations to Gleneagles Hospital or the National Heart Institute (IHN) in Kuala Lumpur.

The president said he was saddened to note that they were unable to send more patients, including those who need

15th April 1992 (DAILY EXPRESS)



Jeremiah Isaac

Father of hole-in-heart baby seeks assistance



Encik Alex

good health "once and for all" if

KOTA KINABALU, Tues. - The SABAH TIMES

Friday July 27, 2001 5

10 heart patients sent to KL for treatment since April last year

KOTA KINABALU: The Society For Sabah Heart Fund has sent 10 patients to Kuala Lumpur so far since April last year and hoped to send more as there are still many patients registered with the Queen Elizabeth Hospital (QEH).

According to the society, there are two categories of patients which come under the sponsorship. First being, those fully sponsored by the society which includes the cost of air fares to treatment/surgery. Another category is where the society would only sponsor for the cost of the air fares.

Since its formation the



EVA SUSAU...honorary secretary.

Eva Susau was elected the new Honorary Secretary for the

SABAH TIMES 8/10/199



HEART TO HEART ...members of the Sabah Heart Association called on Head of State Tun Sakaran Dandai at the Istana Negeri in Kota Kinabalu yesterday. They were led by its President Datuk Fred Jinu and Secretary Senator Datuk Christine Tibok.

沙巴心臟協會協助 患心臟漏症小童 手術成功獲重

沙巴心臟協會協助一名患心臟漏症的小童，在吉隆坡接受手術，手術成功，小童獲重獲健康。協會表示，該名小童在手術前，因心臟漏症，身體極弱，且常發熱，經協會協助，前往吉隆坡接受手術，手術成功，小童獲重獲健康。協會表示，該名小童在手術前，因心臟漏症，身體極弱，且常發熱，經協會協助，前往吉隆坡接受手術，手術成功，小童獲重獲健康。



Amiliah (left) holding Nevlon with Eva (at right) and a QEH personnel.

Another Blue Baby is saved

By LARRY RALON
KOTA KINABALU: Not too long ago Nevlon Jesmin was at death's door. The 13-month-old was diagnosed as suffering from a large-sized ventricular septal defect - or a hole in the heart - which needed corrective surgery.

Thanks to the Society of Sabah (SOS) Heart Fund, he can look forward to living a normal life.

The younger of two sons of Jesmin Bungar and his wife Amiliah Linggon from Kg. Sanyap in Kota Belud, Nevlon returned from Kuala Lumpur, where he had undergone corrective surgery, with his elated mother Saturday.

He underwent surgery at Gleneagles Medical Centre on June 19, a week after the operation was originally scheduled. The toddler had caught a cold, thus necessitating the postponement.

An overjoyed Amiliah and her husband thanked all those who had made it possible for them.

She said they only knew the boy was suffering from the heart defect after admitting him to the Kota Belud district hospital for a minor lung infection last September. He was only three months then.

"Both of us were shocked and frightened after hearing the confirmation by the doctor because our son had always been active and playful...but he got tired easily and drank less milk."

"The doctor asked us to refer the case to the Queen

Elizabeth Hospital for specialist care. The heart specialist, through the QEH welfare unit, then referred our son to the SOS Heart Fund to arrange for immediate surgery due to the seriousness of his condition."

After undergoing a follow-up examination at QEH, Amiliah brought her son back to Kota Belud, Saturday.

SOS Heart Fund Secretary Eva Susau said Nevlon was their third patient this year and the 354th sponsored by them since the fund was set up in 1981.

The first and second this year was six-month-old Caroline Ioy Chin from Kg. TaliBong in Tamparuli who was diagnosed with moderate sized ventricular septal defect and Malben Peter, a 16-month-old from Sook Kenigau, also diagnosed as having a large sized hole in the heart.

"Both the previous two patients are reportedly doing well now and only have to go for a review of their condition once a month," said Eva, adding that each corrective surgery costs RM22,000 to RM26,000 depending on the seriousness.

She appealed for more donations from the public to assist young local heart patients, especially those from poor rural families.

Donations can be made out to the SOS Heart Fund, c/o P.O. Box 13370, 88838 Kota Kinabalu, 2nd Floor, Lot No. 18, Phase II, Likas. Donations made to SOS Heart Fund, upon issuance of receipt, are tax exempted.

Overseas Chinese Daily News 04/05/2002

Daily Express INDEPENDENT NATIONAL NEWSPAPER OF EAST MALAYSIA SUNDAY

PHH/18/12/2002 Vol. 1172 Kota Kinabalu, Sunday, 30th June, 2002 RM1.00 Established 1963

on smooth power transfer



Amiliah (left) holding Nevlon with Eva (at right) and a QEH personnel.

Another Blue Baby is saved

By LARRY RALON KOTA KINABALU: Not too long ago Nevlon Jesman was at death's door. The 13-month-old was diagnosed as suffering from a large-sized ventricular septal defect - or a hole in the heart - which needed corrective surgery. Thanks to the Society of Sabah (SOS) Heart Fund, she can look forward to living a normal life.

'Greatest gift of all' for Ranau farming family



GREY TEST SHAWAL GIFT...Mohd Ajwan giving Mohd Ajwan a kiss on his cheek. Photo by Eva.

Boy given new lease of life

From Page One But when the doctor gave up for a medical check-up on the 10-month-old, the doctor checked out his case for further examination to a health specialist at QEH. When the case was later referred to SOS Heart Fund through the welfare unit.

Harian Ekspres AKHBAR KEBANGSAAN BEBAS DI MALAYSIA TIMUR AHAD 30HB JUN 2002

Seorang lagi bayi selamat jalani pembedahan hasil bantuan SOS



AMILIAH (left) sedang mengopi. Nevlon sedang berputih-putih di tangan Tawana Jusong, SOS. Foto oleh LARRY RALON.

Long list for corrective heart surgery

By MARY CHIN KOTA KINABALU: Sabah has a long waiting list of 'hole-in-the-heart' patients recommended to undergo open heart surgery at the National Heart Institute (NHI) in Kuala Lumpur.

Hole-in-heart boy given new lease of life

By LARRY RALON KOTA KINABALU: A 53-year-old woman from Kota Kinabalu has every reason to be happy now that her heart patient grandson who had five holes in the heart, has been given a new lease of life.

Not all children with heart disease need surgery: Forum

By MARY CHIN KOTA KINABALU: Not all children with congenital heart disease need surgery, the Public Forum on You and Your Heart was told Sunday.

Hiidup baru bagi Vidarus

By LARRY RALON KOTA KINABALU: Vidarus, a 10-year-old boy from Kota Kinabalu, has a new lease of life after undergoing corrective surgery at the Gleneagles Medical Centre in Kuala Lumpur on July 24, sponsored by Society for Sabah (SOS) Heart Fund.

RM100,000 govt grant only enough for four patients

From Page One The RM100,000 annual grant from the State Government only allows to set an average of four involved per surgery which ranges between RM21,000 and RM26,000 per patient," said Eva.

LOCAL 2 THURSDAY, 14TH MARCH, 2002



Chin (extreme left) and his wife Yong (centre) with Caroline and Eva yesterday.

A second chance to live for girl, thanks to SOS

By LARRY RALON KOTA KINABALU: Caroline Ivy Chin, a six-month-old heart patient, brought back smiles to her parents after successfully undergoing cardiac surgery in Kuala Lumpur under the SOS Heart Fund.

What to do if you suspect congenital heart disease

By MARY CHIN KOTA KINABALU: Sabah has a long waiting list of 'hole-in-the-heart' patients recommended to undergo open heart surgery at the National Heart Institute (NHI) in Kuala Lumpur.

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Hiidup baru bagi Vidarus

By LARRY RALON KOTA KINABALU: Vidarus, a 10-year-old boy from Kota Kinabalu, has a new lease of life after undergoing corrective surgery at the Gleneagles Medical Centre in Kuala Lumpur on July 24, sponsored by Society for Sabah (SOS) Heart Fund.

RM100,000 govt grant only enough for four patients

From Page One The RM100,000 annual grant from the State Government only allows to set an average of four involved per surgery which ranges between RM21,000 and RM26,000 per patient," said Eva.

She thanked those who have donated towards the society and, at the same time, called for more people to come up with any sum to help the society can save at least eight to 10 patients for treatment yearly.

LOCAL WEDNESDAY, 10TH JULY, 2002

What to do if you suspect congenital heart disease

By MARY CHIN KOTA KINABALU: Sabah has a long waiting list of 'hole-in-the-heart' patients recommended to undergo open heart surgery at the National Heart Institute (NHI) in Kuala Lumpur.

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LOCAL

Not all children with heart disease need surgery: Forum

By MARY CHIN KOTA KINABALU: Not all children with congenital heart disease need surgery, the Public Forum on You and Your Heart was told Sunday.

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The newly-elected Executive Committee with Christine (seated at centre).

SOS Heart plans to widen its role

By MARY CHIN
KOTA KINABALU: The forward-looking Sabah for Society (SOS) Heart should consider expanding its role and functions from being a mere fund-raiser since its inception in the early eighties.

Christine takes over as president
Newly-elected President for 2003-2005, Senator Datuk Christine Tihk Vanhouten, touched the subject on Saturday at the society's annual general meeting held at its official premises in Lina, near Jalan...

364th patient sponsored by the SOS

By LARRY RALON
KOTA KINABALU: In celebration of when the SOS Heart Fund has sponsored its 364th patient, the society has held a special event at the Queen Elizabeth Hospital (QEH) in Kota Kinabalu.



Abigail, the second child of Clark Edward and Christine, who was sponsored by the SOS Heart Fund for her heart surgery.

Do your bit to help SOS fund heart patients, corporate bodies told

By ROSIE INUS
KOTA KINABALU: Society for Sabah (SOS) Heart Fund has appealed to corporate companies to donate generously to enable the society to send more patients with heart defects to get treatment and surgery.

Members of the public who do not receive the appeal letter can also make their donations through SOS organizing chairperson, Evon Susana, at telephone no. 312715, or mail their donations to Peranakan Tabung Rarantan Pesakit Sabah (SOS) for Sabah Heart Fund, P.O. Box 13370, 88838 Kota Kinabalu or Lot No. 18, 2nd Floor Likan, Likan Plaza, Phase 11, Mile 4.5, 88400...

Daily Express

INDEPENDENT NATIONAL NEWSPAPER OF EAST MALAYSIA

PPH/8/12/2003 Vol. XL: 100 Kota Kinabalu, Thursday, 17th April, 2003 RM1.00 Established 1963

Hole-in-heart girl given new lease of life

By LARRY RALON
KOTA KINABALU: Abigail Edward, a nine-month-old girl, has been given a new lease of life after undergoing a successful heart surgery at the Queen Elizabeth Hospital (QEH) in Kota Kinabalu.



Abigail, the second child of Clark Edward and Christine, who was sponsored by the SOS Heart Fund for her heart surgery.

HELPING OUT... Christine (seated second from left) with SOS members holding a copy of the Postal Donation Drive appeal letter yesterday.

363 patients, who were mostly children from poor families, had benefited from treatments and surgeries. The latest patient is seven-month-old girl, Christine Dason, who fell for treatment at the Gleneagles Medical Centre. SOS is a non-profit voluntary organisation with the main objective to raise funds to assist needy patients who need heart surgeries and for other medical or surgical attention either not obtainable in Malaysia. However, in seeking treatment overseas the Heart Director must set up...

Daily Express

INDEPENDENT NATIONAL NEWSPAPER OF EAST MALAYSIA

PPH/8/12/2003 Vol. XL: 3 Kota Kinabalu, Saturday, 4th January, 2003 RM1.00 Established 1963

Boy, 6, is latest heart aid recipient

By LARRY RALON
KOTA KINABALU: Seven young heart patients obtained a new lease on life last week, thanks to the Society for Sabah (SOS) Heart Fund which sent them for surgery in Kuala Lumpur.



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'Greatest gift of all' for Ranau farming family

By LARRY RALON
KOTA KINABALU: Despite being unable to celebrate Hanee's birthday together, a farming family in Ranau was given the greatest gift of all - the successful surgery of their youngest member of the family.



Hanee, the youngest member of the family, who was given the greatest gift of all - the successful surgery of her heart defect.

Mum's 'longest' wait ends in joy

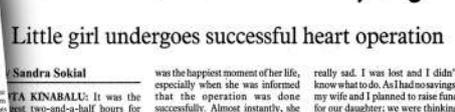
By LARRY RALON
KOTA KINABALU: A mother's longest wait for her child to undergo a successful heart surgery ended in joy as the child was discharged from hospital.



Hanee, the youngest member of the family, who was given the greatest gift of all - the successful surgery of her heart defect.

Little girl undergoes successful heart operation

Sandra Sokial
KOTA KINABALU: It was the happiest moment of her life, especially when she was informed that the operation was done successfully. Instantly, she knew that everything was going to be alright.



Hanee, the youngest member of the family, who was given the greatest gift of all - the successful surgery of her heart defect.



Seven young heart patients obtained a new lease on life last week, thanks to the Society for Sabah (SOS) Heart Fund which sent them for surgery in Kuala Lumpur.

Skipping for a good heart, anyone?

By LARRY RALON
KOTA KINABALU: The Society for Sabah (SOS) Heart Fund will continue to sponsor heart surgery for children with heart defects in Sabah.



Hanee, the youngest member of the family, who was given the greatest gift of all - the successful surgery of her heart defect.

HOME/FEATURE

S.O.S Heart Fund: Caring with a heart

The Society for Sabah Heart Fund had its modest beginning in Sabah. Some caring members of the public mooted the idea of setting up the Society when the need to help a long list of about 200 heart patients arose in the State in the early 1980s. Our reporter Desmond Dalks talks to the S.O.S Honorary Secretary Puan Eva Susana who has this to say.



Puan Eva Susana, Honorary Secretary of SOS Heart Fund.

Harian Ekspres

AKHBAR KEBANGSAAN BEBAS DI MALAYSIA TIMUR



Seven young heart patients obtained a new lease on life last week, thanks to the Society for Sabah (SOS) Heart Fund which sent them for surgery in Kuala Lumpur.

Skipping for health

By LARRY RALON
KOTA KINABALU: About a hundred people, mostly preschool children, took the opportunity to learn the proper techniques of skipping during the SOS Heart Fund's 'Jump for Heart' exercise event held in Kota Kinabalu Sunday.



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Hidup baru bagi tujuh pesakit jantung

By LARRY RALON
KOTA KINABALU: Tujuh pesakit jantung yang telah menjalani pembedahan jantung di Kuala Lumpur kini dapat menjalani kehidupan normal. Mereka adalah anak-anak yang telah dioperasikan oleh SOS Heart Fund.



Seven young heart patients obtained a new lease on life last week, thanks to the Society for Sabah (SOS) Heart Fund which sent them for surgery in Kuala Lumpur.

StarMetro

Boy returns to Tambunan after heart surgery



TOUSSING his son's hair, former Victor Mangapa, 32, is grateful to learn that Caser Dec, six, now has a new lease of life, thanks to the SOS Heart Fund.

Several years ago, Caser was diagnosed with a heart ailment called Fallot's Tetralogy that required corrective surgery in Kuala Lumpur.

But Victor, who comes from the interior Tambunan district, knew that it was impossible for him to pay for the surgery.

Fortunately, staff at the Queen Elizabeth Hospital welfare unit referred Victor and his wife, Agatha, 32, to the SOS Heart Fund.

The fund paved the way for Caser to undergo the surgery of Glennagles Medical Centre in Kuala Lumpur.

The family returned to Kota Kinabalu last week.

Victor expressed his gratitude to the fund and the Queen Elizabeth Hospital staff.

"We are really thankful for those involved. It's a relief that Caser is now healthy and able to live his life as normal," he said.

The SOS Heart Fund depends on donations to help needy patients like his.

DAILY EXPRESS

What to do if you suspect congenital heart disease

TAKE your child for a check-up with your regular doctor.

If the doctor suspects a likelihood of a congenital heart disease, he or she will refer the child to a paediatrician.

Last year, 998 cases were referred to the QEH for cardiac examinations.

The paediatrician does a thorough clinical examination of the heart. In addition, tests like the chest X-ray and Electrocardiogram (ECG) may be done if deemed necessary.

Finally, an Echocardiography (ECHO) or sophisticated ultrasound of the heart may be performed to confirm the diagnosis and to determine the type of

LOCAL

Long list for corrective heart surgery

By MARY CHIN KOTA KINABALU: Sabah has a long waiting list of "hole-in-the-heart" patients recommended to undergo corrective heart surgery at the National Heart Institute (INI) in Kuala Lumpur.

SOS Heart Fund Consultant Paediatrician, Dr Soo Thian Lan, said the routine surgery date for such patients will be January 2025.

"The queue is very long despite Queen Elizabeth Hospital (QEH) having sent 48 patients (born with various heart abnormalities) to INI between January and June this year. All except one survived their operations. Last year, 96 patients under the care of the hospital underwent a similar surgery at the institute," he told *Daily Express*.

What happens if a patient's condition worsens between now and 2025?

"We have two options. One is to make an urgent referral to INI in the hope that they can cope with the case. If this is not possible, then we'll refer the patient to the SOS Heart Fund. We have two escape hatches," Dr Soo quipped.

Any patient died while awaiting his or her turn to be declared to undergo surgery in KL? The consultant paediatrician quipped international figures, he said the incidence of congenital heart disease (CHD) is six to eight per 1,000 births, one-third of all reported cases of CHD is in the "Walk-a-Mile" walk on Saturday.



Dr Soo



Mastika being comforted by her mother.

New lease of life for year-old heart patient

Successful Op. Caser (right) with his parents Victor and Agatha, posing with (from left) Queen Elizabeth Hospital consultant paediatrician Dr Soo Thian Lan, SOS Heart Fund secretary Eva Esau and his welfare unit officer Abdul Ghani Dattak Fadil.

Dance for the heart



THE Deputy Chief Minister's wife, Datin Seri Panglima Siti Jayyah Mohd Yunus (middle), dances the Pocho-Pocho together with SOS Heart Fund Founder President, Toh Puan Rahimah Stephen (right), and its President, Datin Christina Van Houten (left).

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自願福利團體獲百萬撥款

【本報亞庇廿八日訊】副副席部長拿督耶那胡今日表示，州政府今年撥款給自願福利團體，將近1百70萬令。

他指，這筆97萬7千8百令的年度撥款，將透過沙巴社會服務理事會，發放給屬下成員。

“增加撥款，是為了支持社會服務理事會成員舉辦活動，提供他們的服務和援助的需要。”

他今日在沙巴社會服務理事會禮堂，主持該理事會最高理事會後，分發撥款予各成員團體，如是表示。

也是州社會發展和福利事務部部長的拿督耶那，同時也是該理事會主席。出席會議者包括：助理部長佐那、常務秘書達恩羅、以及也是該理事會秘書的福利服務局總監拿督瑪士托。

“與此同時，耶那說，該理事會成員應善用政府這項撥款，達到政府和福利服務理事會，幫助有需要人士的目的。”

他說，政府向來不時制定和擬定計劃，以迎合現代的需求，并充分利用即有的資源。

因此，他促請沙巴社會服務理事會管理委員會，以及這些自願福利團體的領袖，能夠給他們進行各項活動和計劃的有效性，以便真正切合現代社會福利的情況和社會的需要。

心漏症病童依溫達幾經重重波折 終自隆矯正歸來

【亞庇十六日訊】一名患有嚴重的心漏症病童依溫達，終於在沙巴沙心基金會的協助下，完成心臟手術。

依溫達在出生時，就患有嚴重的心漏症，並伴有肺動脈狹窄，並伴有肺動脈狹窄，並伴有肺動脈狹窄。

依溫達的父母在得知依溫達患有嚴重的心漏症後，曾帶他到多個國家求醫，但均未能根治。

直到依溫達三歲時，他的父母在沙巴沙心基金會的協助下，得知該基金會正籌備一項名為“Walk-a-Mile”的籌款活動，便決定參加。

依溫達的父母在籌款活動中，獲得多位僑胞的慷慨解囊，共籌得一萬五千令。

依溫達的父母在籌得這筆款項後，隨即與沙巴沙心基金會聯繫，並獲得該基金會的協助，前往吉隆坡接受手術。

依溫達的父母在吉隆坡接受手術後，依溫達的病情穩定，並獲准回國。

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比去年增22%

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沙心臟基金會正式推介 Pocho-Pocho 舞蹈防心臟病

【本報亞庇廿七日訊】為提高健康意識，沙巴沙心基金會（SOS Heart Fund）今日舉行沙巴沙心基金會正式推介 Pocho-Pocho 舞蹈防心臟病。

沙巴沙心基金會主席拿督耶那今日表示，Pocho-Pocho 舞蹈是一種簡單易學，且能增加心肺功能的舞蹈。

他指，Pocho-Pocho 舞蹈是由沙巴沙心基金會的創辦人，拿督耶那與其夫人，拿督瑪士托共同創作的。

拿督耶那表示，Pocho-Pocho 舞蹈不僅能增加心肺功能，還能增加肢體活動，並能增加肢體活動。

Society for Sabah Heart Fund anniversary do

KOTA KINABALU: The Society for Sabah Heart Fund (SOSHF) will be celebrating its 25th anniversary here on August 5, this year.

SOSHF President Datin Christine Tibok

Christine said the SOSHF would be selling tickets for the event where each table is going for RM5,000.

SOSHF President Datin Christine Tibok

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SOSHF President Datin Christine Tibok



Ahmadshah (3rd from left) with the delegation from SOS Heart Fund. Flanking him are Vanhouten (2nd from left) and William.

SOS Heart Fund to celebrate silver jubilee

By Mary Chin KOTA KINABALU: The Society for the Sabah Heart Fund (SOSHF) is celebrating its silver jubilee this year.

The SOS Heart Fund has existed for the past 25 years. Its continuity is attributed largely to contributions by philanthropists, generous donors and strong support from the general public. All donations received are

ANNIVERSARY PARTY ... Christine showing the tickets to Yahya while Janet (right) and Eva (left) look on.



HOME

Wednesday March 28, 2007 3

HEART OP DAVID IS DOING FINE



By JENNE LAJIUN
KOTA KINABALU: Yet another child suffering congenital heart disease in Sabah has successfully undergone heart surgery, thanks to the kind assistance of the public and efforts of the Society for Sabah Heart Fund (SOSH).

VIBRANT AND HAPPY...David with his mom, Rina, daddy (left) and Eva (right) after the surgery

New Sabah Times Sunday July 2, 2006

1.7m OBESE ADULTS RISK HEART ATTACK

The number of obese persons in the country on the rise, says Dr Rahimah

By JENNE LAJIUN

KOTA KINABALU: Some 1.7 million adults in Malaysia are likely to suffer from cardiovascular disease due to obesity.

And, the number of obese persons in the country is on the rise. Speaking at the opening of a public talk on 'How Young is Your Heart', State Health Director Dafin Dr Rahimah Mahid said obesity must be regarded as a major public health problem which must be...



FOR COMING...Christine (left) presenting a memento to Dr Rahimah (centre) while Eva (right) looks on.

Utusan Borneo, Ahad 28 Mei 2006

Pocho-pocho untuk jantung anda

KOTA KINABALU: Istari Timbalan Ketua Menteri, Datin Siti Juyah Mohd. Yunis telah menyalami istari Ketua Menteri, Datin Hajah Faridah Haji Tunis merasmikan program Pocho-Pocho Untuk Jantung Anda (Pocho-Pocho For Your Heart) di Dewan Masyarakat Damai, Luyang, kelmarin.



Juyah (dua dari kanan) menerima cenderamata daripada Christine sambil diperhatikan oleh Mohd. Noor dan Puan Eva Susau (kiri).

Daily Express

Community

MONDAY, 27TH AUGUST, 2007 15



SOCIETY VISITS CENTRE: The Society of the Sabah Heart Fund President Datuk Christie Thibok... The centre, which has treated 105 patients funded by the society since its establishment in 1996 reaffirmed that it is the society's duty to the society's del Lim Min Kang (C Controller).

Joyful hearts for five kids

Sabah Heart Fund Society and Korea Food For the Hungry International bring health and happiness for more Sabah children with congenital heart condition.

By Fuzain Mydin

KOTA KINABALU: Five-year-old Anisa Chan... The surgery was made possible by the Sabah Heart Fund Society and Korea Food For the Hungry International (KFFHI).

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Daily Express Local

MONDAY, 7TH APRIL, 2008 5



Azizah (second, second right) with Hapinasha, her mother Yusini and Eva (right).

Azizah assures less fortunate

LIKAS: The Ministry of Community Development & Consumer Affairs wants to make a difference to the lives of the community, in particular less fortunate. Minister Datuk High Anifah Mohd Dan said Friday, towards this end, her door will be opened and she will look into any good ideas for the benefit of the community as a whole.

Daily Express Local

WEDNESDAY, 28TH MARCH, 2007

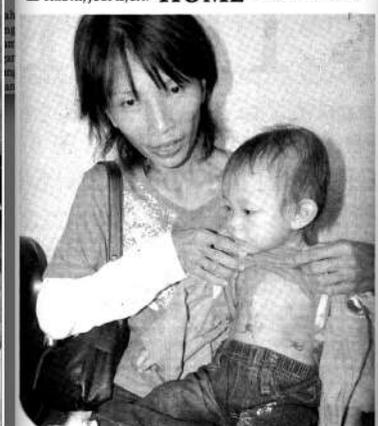


David showing the scar of the surgery.

Boy, 3, now more active after heart surgery

By CV Chong

2 FRIDAY, JULY 13, 2007 HOME THE BORNEO POST



Musinee showing the sutures on her child Nelly after arriving at the KK International Airport from Kuala Lumpur.

Another young life saved with successful heart surgery

By CV Chong

BORNEO POST 20/07/2008



Nee Anisa with her father after the surgery.

Daily Express Local

TUESDAY, 5TH FEBRUARY, 2008 3



The first heart patient with congenital heart disease at the SOS heart centre.

SOS: Set up heart centre for young

By JENNE LAJIUN

KOTA KINABALU: Society for the Sabah Heart Fund (SOSH) on Monday... The centre, which has treated 105 patients funded by the society since its establishment in 1996 reaffirmed that it is the society's duty to the society's del Lim Min Kang (C Controller).



SOSH PATIENT...Visiting with his grandmother, smiling while showing off his surgery marks.

HEART OP GIRL'S NEW LEASE OF LIFE

Report by JENNE LAJIUN

KOTA KINABALU: Four-year-old Nelly... The surgery was made possible by the Sabah Heart Fund Society and Korea Food For the Hungry International (KFFHI).

NEW SABAH TIMES Sabah's First Established Paper

FAMILY JOY FOR HOLE-IN-HEART NORSHASHA

Family joy for hole-in-heart girl

SOSH helps its 356th heart patient

KOTA KINABALU: Another patient was happy that he would be able to attend school for the first time after operation cost which ranged from RM20,000 to RM30,000.

RM375,000 needed to send 36 for heart surgery

KOTA KINABALU: The Society for the Sabah Heart Fund (SOSHF) requires RM375,000 to send 36 patients for corrective heart surgery, said its Honorary Secretary, Eva Susau.

She said 17 of the patients would be sent to South Korea under the co-sponsorship of the Korean Food for the Hungry International, while the rest would undergo their surgeries in Kuala Lumpur.



Eva (left) handing over the Raffle Draw books to Winson Pang (2nd from left) of the Little Italy Restaurant yesterday.

replies given by a parent to a Society for the Sabah Heart Fund's (SOSHF) patient when asked when borrowing some cash from either close relatives or neighbours. "Some though, prefer to

the SOSHF hopes to raise enough money to send seven patients to undergo corrective heart surgery.

Eva is urging the public to help them with their cause by purchasing the Raffle Draw tickets costing about RM2.50 each or RM25 per book.

Prizes up for grabs include a Toyota Rush Four-wheel Drive 1.5G automatic, a complete Nike golf set, a Panasonic 40" LCD TV and 10 BlackBerry hand phones.

Tickets are available for sale at the Little Italy Restaurant, Orion Shipping, Intan Insurance Agency, the Cancer Society, the Society for the

SOS Heart Fund reiterates call Speed up hospital for heart patients

Larry Ralon KOTA KINABALU: The Society for the Sabah Heart Fund (SOSHF) reiterated its call to the Health Ministry, to speed up the construction of a new hospital to enable heart patients to receive timely medical attention.

The President, Datuk Christine Tibok-Vanhousten said this is vital for the convenience of patients because many young Sabahans are suffering from heart disease. "We are concerned over the serious, particularly among young people, in the State. We hope that the Government will speed up the construction of a new hospital in Korea, for the correction of heart patients."

She said this in a ceremony handing-off of nine more young heart patients to the SOSHF. The group, the third batch of under the same sponsorship by the

地政及房屋部部長哈芝
嚴重警告該部地方官
嚴守職守將被嚴懲

【亞庇廿一日訊】地政及房屋部長哈芝今日警告該部地方官嚴守職守將被嚴懲。他指，政府將採取行動對付，包括撤換地方官。

哈芝在昨日出席一項由地政及房屋部主辦的會議時，對地方官提出嚴厲警告。他指，地方官在處理地政及房屋事務時，必須嚴守職守，否則將受到嚴懲。

哈芝又指，地方官在處理地政及房屋事務時，必須與市民保持良好的溝通，並確保地政及房屋事務的透明化。

阿茲莎籲公眾均衡飲食 常做運動保護心臟

【亞庇廿一日訊】中風及心臟病是導致死亡的主要原因。阿茲莎呼籲公眾均衡飲食，並常做運動，以保護心臟健康。

阿茲莎指出，均衡飲食包括多吃蔬菜、水果、全穀類食物，並減少高脂肪、高糖及高鹽食物的攝入。

她亦呼籲公眾常做運動，如散步、游泳或打網球，以增強心臟功能，降低患心臟病的風險。

Local/Nation
SUNDAY, 15TH FEBRUARY, 2009

NGOs can expect a little more: Azizah

Jo Ann Mool KOTA KINABALU: Non-governmental organisations (NGOs) can expect a little more money from the Government in the coming year, said Prime Minister Datuk Seri Najib Razak.

He said the Government is committed to supporting NGOs in their efforts to improve the lives of the people in Sabah.

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【亞庇十四日訊】州內廿三個非政府組織今年共獲得一百卅萬令吉撥款，較去年的一百零二萬令吉撥款，增加廿七巴仙。

社會服務及消費人事務部部長拿督阿茲莎指出，沙巴心臟病患者基金會今年所得撥款為廿萬令吉，較去年增加四萬五千令吉。

她表示，該部將透過旗下公共福利局，給予州內非政府組織支持。

「這一切證明政府非常關注，以及樂意協助任何有需要的團體。」

阿茲莎稱今日為沙巴心臟病患者基金會的網頁 www.sabahheartfund.com 主持推展儀式時，如是披露。

她說，據她了解，沙巴擁最多心臟病患者且無年齡限制，加上每名患者醫療費用估計為兩萬五千令吉，因此對該協會而

該協會每年創立新約四百名患者。若沙巴內科專科醫生，協會則會派潘拉希瑪蒂蒂芬、副主席蔡天送在社吉隆

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患至吉隆坡治療。除了送病者到吉隆坡求醫外，我們自兩年前與興國 Food for the Hungry 協會合作後，也先後在二零零七和去年，分別送十六和十七名患者到韓國求醫。

她也透露，該協會兩三年前，每年可獲得十二萬令吉撥款。

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ks before the draw date April 25," she said. Further information on the Raffle Draw can be obtained from the SHF website at www.sabahheartfund.com

all Eva at 019-827977.

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HOME

Friday February 6, 2015

Please help my girl one more time, appeals dad



By JENNE LAJUN

Olybia kakal momoguno kopomodulian

Montok mindalan pongusapan monombol luang tundundu'

DI JENNE LAJUN



NewsSabahTime

I ZININ ontok pinogokho dilo' bagas do pimpanalantian di kumoinan i minamarasid do tuhat id topos di Olybia.

12 Saturday August 22, 2009

HOME

News Sabah Times

SOSHF hopes federal govt speed up establishment of Sabah's own heart centre

KOTA KINABALU: Society for the Sabah Heart Fund (SOSHF) hopes the federal government would speed up the establishment of Sabah's own heart centre.

She added that the centre would also help ease the trauma faced by the patients and their families.

It would also reduce the cost of treatment and other expenses borne (such as air tickets and accommodations) by the society.

Nine heart patients to undergo heart surgery



Noor Azlin (third from left) handing over the cheque to Christine... Christine said that they hoped more individuals and organisations such as YTA...

A6 THE BORNED POST Thursday, September 10, 2009

S.O.S Heart Fund'S 455th patient returns home



KOTA KINABALU: One-year-old Kelvin Sakius is now a more active boy after undergoing a heart surgery in Kuala Lumpur.

14/02/2009 UTUSAN BORNEO



DANA ... SOS melancarkan projek mengumpul dana bagi membantu pesakit. Kelihatan Christina (dua dari kiri), bergambar bersama Pengerusi Penganjur merangkap Setiausaha Eksekutif SOS, Eva Susau (kiri sekali), bersama Pengasas SOS, Rahimah Stephens.

SOSHJ perlukan RM300 ribu setahun biayai rawatan pesakit

Oleh MYZATUL AKHMA JANIL

Korea. Namun, dengan dana yang ada...



Eva (left) handing over the Raffle Draw books to Winson Pang (second from left) of the Little Italy restaurant, yesterday.

Raffle draw to raise \$ for heart patients

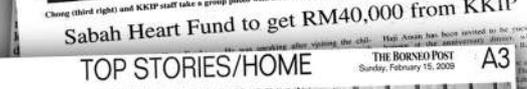
Sabah has most heart patients

By Suraidah Roslan
KOTA KINABALU: Sabah has recorded the highest number of heart patients compared to other states in the country, according to Community Development and Consumer Affairs Minister Datuk Hajah Astiah Mohd Dun.

Chang (third right) and KKHF staff take a group photo with a child with a heart condition who will benefit from KKHF's donation.

Sabah Heart Fund to get RM40,000 from KKIP

THE BORNED POST Sunday, February 15, 2009



447 heart patients have benefited from SOS Fund

KOTA KINABALU: The Society for Sabah Heart Fund (SOSHF) has sent 30 child heart patients to Korea for treatment, said its President, Datuk Christine Tibok Van Houten.

HOME/CITY HAPPENINGS THE BORNED POST Monday, December 21, 2009 B1



Heart Week a success

KOTA KINABALU: As part of the "Heart Fund Awareness Program" the Society for the Sabah Heart Fund had jointly organized the "Heart Week 2009" with Malaysia Heart Foundation at the Karamunting Complex here from November 8-15.



'Kesejahteraan di Tempat Kerja'

Ujiajia... Glukosa... Pameran... The event was a success, more so with the cooperation from Sabah Health Department, Queen Elizabeth Hospital, City Hall, Crest Megaway Sdn Bhd and Nestle Product Sdn Bhd.

Tuesday March 30, 2010 7

Korean doctors to conduct screening process to local heart patients

By PAUL MU paul@newsabah-times.com.my

KOTA KINABALU: A team of Korean doctors from the Bucheon Sejong Hospital will be coming here in May this year to conduct a screening process for our local heart patients.

Society for the Sabah Heart Fund, honorary secretary Eva Susau said that during the examination the patients selected will undergo corrective heart surgeries in South Korea. "We hope they will select more patients this time around," she said.

of airfare to send a patient to Kuala Lumpur," she said. "To Korea, we are so blessed we only pay for the airfares which cost RM300 for the mother and the child RM150 as well as RM450 for the passports. We also give them a daily allowance of RM150. Next time, we hope to make a special arrangement with the Immigration Department so that we can save cost," said Eva.

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Eva Susau

Hospital for free cardiac surgeries.

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Cardiac centre lifts hopes of patients

By Anna Vivienne

KOTA KINABALU: The cardiac centre at the Queen Elizabeth Hospital II here is ready for operation after 15 years of waiting.

Society for the Sabah Heart Fund (SOSHF) President Datuk Christine Vanhouten said the centre is however yet to be fully operational due to a lack of personnel.

The cardiac centre, headed by Dr Liaw Houng Bang, has state of the art equipment that is on par with centres in Penang and Kuching, she said, adding they are just waiting for staff to come back from training.

According to her, more Sabahan doctors are expected to come back from overseas and would be able to contribute tremendously to the centre.

Speaking to reporters after a public forum organised by SOSHF at Beverly Hotel here yesterday, she said the setting up of the cardiac centre here would ensure that patients are not exposed to unnecessary stress when going overseas

for treatment. "The patients are from remote kampongs and some of them had never been exposed to overseas trip, so I think it will help them in terms of stress.

There are some who have never been on airplanes. It is a lot of stress for them, so if the unit is already here, they will be near to their family.

I have seen patients about to go to Korea, with the father carrying one child and four more kids, while the mom carried the sick child. When they said goodbye, they are just waiting for staff to come back from training.

With the unit here, we will reduce both stress and cost," she said, adding that the treatment cost for a patient going overseas is between RM30,000 to RM55,000.

"We send an average of 12 children a year for operation and since 1981, 491 patients have been treated," she said.

SOSHF will celebrate their 25th anniversary in 2011.

Earlier, Community Development and

Consumers Affairs Minister Datuk Azizah Mohd Dun, who officiated the event, commended the SOSHF for holding the forum, saying that it has done a good job in raising funds for patients who could not afford life-saving surgery.

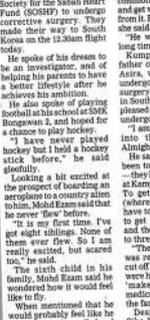
She said the preventive approach was however still the best way to reduce the burden of cardiovascular diseases. "I urge all Malaysians in Sabah to adopt a healthy diet and lifestyle to keep away from heart problems.

I also urged non-governmental organisations (NGOs) to give more awareness and educational talks as well as campaigning against smoking and obesity in schools," she said.

According to her, heart diseases could be minimised if not avoided if people take responsibility for their health and be mindful of what they eat.

The public forum was attended by members of the medical profession and members of NGOs.

Christine presents a souvenir to speaker Dr Soo Tian Lian as SOSHF secretary Eva Susau SOSHF honorary secretary looks on.



Christine presents a souvenir to speaker Dr Soo Tian Lian as SOSHF secretary Eva Susau SOSHF honorary secretary looks on.

A6 HOME Saturday, May 15, 2010



Eva (right) with a patient who returned from a heart surgery in Korea on April 29 this year. Four other patients who had also undergone the surgeries in Korea, returned on April 18.

Society to send 50 kids for heart surgery

KOTA KINABALU: The Society for the Sabah Heart Fund (SOSHF) cardiac specialists will join the team to make Queen Elizabeth Hospital II regional heart center heart disease to undergo corrective heart surgery and live a normal life.

The cost of sponsoring a patient

YOUR LOCAL VOICE TUESDAY, 16TH NOVEMBER, 2010 3

SOS Heart Fund receives boost

Larry Ralon KOTA KINABALU: The Society for Sabah Heart Fund's (SOSHF) effort to assist young heart patients in the State received a boost when CIMB Private Banking named it as a recipient under the CIMB Care Programme.

Representing the SOS Heart Fund in thanking the bank, its Secretary Eva Susau said all donations received under the programme will go for the sponsorship of

It costs between RM30,000 and depending on the severity of each case, she said, adding that the Society was touched by the bank's gesture.

Eva said since its inception in 1981, the SOS Heart Fund has sent 493 patients for heart surgery, especially poor children who were born with hole-in-the-

At this moment, she said, the Society has one patient undergoing corrective heart surgery in Kuala Lumpur and another two will be sent to Korea next month.

adding that lodging and transportation fees may not come easy for most as they have just sold their chickens or a pig down.

She said the Society will organise charity event to raise funds for the needed half-way home next year, in conjunction with its 30th anniversary.

It also plans to have the half-way home near the Likas Hospital in Jesselton.

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HOME Sunday, 10th January, 2010 5



Eva with the patients sent to Bucheon Sejong Hospital, Korea.

28 sent for surgeries by SOS Heart Fund last year

KOTA KINABALU: The Sabah Heart Fund (SOSHF) has sent 28 young heart patients for corrective heart surgery outside the State since its inception in 1981.

Its Honorary Secretary, Eva Susau, said 28 patients were sent last year, out of which 15 were sent to Gyeongseong Injeon Medical Centre, Gyeongsang, South Korea and four to Bucheon Adventist Hospital.

She said eight more patients under the 2009 medical operation to Korea had been referred to this year, whilst 11 more will be sent to Penang Adventist Hospital, of which five will be fully sponsored by SOSHF.

The Society also appealed to the public to donate generously to it to enable more unfortunate patients to be given a new lease of life.

Eva said all donations to SOSHF are exempted from tax. Donations in cheques can be sent to the Society for the

Daily Express
Thursday, May 3, 2012

Your Local Voice | 11



Eva (right) with the two boys and their parents and Lions Club KK Host officials

Two more patients for heart surgery in Seoul

KOTA KINABALU: The Society for the Sabah Heart Fund recently sent another two young patients to Seoul for corrective heart surgery.

In a statement issued by the society's honorary secretary, Eva Susau, the two-year-old boys, Edwin

"This is made possible with the collaboration with 'KK Lions Host' and 'Lions International Korea' this time around.

"This marks the beginning of a partnership with the two Lions members," she said.

This project, named Warmest H

normal life after the operation. Susau said full sponsorship from the society means that each child need

about RM250,000 for the surgery.

THE BORNEO POST
Monday, October 15, 2012



Susau (second left, back row), Soshf president Datin Christine Vanhouten (fourth left, back row) and other Soshf committee members with the seven children and their parents yesterday.

Seven kids for heart surgeries in Korea

KOTA KINABALU: Seven children with congenital heart disease were yesterday sent to South Korea for corrective heart surgeries.

The child patients, including one from Lawas, Sarawak, were selected for the treatment based on the recommendations by government hospitals, according to Society for Sabah Heart Fund (SOSHf) which organises and sponsors the trip.

The next 20 days at Bucheon are the start of a fresh lease of life for the children.

SOSHf honorary secretary Eva Susau said that since year 2007, the Fund has sent 51 heart patients to Korea, while another group will be going before the year end.

"This project is fully sponsored by non-governmental organizations (NGOs) in Korea, while SOSHF covers the airfares, passports, travel insurance as well as pocket money for each parent.

"Approximately, we spend about RM5,000 for each child and parent on this project, with the money coming from various fundraising activities, donations from corporate organizations and individual donors.

"We are hoping for more donors come forward to be part of this project," she said at SOSHF office, Plaza yesterday before sending off the children and their parents.

Susau said the number of patients recommended by government hospitals in Sabah is not only patients from Sabah but also hospitals from Sarawak and Brunei, especially Lawas, have started to approach



Arifah Maisarah (left) in the arms of her father, and her mother, Alishah Malik.

SOSHf after learning many children have benefited from the project.

Nurul Syifa Amani Awang Asmadi, 4, from Lawas is one of the patients who flew to Korea yesterday morning.

Her father, Awang Asmadi Jamari, who is accompanying her on the trip, is looking forward to the days when the girl will be able to play with the other healthy children.

"There is another organization doing this kind of welfare in Kuching, but the capital city is too far from Lawas. Kota Kinabalu is nearer, that is why the hospital has recommended us to SOSHF.

"Waiting for our turn for the surgery in the LJK (National Heart Institute) in Kuala Lumpur is like forever. Thanks to SOSHF for giving us another option," said Nur Elzahraa Abdurrahman, 18-month-old daughter of Nur Elzahraa Abdurrahman, 32, and his wife Dayangku Rahimah, the airport.

Meanwhile, Alishah Malik, 32, said she never knew about SOSHF until the Sabah Women and Children's



Children (standing fourth left), Dr Soo (second left) and Susau (left) with members of Korea Food for the Hungry International in Sabah with the child patients and their parents before departure yesterday.

More children to Korea for heart surgery

By Sarah Heston

KOTA KINABALU: Another five young children with congenital heart disease were sent to South Korea yesterday by the Society for Sabah Heart Fund (SOSHf) for heart surgery in Korea.

The children were selected to undergo medical surgery at the Bucheon Sejong Hospital, Korea.

SOSHf president Datin Christine Vanhouten said that the program will benefit children and their parents.

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Daily Express
Sunday, June 24, 2012

Local

Your Local Voice



Jornah (foreground), flanked by Dr Soo and Eva (4th right), with other guests. Behind her is Dr Tan.

Minister assures support to build halfway home for heart patients

MARY CHIN

KOTA KINABALU: Minister of Community and Consumer Affairs, Mohd Dun, has assured support to build a halfway home for heart patients.

"This is a bold step taken by young heart patients while undergoing medical treatment at the Likas Women and Children's Hospital or when they are on treatment overseas such as in Penang or Korea.

The 25 member organisation under the Ministry of Health for its farsightedness,

own health. "Put your health first! Take care of your body just as you would take care of your new car, new home. In doing so, you are assured of a quality life and will be able to perform great things for your family."

In this regard, Azizah expressed support for SOSHF's move to reach out to schools to promote a healthy lifestyle among schoolchildren by campaigning against obesity, alcoholism and smoking.

"By being aware of the danger of overeating, drinking and smoking at an early age, they will be able to make good decisions and choices for themselves as they grow older.

"Healthy children make healthy adults. But it is not always true if they are not consistent in maintaining a healthy lifestyle

By Mariah Dokai

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Sakadai potihombus kitoluo tindunduu gunoon kozo

DI OLI CHONG

KOTA KINABALU: Sakadai potihombus mantad tuhun gimantung pousambon kozo id suang monuhung di kitoluo tindunduu mooi ziboho kaanu paparanu om kaanu pongsungapan di

Koisanan Tuzibat Kitoluo Tindunduu Sabah (Society For The Sabah Heart Fund (SOSHf), minangazu do abaabazan Vuhun Koutundunin i kitema "Upuso Pagakanan, Pongabuhano Kohidasan" pinoinagan di Jornah Mozinon om Monunat Pulitik di Momili Kotundun Mozinon om Ahal Momoguno Sabah, id Likas Plaza, di koniab.

Eva Susau tuduvan kopoguhu ponuianagan koisanan diti nogi pinopoho tuduvan kopoguhu ponuianagan koisanan diti aiso tangngangan montok paparanu pongsungapan toi ko pamamazakan mantad poi Semenanjung Malaysia toi ko dababus pogun.

Pinopoho i Eva do gijom baino diti koisanan diti minanakadi kiginun 542 tuhun koutunduu naga tanak.

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SOSHf anjur Bulan Kebajikan 'Sayangi Keluarga, Utamakan Kesehatan'

KOTA KINABALU: Peminat Bulan Kebajikan (BKK) SOSHF anjur Bulan Kebajikan 'Sayangi Keluarga, Utamakan Kesehatan' (SKUK) pada Sabtu (23/6) di Pusat Kebudayaan Korea di Kota Kinabalu.

Program ini bertujuan untuk meningkatkan kesedaran masyarakat mengenai kepentingan kesihatan keluarga dan kesejahteraan sosial.

Program ini akan berlangsung selama sebulan penuh bermula pada Sabtu (23/6) hingga Sabtu (23/7) di Pusat Kebudayaan Korea di Kota Kinabalu.

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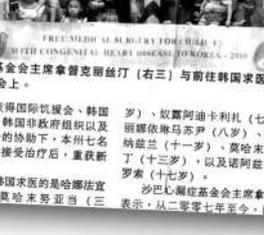
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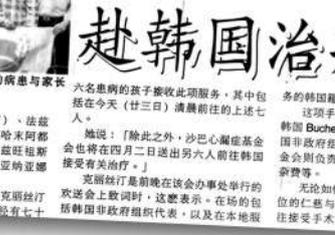
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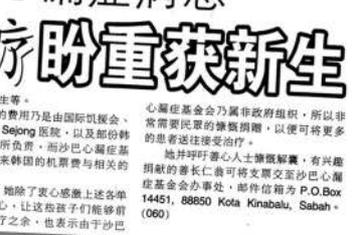
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SOS Heart Fund hopes MAS and AirAsia will help patients

OTA KINABALLU: Heart patient Elwenda forthin is barely two years old but has already gone through many challenges despite her young age.

She recently went through corrective heart surgery at the Glegenesak Kuala Ampur Hospital, and after spending nearly a month there, she was finally back here Sunday.

Yet the tired toddler still has a long journey ahead of her before she can finally meet up with her three elder siblings and her father who were back at home in Kampung Sayap, Kota Belud.

"We live in a remote area at Kampung Sayap in Kota Belud. We have to go through gravel road for two hours after reaching the junction in Kota Belud," explained her mom, Loren Bukulong, when arriving at the Kota Kinabalu International Airport (KKIA) yesterday at 4pm.

She was greeted by the Society for the Sabah Heart Fund (SOSHF) honorary secretary, Eva Susau.

She mentioned that her husband and older children would have loved to welcome her back and pick them up at the airport but their only car was broken and didn't come.

Instead, a relative who was staying at the State Capital would be sending them home.

"Life in the kampung is hard. We are not equipped with good road condition and so travelling is hard," she said. Yet, she is keen to go home, and so was little Elwenda who began to cry from the tiring journey.

"She wants milk," explained Loren while cradling the toddler. Upon hearing this, Eva quickly disappeared with Elwenda's milk bottle and later came back with milk for the toddler.

Loren then mentioned that she did not expect Elwenda to be diagnosed with congenital heart disease.

"She is active. She drinks milk a lot. Yet she always suffered from bouts of food and cold."

When we brought her to see a private doctor one day, the doctor said that something was amiss... we went to SMC (Sabah Medical Centre) as we wanted to learn what was wrong immediately. We paid more of course. And then we found out...

Daily Express Tuesday, December 17, 2013



Elwenda (centre) flanked by Eva and her mom, Loren on arrival at the KKIA.

...the SOSHF. "Next year we are targeting to help 45 patients. A total of 1,000 patients have been treated since the fund was set up in 1981."

ONE FOR THE ALBUM: The Korean Heart Kids team recently visited Kota Kinabalu for the Sabah Heart Fund (SOSHF) Heart Donation project for the President of Seong An Heart Disease Children Foundation, Korea.

...Datuk Dr Soo Thian Lian (second from left) with the SOSHF team members.

'Don't blindly reject corrective heart surgery'

Rini Zahilah Ismail: Corrective heart surgery is not something locals should fear and blindly reject, said representatives from Korea Food for the Hungry International Sabah, Siman Lee.

...Annie Lee's other concerns are their reluctance to even visit cities and come out of their comfort zones.

...Many patients are living healthy lives now. They have made it through the operation. The most important thing is operation. The most important thing is operation. The most important thing is operation.

...A child with heart disease and his father. American came to Korea and helped one and other. Korean people, after that we were able to send more and more patients to the hospital.

...When budget, food, airfare, passport fees, insurance, all expenses are taken into account, the total sponsorship for one patient is about RM200,000.

...According to Lee, Korean team all over the world have contributed to the SOSHF. In Sabah, they were able to help other people from all over the world.



Lim (second right) handing over the cheque to Eva.

RM10,000 for Heart Fund

KOTA KINABALLU: The Society of Sabah Heart Fund (SOSHF) has sent eight young children to South Korea for corrective heart surgeries.

The society forked out more than RM50,000 in average for each patient for the purpose, said its Secretary Eva Susau while receiving a much needed donation of RM10,000 from SJ Recreation Centre (SJRC) Cafe to further help those in need here Tuesday. It was presented by SJRC Cafe Area Manager, J.C Lim, and manager Michelle.

Lim and Michelle, in a statement, said it is the company's intention to many to step forward to provide financial support to SOSHF.

During the visit to the society's office in Jalan Tuaran here, fellow staff from SJRC and the manager also spent time interacting with children who suffered from different kinds of heart condition. They also took the opportunity to look into the process of arrangement for these young patients to undergo the necessary medical procedures and risk involved.

Michelle also assured the café will continue to lend a helping hand to no 18, Phase 11, Likas Plaza, Jalan Tuaran, Kota Kinabalu.

597 heart patients get aid and counting

...A group of people, including a woman and a child, standing together.

...The SOSHF has been able to help 597 heart patients since its inception in 1981. The fund has received support from various sources, including the government and private donors.

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Free surgery in Korea for 4 more young heart patients

Gordon Chin: Another four young heart patients left for Korea early Monday to undergo corrective heart surgery.

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Sabah Heart Society seeks land for halfway home

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Boy quits school over scar, but grateful to SOSHF

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Korean heart team visits Likas Hospital, patients

KOTA KINABALU: A Korean heart team, led by Bang Jong-ku, visited the Society for the Sabah Heart Fund (SOSHF) and the Likas Women and Children Hospital recently. SOSHF Secretary Eva Susau said the Society was grateful for the team's visit every year to see the shortlisted patients before they leave for corrective heart surgery in Korea.

She said the Korean sponsorship covered 116 Sabah children since 2007, adding that all 116 were well and living a normal life. She also said that due to the sustainable good partnership, the project had helped to clear the backlog and such assistance has shortened the queue at the hospital. The SOSHF hopes to send 16 more to Korea for corrective heart surgery.



Eight more children for Seoul corrective surgery

Neil Chan KOTA KINABALU: Eight children were flown to South Korea on Sunday for corrective heart surgery in the next few days, courtesy of the Society for the Sabah Heart Fund and its partners. The children who are as young as two years old with the oldest being six years old are Khairunnisa, Izzah, Mubal, Farah, Adly, Mohd Nazeem, Dato, Cleo, Lim, Mohd Azlan, Mohd Huzaim, Huzaim, Fady, and Mubal.

SOS in talks with local hospitals

Jason Santos KOTA KINABALU: The Society for Sabah Heart Fund (SOSHF) is in talks with several hospitals here to provide treatment for patients locally. Its President Datoh Christine Vanhouten said the society is looking for ways that the cost of sending patients for treatment, which sometimes could run up to RM60,000 per patient at present. This means eliminating the additional costs like for food, lodging, travel and pocket money when patients are referred to National Heart Institute in Kuala Lumpur or to South Korea's Seung Jung Hospital (Seoul National University Hospital, Seoul) for treatment, she pointed out. "As we all know, the cost had gone up now. At the moment we are trying to arrange with some of the local hospitals here to do the operation here locally. "A little fund and donation could go a long way for the patient. There are already good facilities here in Sabah. "But we need the



Six patients back following heart surgeries in Korea

KOTA KINABALU: The SOS Heart Fund has disclosed that the six patients they expressed their gratitude to the State Government particularly the Ministry of Health, insurance and allowances while the surgery cost, lodging and food incurred in Korea were all borne by the Koreans.

Ailing heart spurs student to be cardiologist

KOTA KINABALU: Serwanta-pasukan cardiology, an ailing patient by her mother, has inspired a student to become a cardiologist. The student, who is a former inpatient, admitted that it was his first time to see a doctor. "I was in a car. I do not know whether it is good or not. This is good. At least it is a hope of our future." The doctor, who is a former inpatient, admitted that it was his first time to see a doctor. "I was in a car. I do not know whether it is good or not. This is good. At least it is a hope of our future."

for corrective heart surgery Korea since 1981

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SOS grateful to Dept and sponsors

Mary Chin KOTA KINABALU: The State Health Department and its members, SOSHF Secretary Eva Susau and Committee Members, SOSHF Heart Fund expressed their gratitude to the State Health Department for the generous sponsorship for 116 patients for corrective heart surgery in Korea since 1981.

Usha bantu pesakit jantung kanak-kanak

JAINAB (tengah) merakamkan gambar kenangan bersama orang-orang kanak-kanak yang berjaya menjalani rawatan dan pembedahan jantung. Turut kelihatan ialah Christine (dua kanan) dan Eva (empat kanan) serta tetamu kehormat yang lain.

Kesakit jantung kongenital naik mendadak; Jainab

RIKIA KINABALU: Kes penyakit jantung kongenital meningkat mendadak di Kota Kinabalu, Sabah, kata Setiausaha Kesihatan (Kesihatan) Sabah, Jainab. Beliau berkata, kes penyakit jantung kongenital meningkat mendadak di Kota Kinabalu, Sabah, kata Setiausaha Kesihatan (Kesihatan) Sabah, Jainab. Beliau berkata, kes penyakit jantung kongenital meningkat mendadak di Kota Kinabalu, Sabah, kata Setiausaha Kesihatan (Kesihatan) Sabah, Jainab.

World Heart Day at Suria Sabah Sept 25

KOTA KINABALU: This year, the SOS Heart Fund is collaborating with Gleneagles Kota Kinabalu Hospital to celebrate World Heart Day at Suria Sabah. The event will be held on September 25, 2016, from 10am to 5pm. The event will be held on September 25, 2016, from 10am to 5pm. The event will be held on September 25, 2016, from 10am to 5pm.

Heart Fund open on treatment at Gleneagles KK

MARY CHIN KOTA KINABALU: No decision has been made on sending patients from the Society for the Sabah Heart Fund (SOSHF) to Gleneagles Kota Kinabalu Hospital for medical treatment. The decision will be made after a meeting with the hospital's medical director, Dr. Ahmad Ashtar, on September 25, 2016.

Handling 611 heart cases over 35 years

MARY CHIN KOTA KINABALU: It is an extremely busy year for the Society for Sabah Heart Fund (SOSHF) as it is planning to handle 611 heart cases over 35 years. The Society for Sabah Heart Fund (SOSHF) is planning to handle 611 heart cases over 35 years. The Society for Sabah Heart Fund (SOSHF) is planning to handle 611 heart cases over 35 years.

MoU with private hospital to help heart patients

KOTA KINABALU: Community Development and Consumer Affairs Minister Datoh Jainab Ayid said that a memorandum of understanding (MoU) with Gleneagles will be further discussed to help heart patients in Sabah to get their treatment. Jainab in her speech during the SOS Heart Fund Open Day celebration in conjunction with the World Heart Day & Bulan Kebajikan 2016 yesterday, said that the MoU would help the patients in getting their treatment here rather than waiting for their flights for treatment elsewhere such as in Kuala Lumpur or Korea. "The Society for the Sabah Heart Fund (SOSHF) is one of the 23 NGOs under our ministry and we have given RM300,000 annual fund for them to use. However, our funding alone is not enough and I urge people in Sabah to help in raising funds for these patients," she said. Jainab also said that volunteers are also needed in helping SOSHF to get more patients treated and

Usha bantu pesakit jantung kanak-kanak

Satu MoU sedang dibincang dengan Hospital Gleneagles. "Kami masih terdapat 25 kanak-kanak yang memerlukan rawatan dan pembedahan jantung dalam negeri. Jumlah pesakit ini hanyalah sebahagian daripada kes-kes yang lebih ramai," kata Jainab. "Kami masih terdapat 25 kanak-kanak yang memerlukan rawatan dan pembedahan jantung dalam negeri. Jumlah pesakit ini hanyalah sebahagian daripada kes-kes yang lebih ramai," kata Jainab.

17 tinaru NGO kotundunan nakotoma sakadai kousunan RM1.55 lizong

KOTA KINABALU: Kementerian Kesihatan Malaysia (KKM) telah mengumumkan bahawa 17 tinaru NGO akan menerima bantuan kewangan sebanyak RM1.55 lizong. Kementerian Kesihatan Malaysia (KKM) telah mengumumkan bahawa 17 tinaru NGO akan menerima bantuan kewangan sebanyak RM1.55 lizong.

New Sabah Times
 Monday November 25, 2019 **NATION 3**

More heart specialists needed in Sabah

By PAUL MU
KOTA KINABALU: The Society for the Sabah Heart Fund (SOSHF) are calling for more heart specialists to be placed in Sabah as they have been sending patients to Kuala Lumpur.
 This is to enable the heart patients to be operated and later taken care of at home, as well as to enable the health care system evenly enjoyed by all three regions - Sabah, Sarawak and peninsular Malaysia.
 SOSHF president Datuk William J. Chu called during the SOSHF Open Day in conjunction with Welfare Month 2019 at their premises in Likas Plaza on Saturday.
 "The federal Health Ministry should look at Sabah as a region not another state so that proper attention should be given and address sincerely with exceptional extraordinary measure to Sabah so that the health care will be at par to service its citizen," William urged.
 He also disclosed that during their exco committee meeting last week, they really assist us in this regard, we only need a minimal of half an acre only," William appealed.
 Today after 38 years of establishment, we need to give them additional grant for next year to buy a portable echo machine. More portable echo machines are needed to Sabah, and they can get with early detection," said.
 The SOSHF does not want to lead a healthy normal life. Likewise for the parents of Yvette, Agnetia and Yee Fui who come from Ranau, their hopes are that their child who was diagnosed also at two weeks of age and experiences shortness of breath at times would be fine and well again like children her age after the surgery.
 Eva also inform that this project is made possible with the kindest and most generous collaboration with the Seong-An Heart Foundation and Korea Food For The Hungry International (KFHI) and hope this project will continue for a long time.
 Meanwhile, the SOSHF also like to inform that to-date it has sent 673 patients for corrective heart surgeries since its inception, out of which 146 have been under the "Free Medical Operation" to Korea.
 In a letter, the Hon. Secretary of Health said that the Government through the Health and People's Wellbeing Minister Datuk Franky Poon is providing generous support in providing a society over the years.
 He is responsible for the cost of health insurance and passport for patients and their escorts.
 He would like to appeal to the Government and the corporate organizations generously to the society needed for the Society for the Sabah Heart Fund (SOSHF) cost of Heart Surgeries is sponsored for less formal medical treatment to Kota Kinabalu, Gleneagles National Heart Foundation.
 The society welcome any and interested party to contact to Society for the Sabah Heart Fund (SOSHF) P O Box 14451, 88850 Kota Kinabalu or Maybank Current



Group pic of Eva and KFHI staff with the four children and their carers on Sunday.

SOS sends four children for heart treatment in Korea

Neil Chan
KOTA KINABALU: Four more children with Congenital Heart are on their way to Korea for surgery on Sunday said Society For The Sabah Heart Fund (SOSHF), Hon Secretary Datuk Eva Susau.
 The four are Mikyad Syahmi (five years old), Kyle Liam (three years old), Lim Yu Chastity (six years old) who will be boarding the direct flight to Korea at 11pm.
 According to the parents of Lim Yu Xuan, Lim and Nong who come from Sandakan, their child was diagnosed when he surgery that their child who is the youngest in the group would be well and



Group pic of Eva and KFHI staff with the four children and their carers on Sunday.

First paediatric heart surgery

KOTA KINABALU: The Cardiology team at Gleneagles Kota Kinabalu Hospital successfully performed its first paediatric open heart surgery - a first for the private sector in Sabah.
 The patient is a three-year-old girl from Papar, who was diagnosed with ventricular septal defect (VSD). She underwent surgery on November 21 and was discharged on November 29 last month.
 VSD, more commonly known as a hole in the heart, is the most common congenital heart disease. The incidence of congenital heart disease is up to 10 of every 1,000 newborns.
 In Sabah, about 400 new cases of congenital heart disease are diagnosed every year.
 The Gleneagles Kota Kinabalu team is delighted with the outcome of this surgery. This achievement is a remarkable testament to the clinical capabilities, outstanding medical expertise and state-of-the-art equipment that Gleneagles Kota Kinabalu Hospital offers, which enables us to treat complex cases.
 "We have taken



Left to right: Perfusionist Siva Zainuddin, Dr Siva Rao, Eva, Janet, Jafarie (mother with the patient), Jean-Francois, Joanne, Tan and Gleneagles KK marketing manager Jacqueline Chin.
 Khazanah IHH Healthcare Fund, which provides partial and fully-sponsored medical treatment to needy patients in IHH's home markets of Malaysia, Singapore and Thailand.

Four-year-old Fraindy Sunyup of Kota Marudu arrives home after a successful heart operation at the Penang Adventist Hospital. SOSHF honorary secretary Eva Susau (middle) was at the Kota Kinabalu International Airport to receive him.

SOSHF hopes to launch halfway home project this year

KOTA KINABALU: The Society for the Sabah Heart Fund (SOSHF) hopes to see the construction of its halfway home to begin in 2022.
 Honorary secretary Eva Susau, who is also the initiator of the project, said that the proposed project has already been endorsed by SOSHF president Datuk Christine Van Houten and will be implemented by the SOSHF exco committee.
 The land and initial building

patients were from the rural areas and the halfway home would ease their burden when they come to the city to seek treatment.
 "We are appreciative of the continual support of our sponsors, members and friends and we ask for your support so that together we can continue to make an even more positive difference in our community," she said.
 In her new year message, Eva said that SOSHF hoped to send more patients for corrective heart

SOSHF hopes proposed halfway home will materialize soon

KOTA KINABALU: The Society for Sabah Heart Fund (SOSHF), as to date, has sponsored and sent 686 children for corrective heart surgeries since its inception in 1981.
 SOSHF vice president, Datuk Eva Susau, said up to October this year, four young patients had been sent for corrective heart surgeries in Kuala Lumpur and three more are scheduled to go before end of this year depending on the situations.
 "The programme for medical treatment to South Korea has been put on halt for this year and we will look at it again when things get better next year," she said in a statement yesterday.
 Meanwhile, Eva said the SOSHF also hoped the society's hope to acquire a small piece of land for the construction of a halfway home would materialize soon so to serve the patients and escorts better.
 She said this proposed project had long been overdue and the need was becoming more



Eva

and more pressing as hostels at the hospital were limited to accommodate the many patients from outstation.
 "The construction of the home had been pledged by one businessman during our 30th anniversary and the society will be celebrating its 40th years next year.
 "Even if we can't get a piece of

land, we hope the businessman will consider buying the society a ready home near to hospital to serve the purpose," she said.
 Eva wished to say a big "Thank You" to the state government of Sabah for the continuous support in providing grant over the years.
 Additionally, the SOSHF also appeals to the generous public and corporate organizations to donate generously to the society as more funds are needed for the society's objective to send more patients for corrective heart surgeries as the cost of surgery is escalating.
 "All donations to the society are tax-exempted upon issuance of our receipts," said Eva.
 Interested party may send their donations to: Society For The Sabah Heart Fund, P.O.Box 14451, 88850 Kota Kinabalu, Sabah, or credit to current account at CIMB Bank, Account no. 800571 (Persatuan Tabung Pesakit Jantung Sabah).

心臟健康醒覺運動 即起曙光廣場舉行

图与文：沙巴心脏基金会配合世界心脏日及亚庇心脏福利月，与马来西亚心脏基金会及沙巴卫生局，将于本月7日至11日，在曙光广场，举办「心脏健康的环境」醒觉运动。
 为减少国人患上心脏疾病的几率，提供有关心脏病及其危险的因

素。期间将举行的活动包括：健康检查、海报及保健品展览、儿童填色比赛、捐血活动，并会于星期六（10日）下午，邀请伊丽莎白第二医院心脏专科的杰里·罗伯特医生，主讲有关风湿性心脏病，欢迎民众届时前来参与。



沙巴心脏基金会成员与联办单位合照。

THE BORNEO POST

Sunday, October 18, 2020



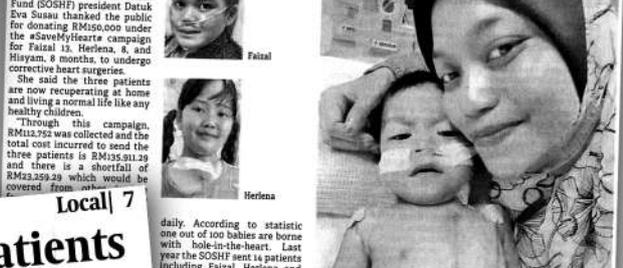
FRIDAY 10/09/2021
Eva Susau
694 babies, children for corrective heart surgery

Dana amal diperlu bantu pesakit jantung kanak-kanak



Utusan Borneo 19/12/2021
KENANGAN: Eva (dua kanan) bersama teman lain ketika dalam majlis amal berkenaan.

Three more Sabah heart patients have successful surgeries



KOTA KINABALU: Three more heart patients from Sabah have successful surgeries in the national capital through public support.
Society For The Sabah Heart Fund (SOSH) president Datuk Eva Susau thanked the public for donating RM150,000 under the #SaveMyHeart campaign for Faizal 13, Herlena, 8, and Hidayat, 8 months, to undergo corrective heart surgeries.
She said the three patients are now recuperating at home and living a normal life like any healthy children.
"Through this campaign, RM150,000 was collected and the total cost incurred to send the three patients is RM135,011.29 and there is a short fall of RM14,988.71 which would be covered from...

Still short of funds for two more patients



19/11/2021 DAILY EXPRESS
Eva (fourth right) launching the campaign.

under the SOSHF "Save My Heart" Campaign which aimed to raise RM150,000. The 13-year-old, from Kg Gawayang, Tuaran, received Ozaki repair at the Institut Jantung Negara after being diagnosed with chronic rheumatic heart disease and severe aortic regurgitation in 2010. He had surgery on Dec 13 with SOSHF fully funding it. He is recovering well at home.

699th heart patient returns home from surgery



KOTA KINABALU: Society For The Sabah Heart Fund (SOSH) welcomed home Nurmaizyah Supper and her mother on Dec 8 after a successful corrective heart surgery in Kuala Lumpur.
The toddler traveled to Kuala Lumpur with her mother on Nov 25 for the surgery.
According to SOSHF President Datuk Eva Susau, Nurmaizyah is the 699th patient SOSHF has sent for corrective surgery since its establishment in 1981.
The one-year and four-month-old is from Kenangan and is the youngest of three siblings, the others are aged nine and five.
Eva said that the family are from Sook, Kenangan, and Nurmaizyah's father is a factory worker earning RM700 a month.
After welcoming them at the airport, Eva said SOSHF arranged for the taxi to send Nurmaizyah and her mother home to Sook.
"She arrived home safely and is recuperating at home."

Bid to raise RM150,000 for 3 heart patients for surgery



KOTA KINABALU: The Society for the Sabah Heart Fund (SOSH) has launched its "SaveMyHeart" fund-raising campaign in efforts to raise RM150,000 to send three more patients for corrective heart surgery in Kuala Lumpur.
President Datuk Eva Susau said the campaign is also being held in conjunction with the society's 40th anniversary with an aim to reach 700 mark as SOSHF has sent 698 patients for heart surgery since its inception in 1981.
"The three qualifying patients have been identified with the doctors and they are Herlena, 8, Mohd Hidayat, 7, and...

Three heart patients need surgery fund



KOTA KINABALU: The Society For The Sabah Heart Fund has started the "SaveMyHeart" campaign with a hope to raise RM150,000 to send three more patients for surgery.
The 13-year-old, from Kg Gawayang, Tuaran, received Ozaki repair at the Institut Jantung Negara after being diagnosed with chronic rheumatic heart disease and severe aortic regurgitation in 2010. He had surgery on Dec 13 with SOSHF fully funding it. He is recovering well at home.

Gleneagles KK helping to raise funds for heart patients



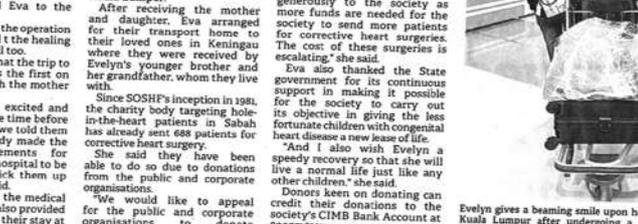
KOTA KINABALU: Gleneagles Hospital Kota Kinabalu is helping the Society for the Sabah Heart Fund (SOSH) to raise funds to send three young patients for heart surgery.
The SOSHF has launched the "Save My Heart Campaign" with the goal of raising RM150,000 by the end of nine months, Herlena, eight years, and Faizal, 13 years, for heart surgeries.
Faizal has undergone surgery and is expected to return to Sabah today (Sunday) after he has recovered sufficiently.
Gleneagles Hospital Kota Kinabalu Chief Executive Officer Dr Tan Bee Hwai said during a Christmas Giving event held at the hospital's lobby that the society's dedication to providing financial support to disadvantaged patients was noteworthy. He was represented by the hospital's Medical Director Dr Sreetharan Sivapatha Sundaram.
SOSH President Datuk Eva Susau expressed gratitude to the hospital for its support.

Keningau girl returns home after heart surgery



KOTA KINABALU: The Society for the Sabah Heart Fund (SOSH) welcomed home a 10-year-old Keningau girl who underwent successful corrective heart surgery in Kuala Lumpur.
SOSH vice president Datuk Eva Susau said the girl, Evelyn, was accompanied by her mother, Florina Sammy, to go for the trip on January 15 and was received by Eva at the Kota Kinabalu International Airport (KKIA).
"Her mother, Florina, said that her daughter's condition has improved tremendously after the operation. She said that her daughter is more cheerful now than before," said Eva to the Borneo Post.
She also said that the operation went smoothly and the healing process is going well too.
Eva also shared that the trip to Kuala Lumpur was the first on an airplane for both the mother and the daughter.
"They were both excited and stressed at the same time before they departed, but we told them that we have already made the necessary arrangements for someone from the public and corporate organisations.
She said they have been able to do so due to donations from the public and corporate organisations.
"We would like to appeal for the public and corporate organisations to donate generously to the society as more funds are needed for the society to send more patients for corrective heart surgeries," she said.
Eva also thanked the State government for its continuous support in making it possible for the society to carry out its objective in giving the less fortunate children with congenital heart disease a new lease of life.
"And I also wish Evelyn a speedy recovery so that she will live a normal life just like any other children," she said.
Donors keen on donating can credit their donations to the society's CIMB Bank Account at 8005716221.

Home



Evelyn gives a beaming smile upon her arrival with her mother (left) from Kuala Lumpur after undergoing a successful corrective heart surgery. Standing next to her is Eva.

Home



Eva (second right) and Ghazi (right) welcoming Christel Etel and her mother home at the KKIA.

DAILY EXPRESS | Thursday 22 April 2021



SOSHF President, Datuk William Chai (fourth from right), Eva (third from right) and other members of the organisation when launching the drive.

SOSHF seeks public donation

KOTA KINABALU: Society for the Sabah Heart Fund (SOSHF) is seeking public donations for its 40th anniversary. The drive is being held at the Majlis Perkhidmatan Masyarakat (Sabah Council of Social Service) (MPMS), at Jalan Tuanan here.

4 | Local Daily Express Sunday, April 3, 2022



Eva (second right) presenting a memento to Dr Rose during SOSHF courtesy call on her.

Sabah needs more cardiologists: NGO

Mohd Izham bin Hashim

KOTA KINABALU: Sabah Health Director Datuk Dr Rose Nani Binti Mudin commended the Society of Sabah Heart Fund helping young patients with congenital heart disease receive heart surgery.

With more experienced doctors and specialists entering private practice, Eva expressed concern from the Federal Government to allow newly trained cardiologists to be retained for longer tenures at government hospitals.

Among those who were present were SOSHF Vice President, Hj Abdul Ghanis Datuk Hj Fadzil and Benedict Majin, Committee Member of SOSHF.

Eva also pointed out that many patients are under the B40 category and could not afford to travel nor feel comfortable to be far from home without the presence of relatives.

In addition, Eva urged the State Government to consider the Society's request for a small piece of land within the proximity of Likas Hospital for SOSHF Halfway Home to cater for young and needy patients so as to enable them to stay in the city while seeking medical treatment.

"At present, the SOSHF has helped to send 704 patients for corrective heart surgery since its inception in 1981," she said.

She appealed to the public to help the Society in its work by donating to SOSHF so that more patients are given a chance to live a normal life.

All donations can be channelled to the Society's Maybank account at 510431282 or contact 019-8801270 for details.

Home

The Borneo Post, Monday October, 25, 2021



698th heart patient receives surgery

KOTA KINABALU: Society For the Sabah Heart Fund (SOSHF) has helped almost 700 patients with heart ailments in Sabah since its establishment in 1981.

The latest heart ailment patient SOSHF assisted was 52-year-old Christel Eitel from Kampung Makatip, Tambunan. Eva Susau who was at the Airport last Friday to welcome baby was the 698th patient the organisation had sent for corrective heart surgery.

Christel flew to Kuala Lumpur with her mother Flora Muil on Oct 15 via Malaysia Airlines," said Eva adding that Christel's father, Christianus Saimon works as a security guard.

Home

12th January 2021 THE BORNEO POST, Thursday 2021

Less heart patients sent for surgery

PENAMPANG: The Society for the Sabah Heart Fund (SOSHF) continues to send hole-in-the-heart patients requiring emergency surgery even during the Covid-19 pandemic.

SOSHF vice president Datuk Eva Susau said that last year they managed to send only six patients for corrective heart surgery.

"Usually, we send about 10 to 12 patients annually to Kuala Lumpur to undergo the surgery, but because of Covid-19 and the standard operating procedure (SOP), we could only send critical cases," she said.

She added that Covid-19 brought new challenges to the SOSHF.

"Extra costs are incurred because patients have to be swabbed before they travel, and then have to undergo quarantine prior to their surgery...also air travel has gotten more expensive since the pandemic started due to lesser flight frequencies to Kuala Lumpur from Sabah," she said.

In addition, hospitals are also very careful, and patients



Eva

She said in the past they sent up to 16 patients a year for corrective heart surgery.

"The new norm has really affected how we run things. It poses new challenges. I wouldn't say that it is difficult, but it is definitely more challenging," she said.

Since patients under the

8/01/2022

Eva is new SOSHF President

KOTA KINABALU: Datuk Eva Susau (pic) has been elected as Society for the Sabah Heart Fund's (SOSHF) President for the 2021-2023 term.

Eva has been serving as the society's Honourable Secretary for 10 years and was Vice President for two years before taking up the presidency post.

She has served under previous presidents Puan Sri Darin Genevieve Kitingan, Datuk Michele Chan, Datuk Christine Vanhouten, the late Datuk Seri Fred Jimu, and the late Datuk William Chai.

Under her presidency, Eva hopes to continue the good work that has been laid out with the society's values of good standards and good governance.

On board are the 2021-2023 tenure is Vice President Abdul Ghanis Datuk Fadzil, Honorary Secretary Melinda Lo Phit Len, Honorary Assistant Secretary Angela Kok Sit Ching and Honorary Treasurer Dori Datuk Thomas Stuel.



Committee members include Penny Paul, Annie Mok Chai Har, Benedict Majin, Soimon Sinit and Saroja Palanaiaappan.

Since SOSHF's inception in 1981, Eva said the society had sent 694 individuals for corrective heart surgery.

"During the Covid-19 pandemic, babies with Congenital Heart Defects (CHD) who need urgent medical treatment are still being sent for corrective heart surgery."

"Babies are being born every day and one in 100 children are born with CHD,"

Eva explained.

With new challenges emerging as a result of the pandemic, Eva said the society would look for new ways to organise activities and conduct fundraisers to assist patients in need of heart surgery that is not attainable in Malaysia.

According to SOSHF, medical treatment for patients cost an average of RM27,000 to RM30,000.

"To fulfil the mission, the society is appealing to the public to make kind donations."



HERLINA kelihatan ceria bersama ibunya, Roslina, Susau (kanan) dan Lo (kiri) di KKIA.

Herlena selamat bedah jantung di KI

KOTA KINABALU: Herlena berusia lapan bulan dari Tenom kini boleh membaratkan diri dengan kanak-kanak normal lain selepas berjaya menjalani pembedahan jantung.

dan kegembiraan, keresehan kami tidak tahu apa yang diharapkan dan kegembiraan kerana dengan pembedahan kami tahu dia kini akan menjalani kehidupan normal," kata Roslina.

Herlena itu juga memberi

Society helps Tenom girl undergo heart surgery

KOTA KINABALU: Society For the Sabah Heart Fund (SOSHF) has helped another heart patient to have a successful surgery in Kuala Lumpur.

SOSHF president, Datuk Eva Susau and honorary secretary Melinda Lo, welcomed the patient, Herlena, home at the Kota Kinabalu International Airport on Friday.

The eight-year-old from Tenom is one of the three patients of the #SaveMyHeart campaign which aimed to raise RM50,000 in conjunction with the SOSHF Heart Fund 40th Anniversary Celebration.

Herlena was accompanied by her mother, Roslina who was grateful to the Society for making it possible for her surgery which was funded by the SOSHF Heart Fund.

"Herlena could now live a normal life like any other child," said Eva.

She thanked the Society for providing moral support by calling and advising them of the process and also to arrange for their flight and transportation.

This was the first time for both mother and daughter to take a flight.



Eva and Melinda welcoming Herlena and her mother at the airport.

The trip brought anxiety and joy as we don't know what to expect because with the operation we knew she will now live a normal life.

back to Tenom where Herlena will continue to recuperate before reopening of school. She will do her follow-up and review at a local hospital.

Meanwhile, Eva thanked all donors who have generously supported the #Save My Heart programme.

She disclosed that the Society has raised RM95,546 and need another RM50,000 for 10-month-old baby Hisyam to undergo corrective heart surgery.

Cadangan pusat penyakit jantung kongenital di KK

KOTA KINABALU: Tabung Jantung Pesakit (SOSHF) Sabah akan membuka pusat penyakit jantung kongenital (CHD) di Kota Kinabalu.

Presidennya, Datuk Eva Susau (gambar) berkata berdasarkan statistik, sekurang-kurangnya satu daripada 100 kanak-kanak di Sabah menghidap CHD.

"Dengan jumlah penduduk Sabah seramai 3.8 juta, kita mungkin mempunyai 380,000 orang dengan penyakit jantung kongenital (CHD)," katanya selepas pertemuan dengan delegasi Institut Jantung Negara (IJN), di sini, baru-baru ini.

"Kita Kinabalu seremangnya terletak di lokasi yang baik dan ini menjadikan mudahnya yang baik untuk membina pusat CHD di sini."

Ini, katanya, boleh dilakukan menerusi beberapa cara - sama ada dengan menaik taraf kemudahan sedia ada di Hospital Queen Elizabeth 2, atau dengan hospital perubatan UMS baharu, atau dengan pusat perubatan swasta lain dengan pusat perubatan swasta lain

seperiti Hospital Gleneagles Kota Kinabalu dan Hospital Pakar Kij Sabah, antara lain.

"Pusat ini juga boleh menjadi fasiliti tunggal oleh IJN yang sudah mempunyai pengalaman dan pasukan sokongan cemerlang yang terdiri daripada pakar jantung dan pakar pediatrik kongenital jantung CHD, untuk menyediakan pakar yang baik dan penjagaan kesihatan yang lebih baik ke Sabah terlebih dahulu, kemudian ke seluruh Borneo," katanya.

Dengan kebajikan Pan Borneo yang menghubungkan Kalimantan, Sarawak, Brunei Darussalam dan Sabah dengan lebih dekat dan pemindahan ibu negara Indonesia ke Kalimantan, katanya, sediakan pusat CHD di negeri ini boleh membuka pusat CHD di negeri ini untuk buka "lebuh raya" baharu untuk penjagaan kesihatan di Borneo di bawah pelan pembangunan Sabah Maju Jaya.

"Ini juga masa yang sesuai di bawah pelan pembangunan Sabah Maju Jaya untuk Kerajaan Negeri yang diketuai oleh Ketua Menteri Datuk Seri Hajiji Noor."

Ketua Menteri yakin cadangan ini dapat direalisasikan dengan pelaburan, pakar dan insentif yang sewajarnya yang disediakan oleh kerajaan negeri untuk membina pusat CHD ini.

"Persatuan ini sudah lama memperjuangkan sebuah pusat jantung kanak-kanak tempatan dibina untuk merawat penduduk di sini, agar rakyat tempatan

tidak perlu pergi jauh bagi mendapatkan rawatan perubatan."

Malah, katanya, bahkan pesakit dari Lawas, Sarawak, dan Sabah dapat menerima bantuan perubatan untuk mendapatkan rawatan perubatan di Sabah.

Bersama Eva semasa pertemuan itu adalah perunding kardiologi persatuan Sarawak dan IJN terdiri daripada Ketua Pegawai Klinik/Perunding Kanak-kanak Kardiologi/Pediatrik/Pusat Pakar Kardiologi Ketua Pediatrik/Pusat Samion, Timbalan Ketua Pediatrik/Pusat Jantung Kongenital Dr Leong Ming Ching dan Pakar Perakaunan, Pemasaran dan Pelancongan Kesihatan Esther Chong Pi Hsueh.

SOSHF ditubuhkan sejak 1981, dan sejak itu telah berjaya berurusan, ia lama 41 tahun penjagaan berterusan, ia telah mengahut 702 pesakit untuk pembedahan korektif jantung dan ramai pesakit yang ditaja kini menjalani kehidupan normal.

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Datuk Dr. Soo Thian Lian

Consultant Paediatrician, International Medical University



My dear friends in Society for the Sabah Heart Fund, affectionately called S.O.S Heart Fund.

Thank you for inviting me to say a few words on this auspicious occasion of the celebration of SOSHF 40th Anniversary.

The Society for the Sabah Heart Fund, or the S.O.S Heart Fund in short, was founded in 1981 for the purpose of assisting needy patients who required cardiac surgery. At the time of its inception no cardiac surgery was available in Sabah, and very limited even in the nation's capital in Kuala Lumpur.

The Institut Jantung Negara was only established in 1992. Thus the cases had to be sent overseas to Singapore.

With the development of our country's own cardiothoracic surgery facilities in the 1990's, cases could be sent to IJN (Institut Jantung Negara) and also to private centres in Kuala Lumpur such as Gleneagles Medical Centre in Ampang. Some cases were also sent to Penang.

My personal involvement with SOS HF came about when I started working in Kota Kinabalu in 1990. I was the chief paediatrician in Queen Elizabeth Hospital where the children's wards were located those days before it moved over to Sabah Women & Children's Hospital (Likas) in 2004-2006. My initial involvement was in selecting and assessing the patients for sponsorship by SOSHF

As I got to be more familiar with the Society I became very impressed by the work ethics and principles of the office bearers, and I became involved as the resident Consultant Paediatrician for the Society.

I remember the good times we had, with our brainstorming meetings on how to improve the support to the underprivileged children of Sabah who needed corrective heart surgery.

Besides the financial support and arranging for them to have the life-saving surgery, we recognized that the emotional and social support was crucial for these patients and their families. Heart surgery is a word that evokes much anxiety and worry in patients and their families, and on top of this the surgery took place in places distant from their hometowns. But I was always impressed by the sheer courage of the mothers in taking such a challenging journey for their children's wellbeing. I remember one particular woman who was not educated, never left Sabah before, never flown on an airplane and seemed rather shy and overwhelmed. She needed a lot of support including talking through the whole process, sending her to the airport, arranging for personal pick up on arrival (worried that she would get lost in the complexity of KLIA and miss the pickup we gave her written messages to give the airport crew, ground crew etc and rehearsed with her what to say), continually liaised with the KL medical staff on various day to day matters. She made the journey and the surgery turned out successfully. On return I was amazed and amused to see that she was literally a changed woman, with a forthcoming and confident demeanour.

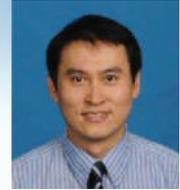
Another memorable project that I remember well was our involvement with the Korea Food For The Hungry International (KFHI) organization, which reached out to us through a Korean pastor based in Kota Kinabalu. They offered to sponsor our paediatric patients for cardiac surgery in a renowned Korean hospital called Sejong General Hospital, covering the entire cost including transport, accommodation and medical fees. In the beginning our rural patients/families were very wary of going to a foreign country so far away, with language, cultural and even 'strange' food. But with close psychological and emotional support from our Society's office bearers we eventually got a pioneer batch of 8 patients to go to Seoul for their surgery. The results were excellent and with the greater confidence in the referral system and our Korean friends, the subsequent batches were easier to persuade, and in the experience became a bit of an adventure for the patient and families. From 2007 to 2019 a total of 158 patients benefited from this magnanimous Korean project.

This year is the 40th Anniversary of this laudable organization. It has been a model amongst charitable organizations with its very responsible office bearers and very accountable way of managing and optimizing the usage of its funds. Funds raised have never been squandered on expenditure other than activities which truly benefited the patients, it was formed to serve.

I wish for the society all the very best blessings, and believe that with the able leadership of its current president Datuk Eva Susau and future leaders to come, it will grow in strength in its committed service to the society.

Dr. Liew Houng Bang

Head of Cardiology Department,
Consultant Cardiologist,
Queen Elizabeth Hospital II (Sabah Heart Centre)



Rheumatic heart disease in Sabah

Rheumatic Heart Disease (RHD) is a chronic heart condition caused by rheumatic fever. It can be easily prevented and controlled by treating streptococcal infection with antibiotics. However, this action is often lacking in low and middle income countries, making RHD the most commonly acquired heart disease in children in many countries of the world. The World Heart Federation has made RHD one of its five strategic focus areas to raise awareness about this easily preventable disease.

Although acute rheumatic fever at presentation may not be as common in Malaysia as compared to other countries, there are still many patients who are suffering from its sequelae. These people have increased mortality and morbidity especially those with severe valvular defects complicated by cardiac failure and atrial fibrillation. Infective endocarditis is a real problem if it occurs in these patients.

What can we do to reduce the incidence of this disease? Eradicating group A beta 122 haemolytic streptococcus pharyngitis would be ideal, but it would not be easy, unless a vaccine can be developed. This is more worried as group A streptococcus strains is very prevalent. Fortunately, group A streptococcus remained susceptible to penicillin. The next step then would be to make penicillin easily available to children who are suspected to have streptococcal pharyngitis and treat them adequately. Evidence from the Philippines even went to the extent of suggesting that by giving penicillin to school children with pharyngitis (prior to confirmation of it's a etiology), the attack rate of rheumatic fever can be reduced by tenfold. Secondary prophylaxis is another area where we can all improve on. It is important to make penicillin easily available to this group of patients.

In Malaysia, there is no source of comprehensive, systematic information on the prevalence of RHD, although it remains a problem in some areas of the country. Queen Elizabeth II Hospital in Kota Kinabalu established a small-scale hospital-based registry since 2010 to gather information on RHD that can guide health service planning and patient follow-up. Based on our audit year 2013, sixty-two percent received secondary antibiotic prophylaxis: 44.7% prescribed IM Benzathine Penicillin (IM Ben Pen) while 17.0% prescribed oral Penicillin V. It shows good progression as 87% on secondary prophylaxis and 76% of our patients prescribed IM Benzathine Penicillin (IM Ben Pen).

Based on our experience, most of patients are female and majority of them are in reproductive group. What we lacking here, family planning in Sabah still have room of improvement. Based on our audit year 2013, 55.6% was given education on family planning, however only 25.9% had formal referral to family planning services.

The importance of maintaining good oral health and routine dental care is important to reduce the prevalence of disease. Patients with rheumatic heart disease have a higher risk of endocarditis. It can be life threatening.



Again prevention is better than cure. Do something before it too late!

Dr. Siva Rao

Head of Paediatrics Cardiology Department,
Consultant Paediatrician Cardiologist,
Queen Elizabeth Hospital II (Sabah Heart Centre)



Congenital heart disease is the **most common** birth defect, affecting **1 in 100** children worldwide. With more than 500,000 deliveries in the last year alone, we estimate that around **5000** children in Malaysia were born with a congenital heart defect. While only half will eventually need some form of intervention, be it via transcatheter maneuvers or surgical correction, this still represents a significant burden on our health care system. A prospective study involving 4 major hospitals across Malaysia in the year 2000 concluded that *access to surgical treatment of paediatric cardiac cases were **inadequate** and noted a huge backlog of patients requiring some form of intervention.* The Health Ministry over the last three decades has overseen the rapid development of cardiac services as well as availability of paediatric cardiologist and paediatric cardiac surgeons. This has improved paediatric cardiac care as a whole but by no means has it solved the problem entirely.

Sabah is blessed with beautiful beaches and majestic mountain ranges. This extreme geographical terrain coupled with the fact that almost 60% of its inhabitants are rural dwellers poses a huge challenge to the health care provider. With over 60,000 births a year in Sabah alone, it is a given that congenital heart disease remains a conundrum, both in terms of treatment of the patient and logistical issues afflicting the family.

The **Society for the Sabah Heart Fund (SOSHF)** was set up in 1981 with the aim of providing financial aid for underprivileged Sabahans who require cardiac surgery/intervention outside the state. Over the years, SOSHF has worked closely with the state/federal government as well as NGOs and private donors in managing and raising funds. It has collaborated with local private hospitals (Institut Jantung Negara, Gleneagles Kuala Lumpur and Gleneagles Hospital Kota Kinabalu) as well as leading Cardiac Centers abroad (Sejong General Hospital - Seoul Korea). To date they have assisted the lives of over **700** Sabahans with heart disease, with the majority of them children. I have seen firsthand how priceless these contributions are to these children and I applaud the hard work and perseverance shown by the committee members year after year. I end by pleading to the public and state government to continue supporting SOSHF in their endeavor for the benefit of our dear children.

Well done SOSHF!!

“There is no exercise better for the heart than reaching down and lifting people up!”

Dr. Leong Ming Chern

Deputy Head of Pediatric / Congenital Heart Centre
Institut Jantung Negara



ACHD care – a lifelong care.

Elaine (not her real name) was both elated and anxious at the same time. She was finally going to become a mother. After being married for 16 months, the results of her urine pregnancy test were finally positive. It was news that both she and her husband were anxiously waiting for. The addition of a baby was sure to inject more laughter and joy into the newly formed family. However, she was not sure whether her heart would be strong enough to take her through her pregnancy. Was her heart strong enough to supply the much-needed blood to her body and her baby? She was confused and helpless at the same time. Luckily, she has someone to turn to – her ACHD doctor.

She was born with a heart disease called Tetralogy of Fallot, a congenital heart lesion that entails a large ventricular septal defect (hole in the heart) and a severely narrowed passage to the lungs. This heart disease caused her to not have adequate blood flow to her lungs for oxygenation and hence she used to have a bluish hue over her lips. More worryingly, she got tired easily and could not play like other children of her age. All of this was changed when she underwent heart surgery at Institute Jantung Negara when she was five years old.

Over the years, the survival of children like Elaine who has congenital heart disease has improved significantly, thanks to the advancement of medical care. Surviving into adulthood is now the norm rather than the exception. Today, as high as 90% of the people treated for congenital heart disease live well beyond the age of 18. Some of them do not have any residual heart lesion and are discharged from follow up. There are, however, a substantial number of patients who have a residual heart condition which necessitates long term care. In Elaine's case, it is a leaky valve. She may need the replacement of the incompetent valve in the future. Other than deciding the timing for the next surgery, the continuation of care is important to look out for other potential complications and treat them; optimize health, advise on the suitable occupations for the patient, and recommend suitable exercise and guide the patient to a safe pregnancy. The care of patients with congenital heart disease is called Adult Congenital Heart Disease (ACHD) care.

Over the past 40 years, the Sabah Heart Fund has helped many children with congenital heart disease and many of them have grown up to be adults. With more children surviving well into adulthood, there will be more and more ACHD patients to care for and one day, the number of ACHD patients will exceed those of paediatric patients. The burden is huge but luckily, such care is available in Malaysia as a whole, and Sabah in particular.

Elaine meets up with her ACHD doctor. Together with her Obstetrician, the ACHD doctor drew out a pregnancy plan and troubleshooted possible complications which may arise. Together the team assessed her and guided her through a safe pregnancy. Today, she is a mother to a beautiful 6 months old baby girl.

Dr. Sivakumar Sivalingam

Deputy Head of Cardiothoracic Department /
Senior Consultant Cardiothoracic Surgeon
Institut Jantung Negara



Aortic Valve Neocuspidization Procedure. A Renewed hope for Children with Aortic Valve Disease.

Options for aortic valve disease have increased in the last decade including repair, reconstructive, and replacement options. A variety of creative techniques including leaflet extensions, neo-leaflet creation, resuspension, or plication of prolapsing leaflets, and commissuroplasty to repair valves have been technically mastered. In adults, the advent of transcatheter aortic valve implantation now allows treatment of degenerative aortic stenosis in the oldest and the highest risk patients. However, surgical treatment options for paediatric patients with complex congenital aortic valve disease remain limited.

In 2011, Professor Shigeyuki Ozaki initially described the aortic valve neo-cuspidization procedure (AVNeo) in a series of adult patients. Hence this procedure is also called the Ozaki Operation. It received Food and Drug administration approval in the USA in 2014 and is commercially available through the Japanese Organization for Medical Device Development (JOMDD, Tokyo, Japan) company. The AVNeo system is based on single or multi-use sizing templates and measurements are based on the aortic valve coaptation points and commissures being in the same plane with the ratio of distance between two commissures and free edge length being similar. The original sizers and template were manufactured in sizes 17 to 31 mm and the smaller pediatric sizes (13, 15 mm) were introduced in 2015. We began the AVNeo procedure at Institut Jantung Negara for paediatric patients with congenital heart disease in 2016.

With the AV Neo procedure, the diseased aortic valve leaflets are removed, and a new aortic valve is recreated by sewing the leaflets into the native aortic valve annulus and aortic root, providing a new functioning valve. These leaflets may be created from bovine pericardium or a patient's own pericardium tissue, which is preferred. The procedure is attractive in children because the new valve that has been created has the potential to expand as the heart grows and still maintain its ability to function as a valve. It also doesn't preclude doing a Ross down the road or using a mechanical valve.

The AV Neo procedure also may be an important treatment option for patients who have had truncus arteriosus repair and for those who have an unusable pulmonary valve, or when long-term results of the Ross procedure are unreliable due to indication of aortic insufficiency in children with enlarged aortic annulus or for those whose root is not large enough to have a definitive "adult-sized" reinforced Ross. The AV Neo technique preserves normal contributions of the aortic root to left-sided cardiac function, and the reconstruction has the potential to grow with the child. In addition, it preserves the right ventricular outflow tract and pulmonary valve, avoiding future surgical intervention on the pulmonary valve.

Benefits of the AV Neo Procedure

- preserves normal contributions of the aortic root to left-sided cardiac function
- native leaflets avoid the use of a mechanical or synthetic bioprosthetic valve, which requires lifelong dependence on anticoagulants
- the size and shape of the leaflets provide the valve with the potential to
- expand as the heart grows and still maintain its ability to function as a valve, which is particularly relevant in paediatric cases
- preserves the right ventricular outflow tract and pulmonary valve, avoiding future surgical intervention on the pulmonary valve does not preclude performing a Ross procedure at a later time
- takes less time to perform than the Ross procedure, and patients spend less time on bypass

While the AV Neo approach has been well underway for use in adults for nearly a decade with very promising outcomes, long-term durability in children is unknown. The team at Institut Jantung Negara strongly believes that the procedure has a bright future in paediatric cardiac surgery. Collectively, our team have now performed over 60 cases of AV Neo procedures with excellent outcomes. We have performed this procedure for various indications such as primary valve disease as in congenital aortic valve disease and valve disease as a result of other congenital heart disease such as ventricular septal defect. Truncus Arteriosus etc. We have also performed the procedure on acquired heart lesions in the paediatric population such as Rheumatic Heart Disease and Infective endocarditis. The youngest child that we performed this procedure was 4 years old. We emphasize the importance of entertaining an open discussion with patients and their families regarding all available surgical options for complex aortic valve disease to inform them of the pros and cons of each technique to derive the most optimal outcome.

Aortic valve neo-cuspidization using the Ozaki technique is an evolving procedure. Though the world experience is limited regarding the pediatric population, AVNeo sizers and templates will hopefully lead to a versatile solution with reproducible outcomes for young patients with congenital and acquired aortic valve disease. Final conclusions await the long-term results.

Dr. Ahmad Ashraf Zaini Bin Hj Anwar

Consultant Interventional Cardiologist & Physician
Gleneagles Hospital Kota Kinabalu



How We Approach Covid Should Affect How We Approach Preventative Medicine

“May you live in interesting times” is supposedly an ancient Chinese curse. The idea being that a peaceful period of life is typically dull and monotonous. The last 2 years have certainly been interesting.

Globally there have been almost 248 million infections, resulting in over 5 million deaths from Covid. At the time of writing, in Malaysia there have been 2.47 million confirmed cases with 28912 deaths. The social impact of this pandemic alone can be seen in numerous videos online. The cumulative societal and economic impact may never be fully known. Entire industries were upended, especially air travel and tourism.

Despite this, the past 2 years have been eye-opening in other ways. The entire world took extreme measures to limit the spread, and prevent death from Covid-19. International travel was severely restricted, mandated screening programs, mandated quarantines, movement control orders, the list goes on. Billions were spent (or lost) in this endeavor.

248 million infections with 5 million deaths is roughly a 3.4% death rate. Of course just looking at the death rate is not doing justice to the whole picture. Millions more required admission to hospital, and expensive treatment in ICUs.

The bottom line is, billions (maybe trillions) of dollars were spent in order to treat this global pandemic which over the past 2 years has killed 5 million worldwide; and 28912 in Malaysia.

And yet, Covid is not the deadliest pandemic in recent history!. Cardiovascular disease is.

In 2018, the WHO estimated that 17.9 million people die annually from cardiovascular disease. In Malaysia, the WHO attributed 34766 deaths to cardiovascular disease in 2018. If we assume this number is unchanged, then over the timespan of the Covid pandemic, 63737 Malaysians have died from cardiovascular disease. More than twice as many people have died from cardiovascular disease as have died from Covid in the same period.

When I look at the sacrifices our country and its citizens have gone through for Covid, I wonder why until now we haven't made a commensurate attempt at preventing cardiovascular death.

Cardiovascular disease has been well studied both globally and locally. In Malaysia, the main risk factors are age, male gender, hypertension, dyslipidemia, diabetes mellitus and smoking. The last four risk factors are known as *modifiable risk factors*. There are what should be addressed when we discuss *preventing* cardiovascular disease.

It is estimated that hypertension is present in 6.4 million people in Malaysia. Of these only 3.2 million are diagnosed, and only 1.4 million are adequately treated. *This means an estimated 5.0 million people in Malaysia have uncontrolled hypertension.* Multiple studies have shown that successful treatment of hypertension reduces the risk of heart attack and stroke by 30 - 80%, and reduces the risk of death by 13 - 45%.

For dyslipidemia, an estimated 8 million people are affected. Of these 4 million remain undiagnosed, and an *estimated 5 million are not treated adequately.* Again multiple studies have shown that adequate treatment of this condition reduced the risk of heart and attack and stroke by 40 - 60%.

Finally, it is estimated that 3.9 million Malaysian suffer from Diabetes. Of these 1.8 million are undiagnosed, and *more than 3 million are not adequately treated.* Similar to hypertension and dyslipidemia, numerous studies have shown successful control of diabetes reduces the risk of heart attack and stroke by 40-80%, and the risk of death by 45 - 90%.

Even if we used a conservative estimate of reduced death, for example a 30% reduction in death (well below the estimates above), successful control of these 3 risk factors could save 10400 lives per year.

Is it economically worthwhile to pursue this screening and treatment programme? In 2020, the MOH and WHO released a report which estimated the economic burden of cardiovascular disease in Malaysia was RM59.75 billion. The main cause of this was due to premature cardiac death. If we could reduce this by even 30%, that would be an almost RM20 billion savings in economic loss. The humanitarian value in saving 10400 lives a year is priceless.

Setting up a nationwide screening and treatment program will be challenging. Definitely before Covid, the suggestion could have been dismissed as not worth pursuing. However, we are now a post-Covid world. Our perspective of what can or cannot be done to improve national health and reduce death has changed.

For the past year, we have worn masks day in day out, socially distanced ourselves, gave up on travel, submitted to regular nasal swabs, stopped mass gatherings, avoided celebrations, all so we could minimise the death from Covid.

“Every cloud has a silver lining”. Maybe, the silver lining of Covid is that it has shown what exactly a determined Government and people can do to address this most deadly of health epidemics.

Dr. Gordon Ma Kian Fung

Cardiologist,
Jesselton Medical Centre



COVID-19 and Cardiovascular Disease

As I am writing now, there's still 450 cases of Covid Positive cases in Sabah and I would like to thank Datuk Eva Susau for her invitation to write in the 40th anniversary of the Society for the Sabah Heart Fund magazine.

It is now more important than ever to look after your heart health. First off, if you have cardiovascular disease, get your COVID-19 vaccine as soon as possible. This is because you are at higher risk of severe illness if you develop COVID-19. The chance of getting a serious complication i.e. myocarditis (inflammation of the heart) is almost ten times less than the risk of being struck by lightning.

If you have cardiovascular disease, it's important you stick to your current treatment plan. This includes taking your medicines, such as medicines to manage blood pressure. Stay connected with your doctor as needed and be monitored.

Regular physical activity has many benefits for your health, both now and in the future. These can be done at home. Increasing your physical activity from as little as 10 minutes a day to the recommended 30 to 45 minutes a day, five or more days of the week can help reduce your risk of heart disease and heart attacks. It can also prevent and manage many conditions and diseases, including some cancers, type 2 diabetes, and depression. Do practice hand washing, social distancing and masking as necessary.

People who smoke also have an increased risk of developing severe illness from COVID-19. So, do stop smoking. Check out jomquit.com

Eating a heart-healthy is one of the best things you can do for your heart health and to support your immune system. What you eat and drink impacts several heart disease risk factors, including: Blood pressure, Cholesterol, Weight and Diabetes risk.

Get medical help immediately if the symptoms of your heart condition become severe or become worse quickly. Don't delay getting help. Recognising the symptoms of a heart attack could save your life or the life of a loved one.

Almost 1 in 2 people reported feeling lonely in response to COVID-19 restrictions. We know that feeling isolated or depressed can increase the risk of cardiovascular disease. <https://covid-19.moh.gov.my/hotline> provides resources for mental help.

As we learn to live with Covid-19, it is more important than ever to be hopeful, be mindful of our heart health and play our part to end this pandemic.

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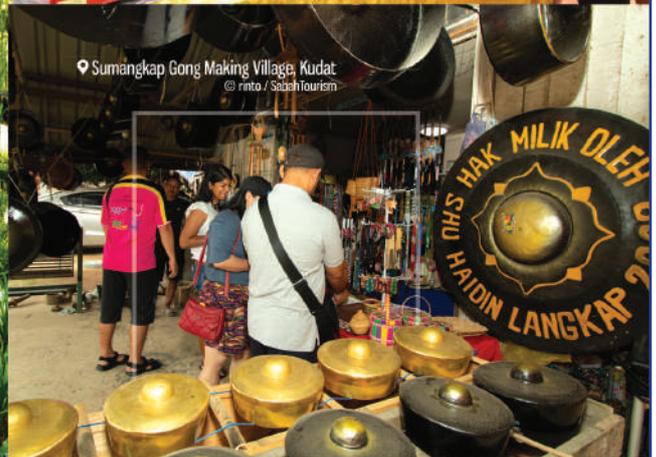


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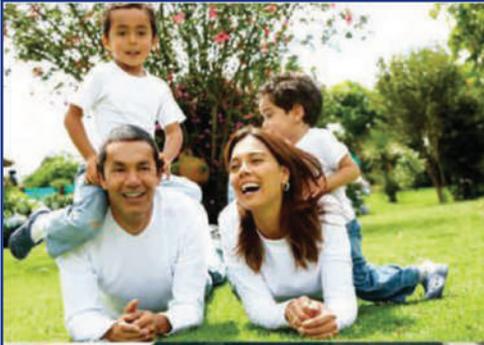


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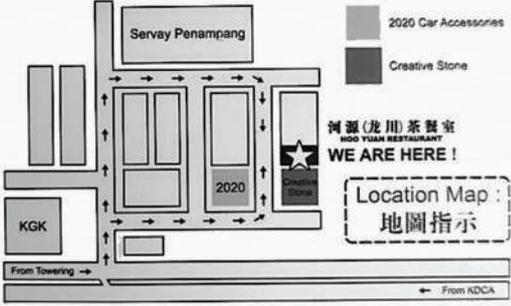
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ACKNOWLEDGEMENT



'Caring With A Heart'

The President, YBhg. Datuk Eva Susau and all
Executive Committee Members would like to thank,
the Patron of S.O.S Heart Fund

His Excellency Tuan Yang Terutama Yang Dipertua Negeri Sabah,
Tun Datuk Seri Panglima (Dr) Hj Juhar Bin Datuk Hj Mahiruddin,

And console, Yang Amat Berbahagia Toh Puan DSP (Dr) Hjh Norlidah Tan Sri Datuk R.M. Jasni
The Rightful and Honourable Chief Minister of Sabah,

Yang Amat Berhormat Datuk Seri Panglima Haji Hajiji Bin Haji Mohd Noor,
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Virtual Live Streaming

FB page : Society For The Sabah Heart Fund ; Website : www.sabahheartfund.com

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- Biomass
- Laboratory Services
- Plantation Advisory Services
- Machinery

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- DxP Oil Palm Seedlings
- Clonal Seedlings
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- Palm Kernel Expeller
- Palm Fatty Acid Distillate
- RBD Palm Stearin
- RBD Palm Olein
- Crude Palm Kernel Oil
- Crude Palm Oil
- Cooking Oil
- Beef Cattle
- Ruminants Feed
- Industrial Land
- Township
- Insurance
- Bird's Nest
- Oil Palm Trunk (OPT)
Plywood
- Durian
- Coconut



Unrelated Palm Oil Business

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- Animal Feed Mill
- Insurance Agency
- Property Development
- Swiftlet
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